

Step 2

Progress in Reaching Local Wellness Policy (LWP) Goals & Compliance with the Wellness Policy



At a minimum, wellness policies are required to include:

- Specific goals for each of the following areas:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Instructions - Progress in Reaching LWP Goals:

Using the template below, identify the language that is currently included in the LWP for each goal area and indicate whether the goal was met, partially met, or not met. Provide a summary of the progress made towards each goal for each grade level (elementary, middle school, high school) within your school/district/Residential Child Care Institution (RCCI).

1. Nutrition Education Goal/Nutrition Promotion Goal (REQUIRED)

The District will teach, model, encourage and support healthy eating by all students. The District will implement a curriculum that includes information on good nutrition and healthy living habits, and that meets or exceeds the health and nutrition education objectives established by the Nebraska Department of Education. In addition, the District will promote healthy food and beverage choices for all students, as well as encourage participation in school meal programs by such methods as implementing evidence-based healthy food promotion techniques through the school meal programs and promoting foods and beverages that meet or exceed the USDA Smart Snacks in School nutrition standards

a. Was the goal met?

- ☐ **Yes** - the school/district/RCCI met this goal across all grade levels.
- ☒ **Partially** - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels
- ☐ **No** - the school/district/RCCI did not meet this goal for any grade level.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #1: Nutrition Education Goal/Nutrition Promotion Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School:** The district continues to work on promoting healthy food and beverage choices for all students and will work on limiting outside food and drinks for school parties and birthday treats. Aligning building language district wide through student and parent handbooks.
- **Middle School:** The district will continue to promote and encourage nutrition education within the school as well as encourage healthy eating habits and outside of the school day. Aligning building language district wide through student and parent handbooks.
- **High School:** The district will continue to promote and encourage nutrition education within the school as well as encourage healthy eating habits and outside of the school day. Aligning building language district wide through student and parent handbooks.

2. Physical Activity Goal (REQUIRED)

The District's curriculum shall include instruction on physical activity and habits for healthy living. Students will be encouraged to engage in physical activities throughout the school day and will be provided with opportunities to do so.

a. Was the goal met?

- ☐ **Yes** - the school/district/RCCI met this goal across all grade levels.
- ☒ **Partially** - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels
- ☐ **No** - the school/district/RCCI did not meet this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #2: Physical Activity Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School:** The district will continue to monitor students' access to physical activity outside of the physical education classroom, and the opportunities students have access to.
- **Middle School:** The district will work with building level leaders on what opportunities students have access to beyond the physical education classroom.
- **High School:** The district will work with building level leaders on what opportunities students have access to beyond the physical education classroom.

3. Other Student/School Wellness Goal (REQUIRED)

The District will integrate wellness activities across the entire school setting, not just in the cafeteria, other food and beverage venues and physical activity facilities. The District will coordinate and integrate initiatives related to physical activity, physical education, nutrition and other wellness components so all efforts are complementary, not duplicative, and work towards the same set of goals and objectives promoting student well-being, optimal development and strong educational outcomes.

a. Was the goal met?

- ☐ **Yes** - the school/district/RCCI met this goal across all grade levels.
- ☒ **Partially** - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels
- ☐ **No** - the school/district/RCCI did not meet this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #3: Other Student/School Wellness Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any of the grade level(s) not included in your school/district/RCCI.

- **Elementary School:** The district will collect information on how buildings are promoting student well-being, physical activity and nutrition and will work on partnering with the community and increase family involvement.
- **Middle School:** The district will collect information on how buildings are promoting student well-being, physical activity and nutrition and will work on partnering with the community and increase family involvement.
- **High School:** The district will collect information on how buildings are promoting student well-being, physical activity and nutrition and will work on partnering with the community and increase family involvement.

Extent of Compliance with Wellness Policy

Instructions for Districts with Multiple School Buildings:

Districts with multiple school buildings will need to indicate the extent of compliance for each building for the following wellness policy requirements. Practices for each building should align with the district wellness policy.

If your district has an internal procedure for collecting this data (e.g., Google form, Excel spreadsheet, etc.), you may provide a link to a copy of that file in lieu of completing the section below. Alternatively, you may opt to complete the section below to indicate extent of compliance for each building; however, if multiple levels of compliance are checked (e.g., some school buildings are compliant while others are partially compliant), you will need to indicate the number of schools that fall into each category in the Notes section.

Instructions for Single Site Schools/Districts & RCCIs:

Single site schools/districts and RCCIs - indicate your school's/district's/RCCIs extent of compliance for the following wellness policy requirements. Practices should align with written wellness policy.

1. Federal/State Meal Standards (e.g., School Meals and Smart Snacks)

- ☐ Not Compliant (if checked, complete notes section below)
- ☐ Partially Compliant (if checked, complete notes section below)
- ☒ Compliant (skip to question 2)

Notes: PLCS follows all federal and state standards.

2. Foods/Beverages Offered but Not Sold Standards (e.g., classroom/school celebrations)

- ☐ Not Compliant (if checked, complete notes section below)
- ☒ Partially Compliant (if checked, complete notes section below)
- ☐ Compliant (skip to question 3)

Notes: Working with our elementary schools to align best practices to classroom rewards, school celebrations including classroom parties. The work is being done through our wellness committee and the student handbook.

3. Food/Beverage Marketing and Advertising Standards

- ☐ Not Compliant (if checked, complete notes section below)
- ☐ Partially Compliant (if checked, complete notes section below)
- ☒ Compliant (skip to question 4)

Notes: PLCS meets the food and beverage marketing and advertising standards.

4. Describe how the public (parents, community members, etc.) were included and/or invited to participate in the LWP development, implementation, review, and update.

We had parent representatives on our district wellness committee that contributed to the development, implementation and evaluation of our goals. We worked with our elementary building principals to gather information from our PTO presidents regarding classroom parties and incentives. Our Wellness Hearing was held on June 22, 2026 for public comment.

Discussion/Notes:

I am new to the PLCS school district this year and one of the biggest takeaways in this process is the compliance data collection and review tools for the policy. Our goal is to create and implement a process to gather individual building and program data to use as we continue to navigate and measure the success of our programming aligned to our goals.

Questions? Contact: lauren.christensen@nebraska.gov