



Thompson Times

Serving West St. Paul, Mendota Heights, Lilydale & Eagan area

Thompson Park Activity Center (TPAC) Serving Adults 55+

Thompson Park Activity Center

1200 Stassen Lane, West St. Paul, MN 55118

Open 9 am-4 pm, Mon-Thu

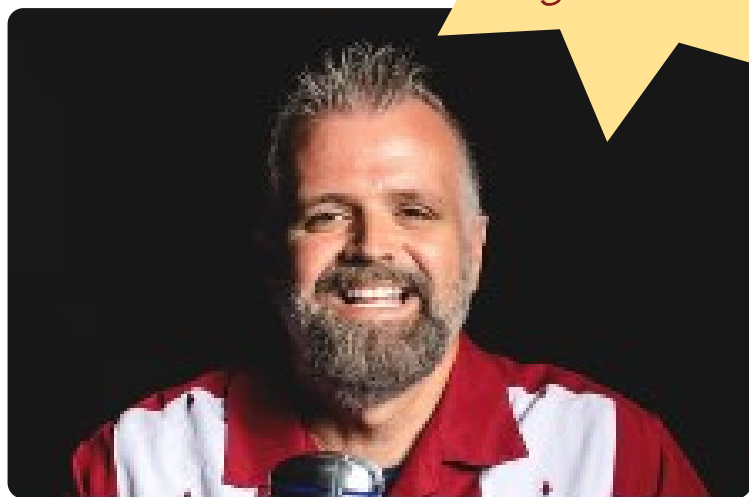
For Information or Registration:

Call: 651-403-8300

Online: www.isd197.org/community/adults-55

Special Events

Renew Your
Subscription!
See Page 10



Laugh Out Loud Stories with Chad Filley

Settle in for a comedy hour packed with laughter as Chad Filley, the Norsk Storyteller, takes the stage! With spot-on observations, Chad turns everyday life – parenthood, marriage, teaching, firefighting – into hilarious laugh-out-loud stories! Warm, witty and wonderfully relatable, this is feel-good comedy that proves life's little moments really are the funniest. Dessert included. Registration required.

Wed, July 22

1169-S26

1-2 pm

\$12



Flower Power Hour

with Deb Brown & Brian Ziemniak

Break out the bell bottoms and relive the soundtrack of your youth! Join Twin Cities performers Deb Brown and Brian Ziemniak for an uplifting celebration of the hits of the 60's and 70's. This duo brings both talent and heart to every song. Sing along to the music that shaped a generation. We're going all in on the Flower Power spirit, so come dressed to groove! Dessert included. Registration required.

Wed, Aug 19

1170-S26

1-2 pm

\$12

Closed Dates: June 29 - July 3

JULY/AUG 2026

LEARNING & DISCUSSION



Sign Language 101

Learn sign language (ASL) and start here! This short, beginner-friendly class is designed especially for older adults and offers more than just a new skill – it’s a great way to keep your mind sharp, improve memory, and boost cognitive health.

Instructor: Suzanne Downs

Mon, June 6–Aug 31	10:30–11:30 am
1108–S26	9 session – \$54

Technology Help

At this drop-in service, TPAC volunteer mentors will assist you with technology questions you have. Come with your device and receive friendly, patient 1-to-1 assistance.

Mondays	9 am–12 pm
No registration needed, just walk in	Free

Lunch & Learn: Predatory Lending

Learn about the predatory lending landscape in our state – what to watch out for, how to get help, and how you can advocate for a safer marketplace in Minnesota. Presented by Exodus Lending, a nonprofit organization who has helped Minnesotans escape predatory debt cycles for over ten years. They help refinance people out of predatory loans; offering alternative loans through nonprofit partners.

Presenter: Meghan Olsen Biebiglouser, Exodus Lending

Tue, July 7	11 am–12:30 pm
1156–S26	1 session – \$9

Nature Sense with Naturalist Eloise Dietz

Summer Garden Tour

Spend a delightful morning exploring several nearby neighborhood gardens, each uniquely designed and bursting with color at their July peak. Meet at Thompson Park at 9:15 am to check in and organize carpools.

