



THE AMERICAN SCHOOL OF SÃO PAULO

2026-27 - Semester 1

Middle School

After-school Activities Handbook



Athletics and Activities Office

SEMESTER ONE (AUGUST 2026 PUBLICATION)

Welcome to the world of Graded Middle School After-school Activities and Athletics!

This handbook is designed to provide students and parents with helpful insights into the Graded Middle School (MS) After-school Activities Program, procedures, and opportunities offered for the 2025-26 school year. Please read this handbook carefully and bookmark it for easy reference throughout the semester. The After-school Activities Program strives to provide an atmosphere in which children can enjoy, grow, and learn. We always welcome your feedback and suggestions.

The Athletics and Activities Team

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Philosophy and Guidelines

Philosophy

The Graded Activities Program provides students with after-school activities that complement the regular curriculum.

Our Middle School After-school Activities and Athletics Program exposes students to a variety of activities offered by teachers, coaches, and external organizations in a safe, learning-driven environment. MS Activities also play an integral role in Graded's mission to inspire, challenge, and have all learners succeed.

Each semester, Graded offers a range of activities, including sports, performing and visual arts, STEM, and modern languages. Registration takes place at the beginning of each semester. Students are encouraged to participate in a selection of diverse activities during their time in middle school.

After-school Activities Schedule - Semester One
August 17 - December 11, 2026
Registration Process

Online registration will take place during the following days/times:

2026-27 Graded Middle School Semester One After-school Activities IMPORTANT DATES	
Thursday, August 6	First Day of School (Semester One)
Saturday, August 8 to Thursday, August 13, 2026	Online Registration Registration opens at 1:00 pm (August 8) Registration closes at 4:00 pm (August 13)
Week of Monday, August 17	MS Tryouts Volleyball, Soccer, Cross Country, Swimming
Week of Monday, August 17	First Week of After-school Activities Middle school
Week of Monday, December 7	Last Week of After-school Activities

Registration Guidelines

- Registration opens on Saturday, August 8, at 1:00 pm and closes at 4:00 pm on Thursday, August 13.
- Registration for activities will be completed in [PowerSchool](#), located in the same place where you find your child's schedule.
- **Detailed instructions for navigating the registration platform can be found [here](#).** The registration link will also be published on our [website](#).
- **Please test your PowerSchool login before registration opens so you have access to the registration platform.**
- Some activities have limited spots, so they are available on a first-come, first-served basis.
- Sports teams will have tryouts to determine the best placement. There is no limit on how many students can try out; however, placement is not guaranteed.

2026-2027 Graded After-School Activities Semester One Calendar					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	August 17	August 18	August 19	August 20	August 21
Week 2	August 24	August 25	August 26	August 27	August 28
Week 3	August 31	September 1	September 2	September 3	September 4
Week 4	September 7 NO ACTIVITIES	September 8	September 9	September 10	September 11
Week 5	September 14 NO ACTIVITIES	September 15 NO ACTIVITIES	September 16 NO ACTIVITIES	September 17 NO ACTIVITIES	September 18 NO ACTIVITIES
Week 6	September 21	September 22	September 23	September 24	September 25
Week 7	September 28	September 29	September 30	October 1	October 2
Week 8	October 5	October 6	October 7	October 8	October 9
Week 9	October 12 NO ACTIVITIES	October 13 NO ACTIVITIES	October 14 NO ACTIVITIES	October 15 NO ACTIVITIES	October 16 NO ACTIVITIES
Week 10	October 19	October 20	October 21	October 22	October 23
Week 11	October 26	October 27	October 28	October 29	October 30
Week 12	November 2 NO ACTIVITIES	November 3	November 4	November 5	November 6
Week 13	November 9	November 10	November 11	November 12	November 13
Week 14	November 16	November 17	November 18	November 19	November 20
Week 15	November 23	November 24	November 25	November 26 NO ACTIVITIES	November 27 NO ACTIVITIES

Week 16	November 30	December 1	December 2	December 3	December 4
Week 17	December 7	December 8	December 9	December 10	December 11
Total activities per day of the week	13	15	15	14	14

MIDDLE SCHOOL ACTIVITIES

Activities at a Glance

Please use this table to see, at a glance, when and where activities take place.

