



2026-27 Upper School Preseason Sports Camps

Preseason sports camps prepare students to play on our fall athletic teams. The camps provide technical and tactical instruction, suitable for athletes of all ability levels. They also promote team building and school pride. All athletes should plan to arrive 15 minutes prior to the start of their first practice. Athletes should report to the athletic trainers at the check-in table outside of Clayton Gym.

Register

Registration begins mid-June

Upper School Cross Country

Girls and Boys Grades 9 – 12

August 3 – 21 • 7:30 – 9 a.m.

Contact: paulcarrozza@gmail.com

Upper School Field Hockey

Girls Grades 9 – 12

August 17 – 21 • 8:30 – 10:30 a.m.

August 17, 19, 21 • 7 – 9 p.m.

Contact: crichards@sstx.org

Upper School Football

Boys Grades 9 – 12

August 3 – 13 • 8 a.m. – 2 p.m.

August 14 • Scrimmage

August 17 – 20 • 4 – 6 p.m.

Contact: jpatterson@sstx.org

Upper School Boys Volleyball

Grades 9 – 12

August 3 – 7 • noon – 2 p.m.

August 10 – 14 • noon – 2 p.m.

August 17 – 20 • noon – 2 p.m.

Contact: alex@thevolleyballinstitute.com

Upper School Girls Volleyball

Grades 9 – 12

August 3 – 7 • 10 a.m. – noon (returning varsity, invite only)

August 10 – 14 • 10 a.m. – noon (all Upper School athletes)

August 17 – 20 • 10 a.m. – noon

Contact: ptrejos@sstx.org

Upper School Outdoor Adventure (DCAP) Girls and Boys Grades 9 – 12

Information TBD

Contact: cperry@sstx.org

Upper School Cheerleading

Girls and Boys Grades 9 – 12

August 24 • 4 – 6 p.m.

Practices will begin on the first day of classes

Contact: jmccain@sstx.org

Water Polo

Girls and Boys Grades 9 – 12

August 24 • 4 – 6 p.m.

No practice on Sat/Sun

Preseason camps are optional. Students may play on fall sports teams without attending the training sessions.

Dates and times are subject to change. Please check team pages on MySSES for the latest details. Boarding students should contact Jon McCain (jmccain@sstx.org), athletic director, for more information about access to residential halls during preseason camps.