Tue, July 14	9:15–11:45 am
1783–S26 July	1 session – \$10

Taste of Summer

Summer is bursting with flavor in our gardens and in the wild! Join us for hands-on, sensory adventure as we explore what’s ripe, ready, and delicious this season.

Tue, Aug 4	9:30–10:45 am
1783–S26 Aug	1 session – \$10

Hydrogen and Helium in Minnesota: Opportunity, Debate & the Future of Energy

Hydrogen and helium are gaining attention across Minnesota – but what do they mean for our state’s energy future? Join Don Elsenheimer of the Minnesota Department of Natural Resources, for a clear, balanced overview of the science, supply potential, regulatory process and public debate surrounding their development. Explore the opportunities, environmental considerations, and policy decisions shaping what comes next.

Presenter: Don Elsenheimer, PhD, Gas Production Regulatory Mgr, MN DNR

Thu, July 16	9:30–11 am
1184–S26	1 session – \$5



LEARNING & DISCUSSION

Understanding the Midterm Elections: What Voters Should Know

Elections shape important decisions at the local, state, and national levels, as will the upcoming midterms. Join us for an informative and thoughtful presentation designed to help voters better understand what is on the ballot, how midterm elections historically function, and the key issues influencing this year's races. Professor Myers will focus on the election process, trends, and civic participation — offering clear, non-partisan information to help you feel confident and prepared as an engaged citizen. Bring your questions and curiosity.

Presenter: C. Daniel Myers, Associate Professor, Department of Political Science, U of M

Tue, July 21	10-11:30 am
1172-S26	1 session - \$5

Drones for Your Safety

Discover how drones help protect our community. Since 2015, the Dakota County Sheriff's Office Drone Unit has located missing people, documented crash and crime scenes, assisted at major fires, and safely tracked suspects—reducing risk for first responders and the public. Hear real-life examples, ask questions, and see a live drone demonstration. Youth are welcome to attend with an adult for a meaningful, multi-generational learning experience.

Presenter: Sean Qualy, Dakota County Sheriff's Office

Wed, July 29	1-2:30 pm
1853-S26	1 session - \$5

Explore Conversational Spanish - Level 1

Learn the basics of Spanish in an engaging and interactive environment. Space is limited.

Instructor: Dick Milles, Professor Emeritus Metro State U

Wed, July 8 - Aug 26	9:30-10:30 am
1841-S26 July-Aug	16 session - \$64

Puff Pastry Luncheon

At this delightful Puff Pastry Luncheon hosted by our friend Adina, she will share a live, easy-to-follow demonstration. See how versatile puff pastry can be, along with plenty of ideas you can try at home. *Instructor: Adina Overbee*

Thu, July 30	10 am-12 pm
1181-S26	1 session - \$24

Living Comfortably: Understanding and Preventing Incontinence



Experiencing bladder leakage, urgency, or frequent trips to the bathroom? You're not alone—and effective help is available. This informative workshop explains why urinary issues occur, how the pelvic floor and bladder work together, and practical steps you can take to improve symptoms and regain confidence. Led by a physical therapist with 25+ years of experience and advanced certification in pelvic health. You are welcome with your questions in a respectful, educational setting.

Presenter: Sarah Glesmann, Sakura Pelvic Health

Mon, Aug 3	10-11:30 am
1179-S26	1 session - \$5

West St. Paul Reader: Get the Scoop

What's happening in your neighborhood? Find out what's going on as West St. Paul Reader editor and founder Kevin Hendricks shares the latest neighborhood news. West St. Paul Reader is a local news website committed to informing the community. You'll learn how local news works, meet inspiring neighbors, discover history, and more.

Presenter: Kevin Hendricks, Editor & Founder WSP Reader

Tue, Aug 4	10-11 am
1191-S26	1 session - \$3

Civil War Tour of MN State Capitol

Our van is full, but we've added another option **providing your own transportation:**

This 90-minute guided tour looks at how Minnesotans shaped the Civil War—and how that still resonates today. Through moving memorials and remarkable works of art, you'll explore stories of courage, sacrifice, and leadership that transformed young soldiers into future governors and leaders. Hear personal stories of how war experiences shaped the lives of Minnesota leaders.

Requested Tour Guide: Rick McGee, MNHS

Tour only. Meet at the State Capitol 2nd floor rotunda at 12:45 for 1 pm tour. Registration required.