Middle School Activities		
Activity	Teacher & Location	Day & Time
Athletic Development	Rafael Felix rafael.felix@graded.br Location: Wellness Center	Mondays and Thursdays 4:40-5:40 pm
Wall Climbing	TBD Location: Wellness Studio	Mondays 3:40-4:40 pm
Robotics	Charles Pimentel charles.pimentel@graded.br Location: Innovation Center	Fridays 3:40-4:40 pm
MS/HS Beach Tennis	Graded Tennis Academy gradedtennisacademy@eche.com.br Location: Sand Court	Mondays 3:40-4:40 pm
Skateboarding	Roberto Maçaneiro betosports@hotmail.com Location: Bus Parking Lot	Fridays 3:40-4:40 pm
Model United Nations	Brenda Araujo and Lucius Provase brenda.araujo@graded.br lucius.provase@graded.br Location: E06	Tuesdays 3:40-4:40 pm

Chess	David Cunha de Almeida almeida.d.cunha@gmail.com R\$1600 <i>Direct payment to the external instructor</i> Location: B01/B02	Tuesday 3:40-4:40 pm Wednesdays 3:10-4:10 pm Thursdays 3:40-4:40 pm
Minecraft	Lucas Castilho lucas.castilho@graded.br Location: IC2	Tuesdays 3:40-4:40 pm
MathCounts	Michael Jobe michael.jobe@graded.br Location: D02	Mondays 3:40-4:40 pm
MS Knowledge Bowl	Benjamin Simko benjamin.simko@graded.br Location: E25	Thursdays 3:40-4:40 pm
Drawing Studio	Poliana Tassini politassini@gmail.com R\$2480 <i>Direct payment to the external instructor</i> Location: AC22	Wednesday 3:10-4:10 pm
Green Club	John Tilert john.tilert@graded.br Location: D21	Mondays 3:40-4:40 pm
Brazilian Jiu-jitsu	Roberto Pereira roberto.pbap@gmail.com R\$1850 <i>Direct payment to the external instructor</i> Location: LS Covered Area	Wednesdays 3:10-4:10 pm
Woodworking	Thiago Endrigo thiagoendrigo@gmail.com R\$2200 Location: Giovanni Gronchi Tent	Tuesdays 3:40-4:40 pm
Flag Football	Rafael Belezza rafale@cannabills.com.br R\$720 Location: Field B	Fridays 4:40-6:10 pm

MIDDLE SCHOOL ATHLETICS

Graded provides a competitive interscholastic athletics program intended to enrich and enhance our students' educational experience. Athletics, one of the school's four pillars, is integral to a well-rounded education. Our sports community values teamwork, school spirit, and the development of individual skills and self-esteem through training and competition. At Graded, emphasis is placed not on winning or losing but on meeting the challenges of competition to the best of our ability. Coaches are both teachers and role models for our athletes, fostering sportsmanship, respect for fair play, and a commitment to lifelong fitness.

Semester one sports include soccer, basketball, volleyball, swimming, cheerleading, tennis, and cross-country.

Important Documents for Graded Athletics

- [Practice Schedule](#)
- [Master Game Schedule](#)
- [Student-Parent Athletics Handbook](#)

Eligibility: Middle school students may participate in one or more of our Graded teams. To continue with the progression and development of our Athletics Program, Graded offers two formats for middle school teams this semester:

- **Middle School - Inclusive** (Grades 6, 7, and 8)
- **Middle School Competitive - Selective** (Grades 6, 7, and 8)

Selective Teams have a maximum roster size and are selected through tryouts. Not every player who tries out makes the team, but there are options to join other sports. Tryouts take place during the second week of school.

