



2026 - 2027 HEALTH/EMERGENCY FORM INSTRUCTIONS FOR INCOMING FRESHMEN AND NEW STUDENTS

Health Form and copy of immunizations
with proof of Tdap booster shot

Due on or before August 2, 2026

**Originals only please; form must be legible or will be returned.
No faxes, pictures or reduce-sized forms accepted.**

Please do not submit a different physician form or attachment.
Information requested must be **ON THIS HEALTH/EMERGENCY FORM ONLY**

For new students, the Health/Emergency Form **must be completed** by both a parent **AND** physician. The 2026-2027 Health/Emergency Form must be **returned on or before August 2, 2026** to fulfill your child's registration requirements.

You will also need to include a copy of your child's complete Immunization Record with proof of the Tdap booster shot. Please do not staple this record to the Health/Emergency Certificate. For California immunization requirements, go to:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/School/shotsforschool.aspx>

If your child has an immunization exemption or your child has not received all required shots, please contact Carol Balding at cbalding@stmchs.org or Elizabeth Pilara at epilara@stmchs.org as soon as possible.

A few insights and suggestions:

- If your child **HAS NOT** had a physical within the last two years, make an appointment **NOW** to ensure compliance with the **August 2, 2026 deadline**. Physicians will not complete and sign this form if your child has not had a physical examination within the last two years.
- If your child **HAS** had a physical within the last two years, check with your physician's office. Most doctors will usually complete and sign the Health/Emergency Form without a visit.
- If you have **Kaiser** coverage, please submit the health form directly to your doctor **FIRST** to complete and sign. If the doctor will not fill out the form and directs you to the records department, we will take their standard form that includes their current immunization record and is electronically signed by their doctor (NOT the Sports Participation Form), **along with the top portion of the Health/Emergency Form completed and signed by a parent. However, because their general form does not include the same important information as our form, we prefer that the doctor sign and complete our form if possible.**
- **BE SURE TO MAKE A COPY** of the completed Health/Emergency Form before submitting it to the Registrar.
- **Mail all medical forms and immunization record to: Registrar, 1294 Albina Avenue, Berkeley, CA 94706.**

Students who **do not** have a **fully completed Health/Emergency Form AND** a copy of their immunizations with **proof of a Tdap booster shot** on file by **August 12, 2026 will not be allowed to attend classes** beginning with **August Orientations on August 20, 2026** until they are received by the Registrar.

Please feel free to call the Registrar, at (510) 559-6214 if you have any questions regarding the Health/Emergency Form and Tdap booster shot.