Wed, Aug 5	12:45 -2:30 pm
1176-S26 Tour Only	1 session - \$19

LEARNING & DISCUSSION

Quill Work Porcupine Study with the Traveling Naturalist

Beyond their prickly reputation you will find an often overlooked, yet compelling animal, unique to the forests in which it lives. From careful mating and seven-month pregnancy to self-defense of its own quills, the porky is special in many unexpected ways. The shed quills are the basis of creating some of the best-known native embroidery art. From working with a non-releasable porky to teaching birch bark and quill work, Melonie Shipman will share many endearing traits of this little-known treetop dweller.

Instructor: Melanie Shipman, Traveling Naturalist

Thur, Aug 6 10-11 am
1177-S26 1 session - \$9

New to Medicare?

We will be discussing general options for obtaining Medicare. This seminar is for you if you're turning 65 or leaving an Employer Health Plan. No sales involved! Learn how and when to sign up for Medicare, Basic Medicare vocabulary, considerations to think about when choosing plans and why working with an independent agent at no cost to you, can assist you in making a smart choice.

Instructors: Harvey Perle & Co. and Sheri Salloway Yarosh

Mon, July 13 1-2:30 pm
1194-S26 1 session - \$3



Medicine Ball: Basketball, Boarding Schools & the Power of Native Storytelling

Dakota/Diné filmmaker Leya Hale, producer of the powerful documentary *Medicine Ball* will share her inspiring film where Leya explores how the game of basketball — introduced in Indian boarding schools — became a source of resilience, cultural pride, and community strength for Native athletes and their families. The film follows the journeys of Native college basketball players as they navigate life on a campus with a complex history, revealing how sport can be a bridge between past and present and a catalyst for empowerment.

Presenter: Leya Hale, Dakota/Dine' filmmaker

Tue, Aug 11 10-11:30 am
1189-S26 1 session - \$5

Honk & Holler - Craig v. Boren and Ruth Bader Ginsberg

Ruth Bader Ginsburg brought this case before the Supreme Court, in which men were the victims of discrimination, but she also demonstrated that it discriminated against women. In addition, Ginsburg brought other cases where women were victims. In doing so, Ginsburg won from the courts important constitutional rights for women across the nation. The (Honk & Holler) - Craig v. Boren case ruling has been cited in over 1,000 other cases and continues to influence gender equality rulings today.

Presenter: Frank Sachs

Mon, Aug 24	10-11 am
1190-S26	1 session - \$12

LEARNING & DISCUSSION

Leathercraft 101: A Beginner's Guide

Discover the art of leatherworking in this hands-on beginner's course! Craft your own wallets, bags, or accessories?! Leathercraft 101 will teach you the essential skills to get started. Learn how to select the right leather, master cutting and stitching techniques, and finish your projects with a professional touch. Through guided instruction and practical exercises, you'll create your own handcrafted leather items while gaining the confidence to continue your leathercraft journey. All supplies and materials included.

Instructor: Jim Kern

Tues, Aug 25 9 am-12 pm
1180-S26 1 session - \$70



LLS is a small nonprofit coalition of residents, service providers, businesses and government. We are welcoming West St. Paul residents & local service providers to join us in promoting healthy living for older adults in WSP:

- We know you care about your WSP community!
- Do you care about aging in place in WSP?
- Thinking about your evolving housing and daily living needs?
- Do you want to make WSP more inclusive for all ages?

LLS meets monthly to discuss community needs, share input on community programs, plan events, and support each other in the community.

Examples of LLS work include:

- LLS Resource Directory for Older Adults
- The LOOP, Circulator Bus
- Community presentations on topics such as housing or dementia
- In 2017, surveyed over 200 community members age 50+ on a range of topics including healthy aging, well-being, housing, services needs, transportation
- Guided West St. Paul to officially join the AARP

Network of Age-Friendly Communities in January 2022

Call Jess at 651-554-6104 for upcoming meeting details.

GAMES

Home Before Dark Bridge

This group enjoys having fun! Sign up with a partner.

Mondays, now thru Oct 26 3:15-5:30 pm
1612-S26 \$22 Apr-Oct

Bocce Ball

Enjoy some camaraderie and skillful competition in a game that brings fun and health benefits. Played outdoors.