Inclusive Teams are open to all students who want to play, but there may be a maximum number of players we can accommodate. Registration is on a first-come, first-served basis. Most teams have two practices per week, with a few meetings once per week. Athletes who want to play in competitive games should register for both practices.

Details: The focus is on developing skills and teamwork. MS competitive teams play in the São Paulo High School League (SPHSL) MS division for soccer and basketball (semester one) and futsal, volleyball, and softball (semester two). The culminating AASB tournaments are held in November (soccer, basketball, and cheer) and May (futsal, volleyball, and softball). More details are shared through individual team communications. Coaches make a team selection for these culminating tournaments, taking into consideration the student's commitment, behavior, attendance at practices and games, responsibility, and skill level. The list is presented to the director of athletics and activities, who then confirms the student's eligibility.

Liga Água na Caixa

Graded Athletics has joined a Brazilian school league as an initiative to support the development of our athletic teams and expand playing opportunities for Graded student-athletes in basketball, volleyball, and soccer across multiple age categories. Team selection for these games will be based on age, commitment, effort, and skill. Age eligibility for each category in this league is determined by the student's age as of July 1.

Tryouts and Team Selection

The MS teams hold tryouts during the first week of the season. All students who try out are given a fair and equitable opportunity to make the team. All athletes are given two opportunities to try out during the tryout period. The head coach and their assistants have the final responsibility for team selection.

Practice Sessions

Athletes are expected to attend every training session and all scheduled games and tournaments. Missing a practice or game should only happen in exceptional circumstances. Outside appointments should be scheduled on non-practice days. The coaches inform all parties of any requests, changes, modifications, or additions.

MS teams meet twice a week.

Uniforms

MS uniforms are distributed at the start of each season and returned at the end of the season. Students are responsible for properly maintaining their uniforms throughout the season and returning them at the end of the season. Students are held responsible for lost or unreturned uniforms.

Communication

Coaches communicate through the SportsYou platform, which also contains important calendars, documents, and updates. Athletes, coaches, and parents receive an invitation at the start of the season to join the team on the platform. Parents can connect directly with the coaches through the chat function. A SportsYou account may be created on the website (www.sportsyou.com) or by downloading the app on your phone.



If a SportsYou account already exists, use the team code to register for the student's team. The notification settings can be adjusted according to your preferences (e.g., email only, app notifications only, or both). New team codes are shared after the tryouts are completed.

Game schedules may also be found on the Graded website:

<https://www.graded.br/life-at-graded/athletics>.

Graded Athletics Teams 2026-27 - Semester One		
Team	Practice Time	First Practice
MS Girls Soccer - Selective Grades 6 to 8	Mondays and Thursdays, 4:40-6:10 pm Field A/B	Monday, August 17 4:40-6:10 pm, Field A/B
MS Girls Soccer - Inclusive Grades 6 to 8	Tuesdays and Thursdays, 3:40-4:40 pm, Field A/B	Tuesday, August 18 3:40-4:40 pm, Field A/B
MS Boys Soccer - Selective Grades 6 to 8	Tuesdays and Fridays, 4:40-6:10 pm Field A/B	Tuesday, August 18 4:40-6:10 pm Field A/B
MS Boys Soccer - Inclusive Grades 6 to 8	Wednesdays, 4:10-5:10 pm Fridays, 3:40-4:40 pm, Field A/B	Wednesday, August 19 4:10-5:10 pm, Field A/B
MS Boys Basketball - Inclusive Grades 6 to 8	Wednesdays, 3:10-4:10 pm, Athletics Center B	Monday, August 17 3:40-4:40 pm, LS Gym
MS Boys Basketball - Selective Grades 6 to 8	Mondays, 4:40-6:10 pm, Athletics Center B Wednesdays, 4:10-5:40 pm, LS Gym	Monday, August 17 4:10-5:40 pm Athletics Center B
MS Girls Basketball - Inclusive Grades 6 to 8	Mondays, 3:40-4:40 pm Athletics Center B Wednesdays, 3:10-4:40 pm LS Gym	Monday, August 17 3:40-4:40 pm Athletics Center B
MS Girls Volleyball - Inclusive Grades 6 to 8	Tuesdays and Thursdays, 3:40-4:40 pm, Athletics Center A/B	Tuesday, August 18 3:40-4:40 pm Athletics Center A/B
MS Boys Volleyball - Inclusive Grades 6 to 8	Tuesdays and Thursdays, 3:40-4:40 pm, Athletics Center A/B	Tuesday, August 18 3:40-4:40 pm Athletics Center A/B
MS Swimming - Selective Grades 6 to 8	Mondays, Thursdays, and Fridays: 3:40-4:40 pm Tuesdays, 4:40-6:10 pm Wednesdays, 6:30-8:00 am Swim team members must attend a minimum of two to three practices per week. The swim coaches will share more information.	Monday, August 17 3:40-4:40 pm Swimming Pool
MS Cheerleading - Selective Grades 6 to 8	Tuesdays and Thursdays, 3:40-4:40 pm, Wellness Studio	Tuesday, August 18 3:40-4:40 pm Wellness Studio

