

Briarcliff-Byram Hills-Pleasantville-Valhalla-Westlake (BBPVW) Tsunami
Varsity Swim & Dive - Important Team information

Welcome to BBPVW Varsity Swim & Dive Team!

- Head Coach - Dave Bruskevicz dbruskevicz@byramhills.org
Assistant Coach - Gabriella Guglielmi gguglielmi@byramhills.net
Dive Coach - Mike Darland darland@optonline.net
- League: We are in Section 1, League 3, with very good competition. We will work hard, and we will compete! This is a very talented Varsity team. A high level of effort and commitment is expected from both swimmers and coaches. We will be competitive, whether trying to win a meet, place in an event, or set a new personal best in an event. Hard work and improvement are our focus. Section 1 rules state that as a merged team, we are no longer eligible to win a sectional championship. Individuals will still compete and win at Sectional Championships and can still win All League and All Section honors. We are in a League of only merged teams, so we can win a League Championship, and a merged team can still win a State Championship.
- SportsYou: We will communicate through SportsYou again this season. If you are new and need to join, we have 2 groups, one for the athletes, and one for the parents. The code for the swimmers and divers is: **3YQ6-GXXR**, the code for the parents is: **5S54-68A5**, All communication goes through SportsYou, both ways. We follow the team calendar on SportsYou for meets & practices. If changes are made, you will receive an alert.
- Team Gear: The schools will provide team swimsuits and swim caps. We will have a team store through Metro Swim for other gear. You will be able to order personalized swim caps, T shirts, sweatshirts, joggers and warmup jackets. The Team Store will be posted on SportsYou the first week of the season.

The Season:

- Season begins Monday, August 24, 2026
- During the first 2 weeks, every swimmer will get in their required practices before our first meet. All swimmers are expected to attend swim practice, every day. If you are a club swimmer, after the first two weeks of practice are completed, you are required to attend at least 2 Varsity swim events (practice or meet) per week, provided that you are attending your club practices on the days you are not at Varsity events.
- Swim Practice is at the pool at Westchester Community College Physical Education Building. Weeks 1 & 2, we will have practice every evening (Monday-Friday, 8/24-9/4) from 4:30 – 6PM. Starting on 9/8, we will practice from 4:45 – 5:45PM, Monday – Friday, arrive at 4:30, so we are in the water AT 4:45PM.
- Each swimmer needs: a swimsuit (or 2), 2 pairs of swim goggles (in case one breaks, they always do!), large water bottle with the swimmers name on it & a towel. Locker room facilities are available at WCC.

- During the first week(s), divers will attend swim practice at WCC. Coach Mike Darland may come to WCC. In that case, we will open the diving board for diving practice. Otherwise, the divers will swim. After Labor Day, divers will go to SUNY Purchase to work with Coach Darland. Let us know if you are interested in diving.
- During the first 2 weeks, we will discuss team & individual goals for the season. Swimmers should give some thought to these goals. Write them down on an index card with your name, as they will be collected.
- We have named our Captains for this season. If you would like to be considered for team captain, next season, show your leadership on the pool deck, and make the coaches aware that you would like to be a captain. Next season's captains will be announced at the End of Season dinner.
- Swimmers & Divers/families need to provide their own transportation to daily practice and home meets at WCC. Divers/families need to provide their own transportation to practices at SUNY Purchase.
- We have 8 meets scheduled. I will enter our schedule on SportsYou. All home meets will be held at WCC at 4:30PM, arrive at 3:45PM for warmups. All Swimmers swim in the League Swim Meet, up to 4 divers will dive at the League Dive Meet.
- Transportation to away meets is provided by Pleasantville HS. We will likely NOT pick up at each school for away meets. Bus availability, timing and distance to meet will determine our ability to pick up at each school. All swimmers and divers will take the bus to meets. Parents may take their swimmer or diver home after the meet, provided you inform the coaches at the conclusion of the meet.
- Every eligible swimmer will swim at a meet. The number of events you are in is determined by individual time, team needs, and commitment. Swimmers can swim in at most 4 events (3 relays/1 individual or 2 relays/2 individual).
- All Varsity meets & practices are mandatory. If you have an illness or unavoidable conflict, you must inform a Coach, in advance, when you are going to miss a team event, especially a meet. A considerable amount of time and effort is put into planning meets, help us out by letting us know, in a timely manner.
- Meet results, swimmers times, rankings, and more can be found at www.swimcloud.com search for **BHills-Briar-Pville-Valh-Wlake (Co-Op)**

Tentative Post Season Dates:

- **League Dive Meet – 10/23/26 – SUNY Purchase**
- **League Swim Meet – 10/24/26 – EF International School, Tarrytown**
- **Sectional Dive Meet – 10/30/26 – SUNY Purchase**
- **Sectional Swim Trials – 11/2/26 - Felix Festa MS**
- **Sectional Swim Finals – 11/3/26 - Felix Festa MS**
- **NY State Swim & Dive Championships, 11/19-11/21/26, Webster High School Rochester, NY**