Mon, July 6-Aug 31 9:45-10:45 am
1596-S26 July/Aug 9 sessions - \$8

Bean Bag Toss

We supply the boards and bags, while you supply the fun and competitive spirit of the game. Played outdoors.

Tue, July 7- Aug 25 9:45-10:45 am
1643-S26 8 sessions - \$8

Hand & Foot

Race to get rid of all your cards. Come join the fun!

Wednesdays 9:30 am-12:15 pm
1735-S26 \$15 May-Aug

Cribbage

Peg your way to victory! Join us for a couple of hours of fun!

Wednesdays 1-3 pm
1856-S26 \$15 May-Aug

Scrabble

Sharpen your word skills and out-word your fellow players!

Wednesdays 1-3 pm
1114-S26 \$15 May-Aug

Puzzle Palooza

Use a puzzle from the TPAC library, or bring your own.

Tue, June 16, July 7, 21, Aug 4 & 18 1-3 pm
1135-S26 5 sessions - \$10

Mah Jongg

An ancient Chinese game with a modern twist. This group is for those who know how to play. No instructor.

Thursdays 1-3:45 pm
1613-S26 \$15 May-Aug

GROUPS

- Groups that meet monthly pay \$10 per year. The year begins in Sept and ends the following August.
- Groups that meet weekly pay \$15 per trimester. The current trimester begins May 1 and ends Aug 31.
- Keeping our fees low for everyone is important and at the same time, those fees are critical to support our programs. Discounts are not offered for days you cannot attend.

Umbrella Projects Group

The Umbrella Projects Group is devoted to volunteer opportunities in the community.

Along the way we develop friendships, find new passions and a sense of purpose in our community. We welcome new and returning participants!

Some projects we have engaged in are collecting items for various organizations such as food & paper bags for the food shelf or tennis shoes for re-use or recycling; writing notes to be included in home-delivered meals; making sandwiches for people currently unhoused. These are just a few! Participate in the projects that interest you, so there is no "over-commitment" to worry about. Each year we welcome new ideas which inevitably bring enjoyment and meaning for both the volunteers and the recipients.

We take a break during the summer and will meet again on Sept 14 @ 10 am. We will share information about our current projects over a potluck brunch. Bringing food to share is optional. Mark your calendar!

2nd Mon 10-11:30 am
1599-F26 Free
No meetings June, July or August - Next meeting Sept 14

Men's Topics & Toast

Take this opportunity to connect with new folks and even if you don't usually "get involved", your participation and insights will be appreciated.

Last Mon 9-10 am
1746-F25 Annually - \$10 Sep-Aug



Great Decisions Group

Space is limited. Call 651-403-8300 for information.

July: no meeting

Aug Topic: open forum

2nd Mon 1-2:30 pm
1296-W26 Annually - \$10 Sep-Aug

Caregiver Support Group

Come together with a trained facilitator each month to learn about topics related to the role of caregiving.

2nd Wed 1-2:30 pm
1597-F25 Free



TPAC Out & About Group

Gather for social outings each month. Call TPAC for info.

Dates Vary Times Vary
1609-F25 Annually - \$10 Sep-Aug

Mystery Book Club

Enjoy stimulating discussions on our interpretations, speculations and theories of this month's mystery book!

July book: *A Flicker in the Darkness* by Stacy Willingham

Aug book: *Killers of a Certain Age* by Tenea Raybourn

2nd Tue 10:30-11:30 am
1565-F25 Annually - \$10 Sep-Aug

Reminder:
No groups the week of June 29-July 3

FITNESS & HEALTH

Pilates

Pilates is a mind and body exercise designed to lengthen and strengthen muscles, increase flexibility and balance while focusing on a strong core. Class includes light cardio, resistance training and mat exercise – emphasizing proper form and breathing while executing the movements; and always with varied adaptations to suit your ability and needs. Bring your own mat. *Instructor: Stephanie Stockton*

Tuesdays 1113-S26 2-3 pm
July 7-28 4 sessions – \$36

Tai Chi Chih for Health - Intermediate

For returning or seasoned students, this Tai Chi Chih is a moving meditation with 19 easy-to-learn movements, offering numerous health benefits. Practice standing or seated to improve balance, sleep, vitality, immune function, weight management, stress, pain, or inflammation. Requires some prior Tai Chi experience.
Instructor: Theresa May, nationally accredited instructor