MS/HS Badminton - Inclusive Grades 6 to 12	Fridays, 3:40-4:40 pm Athletics Center A/B	Friday, August 21 3:40-4:40 pm Athletics Center B
MS/HS Cross Country - Inclusive Grades 6 to 12	Tuesdays and Thursdays, 4:40-6:10 pm, Track	Tuesday, August 18 4:40-6:10 pm, Track
MS Tennis - Intermediate/Advanced* Grades 6 to 8	Mondays, 4:40-6:10 pm Wednesdays, 4:10-5:40 pm Tennis Court	Monday, August 17 4:40-6:10 pm Tennis Court
MS Tennis - Beginners* Grades 6 to 8	Mondays, Tuesdays, and Thursdays, 3:40-4:40 pm, Tennis Court	Monday, August 17 3:40-4:40 pm Tennis Court

* The fee for MS tennis is R\$700/semester for one session per week or R\$1050/semester for two sessions per week.

Middle School After-school Activity Descriptions

Athletic Development Program Maximum number of students: 18 Rafael Felix: rafael.felix@graded.br Mondays and Thursdays, 4:40-5:40 pm Location: Wellness Center This after-school program introduces middle school students to strength and conditioning in a safe, age-appropriate environment. Focused on building fundamental movement skills, coordination, and bodyweight strength, sessions include fun, structured workouts that help students develop confidence, athleticism, and healthy fitness habits. Open to all ability levels—no prior experience needed.	
Wall Climbing Maximum number of students: 20 TBD Mondays, 3:40-4:40 pm Location: Wellness Studio	

If your kids are scaling furniture or the walls at home, maybe it's time to give rock climbing a try! Indoor climbing and bouldering are excellent ways to keep kids active, and experts recommend that children start wall climbing indoors in a safe and controlled environment. Our wall climbing activity includes both belaying (ropes and harness climbing) and bouldering (ropes-free low climbing).

Robotics

Charles Pimentel: charles.pimentel@graded.br

Fridays, 3:40-4:40 pm

Location: Innovation Center

Interested in robotics but didn't have the opportunity to take it as an elective? Or maybe you just want more? Join our after-school Robotics! It's a space to explore, create, and collaborate. You'll take on hands-on challenges that strengthen your problem-solving and teamwork skills while designing and building robots. Whether you're curious or looking to prepare for future competitions, there's a place for you here.



Beach Tennis

Maximum number of students: 10

Graded Tennis Academy:

gradedtennisacademy@eche.com.br

Mondays, 3:40-4:40 pm

Location: Sand Court

Activity Fee: R\$700/Semester

Beach tennis is the fastest-growing beach sport worldwide, played in more than 70 countries, including Brazil. Beach tennis is a combination of beach volleyball, tennis, and badminton. It is played on a sand court, with no bounce allowed, and it has the same scoring system as tennis. Beach tennis lessons are an excellent way to stay active and socialize. During the lesson, you are taught the basic techniques and shots necessary to play a game.

