Dance Programme

2026-27



Culford School

Independent boarding and day school for boys and girls aged 1 to 18 years

Dance Programme

Culford's Dance Programme aims to deliver a tailored and unique provision. Our culture and ethos encourage dancers to be individual, dynamic and have fun; and feel nurtured, developed and supported. Creating a valued community in the dance department underpins all we do.

We encourage our dancers to be thoughtful, playful and communicative, using dance to express themselves or to convey a story; we adopt an inclusive environment based on individual needs and we work collaboratively.

The dance department is housed in Culford Hall, boasting stunning Georgian architecture. The dance studios have a purpose built Harlequin sprung floor, ballet barres and mirrors. Our expert, professionally trained staff deliver training in these state-of-the-art facilities.

All pupils will have the opportunity to develop their performance skills through our annual dance shows, choreographic and solos competitions, as well as other events at school and in the community.

Culford's young dancers are given the challenge of developing a creative score, learning and appreciating the choreographic process and journey. Thinking dancers make better dancers.

Our Summer, Easter and day intensive courses are an opportunity to hone dance skills during an immersive artistic experience developing technical, artistic and creative dance skills delivered in a studio setting, studio theatre and main stage. Dance training could include a ballet class, contemporary technique, jazz, and choreography, which are delivered by our expert dance team and guest artists.

We are affiliated with:

RAD Ballet
The Royal Academy of Dance grade and vocational examinations. The RAD are the world leaders in dance education and ballet training. Our pupils are taught creatively through both syllabus and non-syllabus classes with the emphasis on the fundamental foundations of classical ballet technique and musicality, within our own structured training programme.

Rambert Contemporary
The Rambert Grades ethos is training to empower. Progressive dance training means pupils gain skills and knowledge in contemporary dance and also unleash their creative force, are brave enough to engage, take personal responsibility, push themselves and move the world forward.

ISTD Modern and Tap
The Imperial Society of Teachers of Dancing is one of the world's leading dance examination boards with the widest range of dance genres available.

The ISTD is a government recognised dance teaching organisation and examination board. The ISTD offers syllabi in a range of dance styles, which are delivered in the form of medal tests or graded examinations.



Dance Programme

Musical Theatre
Trinity College London Musical Theatre exams provide learners with the opportunity to integrate acting, singing and movement. The exams showcase all-round performers through the performance of pieces from published works of musical theatre.

Jazz Dance
Jazz classes train versatility of turning, jumping, and strong dynamic contrast. There is body conditioning within the class for the more senior students.

Genres
Classical ballet, pointe work, modern, tap, contemporary, lyrical and acro.

Syllabus Classes
Royal Academy of Dance, Imperial Society of Teachers of Dance, Rambert Grades, Acrobatic Dance and Trinity Musical Theatre Exams.

Classes to Support Training
Senior dance company, choreography club, flexibility club, strength and conditioning and pilates.

Performing Opportunities
The school musical, dance show, solos event and informal events

Programme	Weekly hours	Weekly sessions	Termly Cost
Foundation	1	1 x Individual	£685
Development	2	2 x Individual	£1,370
Development 1	3	3 x Individual	£2,055
High Performance	4	4 x Individual	£2,740
Group Lesson	1	1 x Group	£240
Group Lesson	2	2 x Group	£480
Private Choreography	0.5	Choreography	£360
Dance Conditioning	0.5	Flexibility / Body Conditioning	£360

Prices are inclusive of VAT.

Dance Uniform
All pupils will be required to purchase dance uniform which includes: a T-shirt; leotard; tights; and appropriate shoes based on genre of dance.
Pupils will also need to order a Culford dance T-Shirt by emailing Mrs Ford vford@culford.co.uk.


Culford