Wed, starts July 8 9:15-10 am
1160-S26 July-Aug 8 sessions – \$64
*Currently paused. Call 651-403-8300 for start date.
If you are already registered, we will notify you of start date.*

Fitness and Balance for Life

Improve flexibility and overall well-being! Through low-impact exercises, enhance your range, strength & balance. We supply the gear: chair, exercise bands, hand weights, & exercise balls.
Instructor: Naomi Marzinske

Thu, July 9-Aug 27 10:30-11:30 am
1317-S26 8 sessions – \$64

Line Dancing

Line dancing is a fun way to exercise and can be as gentle or as energetic as you want. Improve your muscle tone and coordination, strengthen bones, and stay mentally fit. For experienced line dancers. No sessions in the summer.
Instructor: Margaret Christians

Thu 9-10 am
1615-S26 Returning Sept 17

Foot Care Available at TPAC

Your feet have done a lot for you over the years; now it's time to give them some love! Taking good care of your feet helps you stay active, comfortable and independent. Service includes assessment of skin and nails; cleaning, trimming and filing of toenails; moisturizing foot massage; management of calluses, corns and ingrown nails. *Providers: Alicia, RN CFCS and Elizabeth, RN*

Call 651-403-8300 for a 40-minute appointment \$65
Cash, card, or checks accepted.



JoAnn, Ellen, Tom, Julie, Lizabeth and Jan (not pictured) walked in the West St. Paul Days Parade on June 6th!

Wednesday Walkers

Walk, Talk & Gawk! This friendly group meets at TPAC parking lot every Wednesday at 9 am to carpool to a specially selected walking path usually about 2.5 miles long on mostly level, paved walking paths around the Twin Cities. MOA is our backup during inclement weather. Members take turns choosing a destination for walking. Exercise, friendship, and nature keep this group engaged and motivated!
Facilitator: Kathy Kladstrup

Wednesdays, now thru Oct 28 9 am
1610-S26 \$15 / season



Merry Time Art: Paint Like Van Gogh

In this class you will be creating an acrylic landscape painting on an 8 x 10 inch canvas in the style of Van Gogh. You will learn a bit of history about him and his style of painting as professional artist Vanessa Merry leads you step-by-step through the creation of your masterpiece. All supplies included. *Instructor: Vanessa Merry*

Tues, Aug 11 1-3 pm
1191-S26 1 session - \$40

Knitting Group

Come together for fun and warm moments of connection and creativity. Share your knitting, crocheting, and other hobbies in this warm, non-instruction peer group. Learn from one another while forming lasting bonds. *Facilitator: JoAnn Ellingboe*

Mondays 1-2:45 pm
1600-S26 \$15 May-Aug

Crafting for a Cause

Spread joy by crafting heartfelt notes with fellow volunteers to be included in Meals on Wheels meals or go to Living Well and brighten someone's day! Materials are provided. *Facilitator: Rita Schnoor*

2nd Tue 12-1 pm
1598-F25 Free

Open Watercolor Painting

Join other artists and enjoy music and conversation. There is no instructor, so paint what inspires you and share ideas. Bring your own supplies. *Facilitator: Art Thell*

Tuesdays 9:30-11:30 am
1602-S26 \$15 May-Aug

Mixed Media Art Group

Join us for a fun, relaxing afternoon with friends, novice to skilled artists, who enjoy expressing their inner selves using various art mediums from acrylic paints to colored pencils to pastels and beyond. There is no instructor, but sharing your techniques is welcome. Bring your own art supplies.