Middle School Knowledge Bowl

Benjamin Simko: benjamin.simko@graded.br

Thursdays, 3:40-4:40 pm

Location: E25

Join the Middle School Knowledge Bowl, an exciting after-school activity where curiosity meets competition! Students collaborate in teams to tackle a wide range of challenging questions across various subjects such as mathematics, science, history, and literature. This fun and dynamic program encourages critical thinking, teamwork, and a love for learning. It is perfect for students eager to expand their knowledge and engage in friendly academic rivalry. Compete and conquer the MS Knowledge Bowl!

Skateboarding

Maximum number of students: 15

Roberto Maçaneiro: betosports@hotmail.com

Students must bring their own skateboard and helmet.

Friday 3:40-4:40 pm

Location: Bus Parking Lot

Activity Fee: R\$ R\$ 1,950.00 /semester

Direct payment to the external instructor

Graded's Skateboarding Club promotes skateboarding and raises awareness of its importance as a form of physical activity with guided activities. Street skate classes for levels I and II are offered to students and include educational and recreational activities with skateboarding. **The skateboarding teacher instructs the class in both Portuguese and English.**

Model United Nations

Brenda Araujo and Lucius Provase

brenda.araujo@graded.br

lucius.provase@graded.br

Tuesdays, 3:40-4:40 pm

Location: Room E-06



Model United Nations (MUN) simulates the activities of a United Nations body, typically the Security Council or the General Assembly, and its committees. Participants assume the roles of representatives of Member States (or Official Observers) and consider items from the United Nations' extensive agenda. Through an accurate simulation of the United Nations, students gain a deeper understanding of global issues and the complexities of the international system, developing crucial critical-thinking skills. MUN students have the opportunity to attend a conference and debate global issues with peers from around the world.	
Minecraft Lucas Castilho: lucas.castilho@graded.br Maximum number of students: 16 Tuesdays, 3:40-4:40 pm Location: IC2 Welcome to the captivating world of Minecraft, one of the most popular online games in the world! Minecraft fosters creativity and problem-solving skills as players construct virtual landscapes, buildings, and imaginative structures. Through collaborative gameplay, students can develop teamwork, critical thinking, and spatial reasoning, making it an educational and enjoyable experience for all. In addition to creating, students will have the opportunity to join a survival server to compete against each other in friendly matches.	
Chess Upper School (MS and HS) David Cunha de Almeida: almeida.d.cunha@gmail.com Tuesdays at 3:40-4:40 pm, Wednesdays at 3:10-4:10 pm, or Thursdays at 3:40-4:40 pm Location: H05 Activity Fee: R\$1600/semester <i>Direct payment to the external instructor</i>	

Come and hone your skills in the exciting world of chess! This course is designed for students of all ages who wish to learn and prepare for tournaments and championships. With an experienced instructor, we offer a practical and personalized approach to help you reach your full potential on the board. Our classes cover advanced strategies, tactics, and in-depth analysis of games. Additionally, we focus on developing mental skills such as concentration, decision-making, and resilience. Awaken your competitive spirit and become part of our community of dedicated chess players. Come and embark on this journey to success in chess! Please note that chess classes are held in Portuguese.	
MathCounts Michael Jobe: michael.jobe@graded.br Mondays, 3:40-4:40 pm Location: D02 The MATHCOUNTS Foundation is a nonprofit American organization that strives to engage middle school students in challenging problem-solving activities through the MATHCOUNTS Competition Program, expanding their academic and professional opportunities. MATHCOUNTS provides students with experiences that foster growth and transcend fear to lay a foundation for future success. For more than 30 years, MATHCOUNTS has provided enriching extracurricular opportunities to students and free, high-quality resources to educators. We bring together students from all middle school grades in a series of in-person contests.	
Green Club Maximum number of students: 12 John Tilert: john.tilert@graded.br Middle School (Grades 6 to 8) Mondays, 3:40-4:40 pm Location: D21	