1st & 3rd Wed 1-3 pm
1595-S26 \$15 May-Aug

Watercolor Introduction

Discover your creativity in our beginner-friendly watercolor classes! Explore essential materials, foundational techniques, and the basics of color theory as you learn how to mix pigments to create beautiful, expressive artwork. These introductory classes are for those who are new to watercolor painting and are a prerequisite for Watercolor I. For your convenience, the instructor will take care of all supply shopping; fee \$65-70 is due on the first day of class. *Instructor: Linda Stout*

Mondays 1491-W26 1-3 pm
July 6-27 4 sessions - \$80

Watercolor I

Learn and improve your skills by creating beautiful paintings. Have fun being creative while experimenting with different styles of painting. Bring your own supplies. *Prereq: Watercolor Intro or instructor consent* *Instructor: Linda Stout*

Tuesdays 1302-W26 1-3 pm
July 7-28 4 sessions - \$80
Aug 4-25 4 sessions - \$80

Watercolor II

Apply existing skills and learn more about techniques, color theory, and more. Emphasis will be on the elements and principles of art and design as you create your own painting. Bring your own supplies. *Prereq: Watercolor Intro or instructor consent. Instructor: Linda Stout*

Wednesdays 1191-W26 1-3 pm
July 8-29 4 sessions - \$80
Aug 5-26 4 sessions - \$80

55+ DRIVER'S DISCOUNT COURSE



The 55+ Driver Discount Program is a state approved accident prevention/ insurance discount course that is open to the public. A Precision Driving Center of Minnesota certified instructor teaches this class. By utilizing the most up-to-date research in the field, participants will be provided the latest information in regards to driver and traffic safety, new laws, and vehicle technology. This class has something for everyone!

Persons aged 55+ who complete the course qualify for an approximate 10% discount on their auto insurance premiums for three years, according to Minnesota law. Participants must complete the four hour refresher class every three years to maintain the 10% discount.

4-Hour Course Dates at Thompson Park Activity Center		
Thursdays	12-4 pm	\$24
July 16		
Aug 6		
Aug 20		
Sept 3		

Pre-registration is required.
To register, call toll free 1-888-234-1294
or visit www.driverdiscountprogram.com

TRIPS & TOURS

Trips & Tours Information

- Where you register is where you get on the bus.
- Arrive 15 minutes before scheduled departure.
- Check-in inside the building. We will board the bus together after checking everyone in.
- A \$10 service fee will be charged for cancellations.
- No refunds are issued after trip registration deadlines.
- Trips will fill when the maximum is reached, or at registration deadline.
- Trips are subject to change until the itinerary is posted.
- Spots will not be held without payment.
- Mailed registrations may not be guaranteed. Call to check availability before mailing in your registration.
- You are responsible for your own mobility needs

Olof Swensson Farm

This historic homestead reflects an immigrant’s dream and the legacy of a remarkably skilled and self-taught Minnesotan. Swensson was a farmer, scholar, builder, and visionary whose intricately designed 1880s timber barn showcase his ingenuity & craftsmanship. Stop at Rivers Restaurant for lunch for the homemade meatloaf meal. Smothered in beef gravy and served with a vegetable, mashed potatoes with gravy, dinner roll, beverage, dessert. Explore Chippewa City with a brief historic introduction by a staff before enjoying a self-guided tour. Discover 24 buildings recreating an 1800s village.

Thu, Aug 13
\$108
1162-WSP-S26

Depart TPAC 6:45 am/Return 7:00 pm
Register by Fri, Jul 10

Crow River Winery & Carlson’s Apple Orchard

Take a guided tasting and tour at Crow River Winery and Bistro near Hutchinson, MN. Embracing their Minnesota roots, for over fifteen years they have nurtured their Cold Climate vines and grapes. Spanning across 36 acres of vineyards, eco-friendly farming practices are prioritized to care for these unique local vines with a passion to create exquisite wines on site. Taste the magic in every glass! Next up: Carlson’s Orchard Bakery in Winsted to purchase apples and delicious baked goods.

Thu, Sept. 24
\$99
1163-WSP-F26

Depart TPAC 9:15 am/Return 5:15 pm
Register by Fri, Apr 15

2026-2027 THOMPSON TIMES SUBSCRIPTION

The Thompson Times subscription year runs **Sept 2026-Aug 2027** and includes **6 issues**.

Call 651-403-8300 to renew, go online at tridistrictce.arux.app (Course 1142-F26), or mail the form below.

\$15 / year - Renew by August 1 to receive the first issue with no delay.

If you renew or subscribe later, the price will be pro-rated as the year progresses.



Name (Print) _____

Mailing Address _____

City / State _____

Zip Code _____

Subscription: \$ 15.00 _____

Donation: \$ _____

Total: \$ _____

Payment:

Make Checks Payable to **ISD 197 - TPAC**, or call 651-403-8300 with credit card info.

Bring or mail to:

Thompson Park Activity Center, 1200 Stassen Lane, West St. Paul, MN 55118

Office Use Only: Date Received: _____ Check# _____ Amount \$ _____ By _____

GENERAL INFORMATION

Registration

By phone: 651-403-8300

Online: <https://tridistrict.ce.eleyo.com>

Mail/in-person: 1200 Stassen Lane, West St. Paul, MN 55118

Registrations are taken on a first-come, first-served basis.

Mail registrations will not be guaranteed due to transit time.

E-News

Sign up for TPAC email updates at tridistrictce.org or call 651-403-8300 for assistance.

Services

- Free Memory Screening provided by DARTS at DARTS:
Call 651-455-1560 for an appointment
- Free Legal Services: Call 651-222-4731
- Free Health Insurance Counseling:
Call 1-800-333-2433 for an appointment or go to www.trellisconnects.org.
- Foot Care: \$65, call 651-403-8300 for an appointment
- Fare for All: affordable groceries-call 763-450-3880

Difficulty Hearing

If you have difficulty hearing during a presentation or class at TPAC, please see the front desk immediately so we can rearrange seating or have the presenter use a microphone.

Suggestion Box

The TPAC Advisory Council welcomes your feedback about programming, policies, our services, operations, or the facility. A suggestion box is in the hall near the bulletin boards. If you include your contact information (optional), we can follow up with you.

TPAC Advisory Council Opening

TPAC is looking for an Advisory Council Member to serve on our council that meets six times a year. Our focus is to provide feedback on programming and leadership for the center. If you are interested, stop by the office to pick up an application.

Fees for Groups & Clubs

All monthly and weekly groups, clubs, and activities require pre-registration and payment.

Monthly groups \$10 annually per person

Weekly groups \$15 per trimester per person

Jan-Apr / May-Aug / Sep-Dec

Cancellations/Refunds

- If TPAC cancels a class or activity, you will be notified by phone or email and given a refund.
- Your cancellation and refund requests must be received by our office 7 days prior to the first class session. A \$10 service fee will be applied to your refund.
- No refunds are issued after the first session or trip registration deadline.

Inclement Weather & Closures

If School District 197 is closed due to inclement weather or cold temperatures, TPAC will also be closed. TPAC's voicemail will be updated by 7 am. Call 651-403-8300.

Scholarships & Fee Assistance

Call 651-403-8303 for details.

Opportunities to Volunteer

- Technology Mentors
- Events Committee
- Umbrella Projects
- Office
- Advisory Council



School District 197 Community Education
Thompson Park Activity Center
1200 Stassen Lane
West St. Paul, MN 55118

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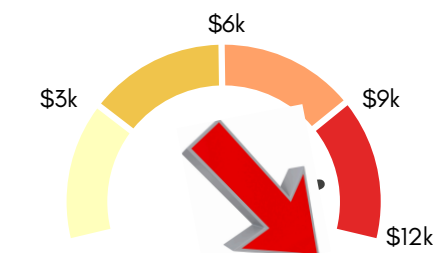
Contributions for 2025/2026 as of June 9: \$13,243

Goal: \$12,000 by June 30, 2026

*Thank You to all who have responded to our Annual Support Drive and helped us exceed our goal!
We are most grateful. We will publish our final total in the next issue of the Thompson Times.*

Friend (up to \$49)

Anonymous
Venise Dorsch
Tom & Lorri Evans
Julianna Finzen
Mavis Goodroad
Sandra & William Goral
Mary Ann Johansen
Anthony Maggi
Francis Mudek
Verna Schwagmeyer



Benefactor (\$50-99)

Anonymous
Gloria Classen
Arty & Colleen Dorman
Kathryn Heuer
Karen Jorgensen
Millie Mlinarevich
Bob Payton
Debra & Dewey Smith

Patron (\$100+)

Anonymous
Betty Anfinson
Alice Baier
Wayne Bjorlie &
Renee Pfenning
Barbara Boehmer
Tom & Hannah Dzik
JoAnn Ellingboe
C. Leigh Gerber
John Kirchner
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Michaela Lauer
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Mary Catherine Newton
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Janice P. Sheldon
Susan Zasada