Want to make a real difference at Graded? Green Club is for Graded students who care about the environment. Green Club members will discuss solutions to environmental issues around the school and work together on a project of their choice that helps Graded become a little bit “greener.”	
Drawing Studio Poliana Tassini, politassini@gmail.com Grade 5,6, 7, 8, and 9 - Wednesdays, 3:10-4:10 pm Activity Fee: R\$2480/semester <i>Direct payment to the external instructor</i> Location: AC22 Drawing is a powerful tool for expression and learning, and in the Drawing Studio, students will learn and explore the various aspects of drawing, organizing thoughts in a structured way, enhancing perception, concentration, and creativity, and increasing self-confidence and the ability to solve problems. We will offer 10 study tracks for students in grades 5 through 9, including: Character Design, Fashion Design, Anime, Kawaii, Pixel Art, Doodle Art, Realism, Portraits, Perspective, and Botanical Illustration. Each student will be able to choose a single track, plan two or more tracks to study each semester, or even include personal references to work on in the classroom through the mentoring model. They will have the opportunity to make choices that reflect the ongoing development of their identity, exploring different styles, identifying their interests, and taking the lead in their artistic practice. Regardless of artistic ability, in the Drawing Studio, each student will choose their own study path and explore their preferred styles in depth, developing not only a repertoire of techniques but also making decisions, actively participating in their learning process, and enhancing their aesthetic sense and visual intelligence.	

Brazilian Jiu-jitsu

Maximum number of students: 14

Roberto Pereira: roberto.pbap@gmail.com

Wednesdays, 4:10-5:10 pm

Location: LS Covered Area

Activity Fee: R\$1850 (once a week) /semester

Direct payment to the external instructor

Brazilian jiu-jitsu is a modality that builds self-esteem and self-confidence while teaching students to manage emotions of loss and victory. It improves flexibility, motor coordination, and body awareness. Discipline, hierarchy, and respect for the opponent are among the values gained through the practice of jiu-jitsu that are applicable to life. Mr. Roberto, the Graded instructor, is a third-degree black-belt certified jiu-jitsu instructor for Gold Team BJJ; an instructor for 11 years at Academia Gustavo Borges; the head of Macaco Gold Team Morumbi; a personal trainer; and a PE teacher. **Please note that Mr. Roberto and an assistant teacher instruct the class in Portuguese.**

Flag Football

Rafael Belleza: rafael@caniballs.com.br

Grades 6-8 - Fridays, 4:40-6:10 pm

Activity Fee: R\$720

Direct payment to the external instructor

The Flag Football program at Graded offers classes for students focused on fun, learning, and the development of competitive teams. Training sessions will be structured to serve both beginners, who will learn the fundamentals of the sport, and more advanced students, who will deepen their technical, tactical, and strategic knowledge of Flag Football. Our goal is to build Graded Flag Football teams prepared to compete in school competitions and official tournaments, such as the NFL Flag School Program.



Woodworking

Thiago Endrigo, thiagoendrigo@gmail.com

Grades 6, 7, and 8 - Tuesdays, 3:40-4:40 pm

Activity Fee: R\$2100/semester

Direct payment to the external instructor

Location: Giovanni Gronchi Tent

Minimum/Maximum Number of Students: 3/12



[@sabercomasmaos](https://www.instagram.com/sabercomasmaos)

www.sabercomasmaos.com

Guided by their creativity, students will build a personal project from wood, learning techniques and the safe, sound use of hand tools. Students will learn about various wood species and experience their distinct appearances, weights, scents, and textures. Students will learn the importance of the planning stage, during which they determine what to build and how to construct it.

