

GRADED

THE AMERICAN SCHOOL OF SÃO PAULO

2026-27 - Semester 1

Lower School

After-school Activities Handbook



Athletics and Activities Office

SEMESTER ONE (AUGUST 2026) PUBLICATION

Welcome to the World of Graded Lower School After-school Activities and Athletics!

This handbook is designed to provide parents with helpful insight into the Graded Lower School (LS) After-school Activities Program, procedures, and policies offered for the 2026-27 school year. Please read this handbook carefully and bookmark it for easy reference throughout the semester. The After-school Activities Program strives to provide an atmosphere in which children can enjoy, grow, and learn. We are always open to your feedback and suggestions.

The Athletics and Activities Team

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Philosophy, Guidelines, and Important Information

Philosophy

The Graded Activities Program offers students the opportunity to participate in a wealth of activities that complement but are not part of the regular curriculum.

Our Lower School After-school Activities (LS ASAs) expose students to a variety of balanced, exploratory activities led by teachers, coaches, and external organizations in a safe and learning-driven environment. LS ASAs are also integral to how Graded fulfills its mission to inspire, challenge, and have all learners succeed. The school offers a range of activities, including sports, performing and visual arts, STEM, and modern languages, with registration happening at the beginning of each semester.

Please note that many of our after-school activities are led by external companies/organizations that set their own prices for the semester fee.

Registration Process

Online Registration will take place during the following days/times:

2026-27 Graded Lower School Semester One After-school Activities Important Dates	
Thursday, August 6	First Day of School (Semester One)
Saturday, August 8 to Tuesday, August 11	Online Registration Registration opens at 9:00 (August 8) Registration closes at 4:00 pm (August 11)
Week of Monday, August 17	First Week of After-school Activities (Semester One) • Lower school • Middle school • High school clubs
Week of Monday, December 7	Last Week of After-school Activities (Semester One) • Lower school • Middle school • High school

Important Information about the LS After-school Activities Program

After-school Activities Schedule

Semester one
August 17 to December 11, 2026

2026-2027 Graded After-School Activities Semester Two Calendar					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	August 17	August 18	August 19	August 20	August 21
Week 2	August 24	August 25	August 26	August 27	August 28
Week 3	August 31	September 1	September 2	September 3	September 4
Week 4	October 12 NO ACTIVITIES	September 8	September 9	September 10	September 11
Week 5	September 14	September 15	September 16	September 17	September 18
Week 6	September 21	September 22	September 23	September 24	September 25
Week 7	September 28	September 29	September 30	October 1	October 2
Week 8	October 5	October 6	October 7	October 8	October 9
Week 9	October 12 NO ACTIVITIES	October 13 NO ACTIVITIES	October 14	October 15	October 16
Week 10	October 19	October 20	October 21	October 22	October 23
Week 11	October 26	October 27	October 28	October 29	October 30
Week 12	November 2 NO ACTIVITIES	November 3	November 4	November 5	November 6
Week 13	November 9	November 10	November 11	November 12	November 13

Week 14	November 16	November 17	November 18	November 19	November 20 NO ACTIVITIES
Week 15	November 23	November 24	November 25	November 26 NO ACTIVITIES	November 27 NO ACTIVITIES
Week 16	November 30	December 1	December 2	December 3	December 4
Week 17	December 7	December 8	December 9	December 10	December 11
Total Activities per day of the week	14	16	17	16	15

Timing

- After-school Activities for the lower school run **Mondays, Tuesdays, Thursdays**, and **Fridays** from 3:40 to 4:40 pm, and **Wednesdays** from 3:10 to 4:10 pm (due to Early Release Day).

Registration Guidelines

- Registration opens on Saturday, August 8, at 9:00 am and closes at 12:00 pm on Tuesday, August 11.
- Registration will be completed directly in [PowerSchool](#), the same platform where you can view your child's schedule.
- Detailed instructions for navigating the registration platform are available [here](#). The registration link will also be published on our [website](#).**
- Please test your PowerSchool login before registration opens to confirm you have access to the registration platform.**

Activity Fees and Payments

- Most lower school after-school activities require a semester activity fee indicated in the activity description.
- For activities that note **"Graded Payment,"** the fees will be charged/included in your tuition bill.
- For activities marked "External Payment," fees will be due directly to the external organization leading and organizing the activity.
 - Payment (via transfer/Pix) details will be sent to you by email. You must pay in full **before** the fourth activity lesson.
- After week three of the second-semester program, no changes to after-school activities will be considered.**

After-school Activity Procedures

- After school, students will move from their classroom to the LS Playground, where they will meet their activity leader. Students will then return to their classroom/location with their activity leader.
- Each homeroom teacher will receive a master list to ensure that students attend the correct activity. Activity leaders will take attendance and report to the Activities Office/activities coordinator.
- We ask parents to review the after-school activity schedule with their children to help them feel secure about the week ahead.
- Full descriptions of each activity may be found below the overview table.
- We will adhere to our current on-campus safety protocols and encourage children to bring a personal water bottle.
- Activities begin at 3:40 pm and end at 4:40 pm. The activity leader will lead bus riders to the bus area to catch the 4:50 pm bus. **We request that parents pick up their children at the activity location or in the Student Center.**
 - If parents are late picking up their child (after 4:50 pm) due to extenuating circumstances, they may collect their child from the Lower School Office.
- If you are planning after-school activities for multiple children, please note that any sibling who is not enrolled in an activity must leave campus at the end of the school day (3:30 pm, or 3:00 pm on Wednesdays).
- If you know your child will not participate in their regularly scheduled activity due to an extenuating circumstance (e.g., doctor's appointment), please inform the Lower School Office before noon.



LIST OF ACTIVITIES - OVERVIEW (per grade level)

Rates are subject to change prior to registration. Full descriptions of each activity may be found after the table.

PK4 and Kindergarten Student Activities								
ACTIVITY	GRADE(S)	TEACHER and/or ORGANIZATION	ACTIVITY FEE (per semester)	MON	TUE	WED	THU	FRI
Brazilian Jiu-Jitsu	Kindergarten	Roberto Pereira Baptista	R\$1750 (1x/week) R\$2300 (2x/week) R\$2600 (3x/week)	X		X		X
Soccer	PK4	Little Kickers	R\$1700 (1x/week) R\$2625 (2x/week) Includes uniform	X		X		
Soccer	Kindergarten	Little Kickers	R\$1750 (1x/week) R\$2625 (2x/week) Includes uniform		X		X	
Tennis	PK4 and kindergarten	Graded Tennis Academy	R\$700 (1x/week)	X				
Swimming	Kindergarten	Rent-a-Pro	R\$1265	X				
Yoga	PK4 and kindergarten	Paula Lopes	R\$2200		X			
Mad Science	PK4 and kindergarten	Mad Science	R\$1920		X			
Gymnastics	PK4 and kindergarten	Rent-a-Pro	R\$1265			X		
Circus	PK4 and kindergarten	Rent-a-Pro	R\$1150			X		
Classical Ballet	PK4 and kindergarten	Anacã Studio	R\$1500				X	
Judo	PK4 and kindergarten	Rent-a-Pro	R\$1265				X	
Creative Drama	Kindergarten	Ligia Zillo	R\$1500			X		
Capoeira	PK4 and kindergarten	Marcos Priviatti	R\$1400			X		
STEM Young Engineers	Kindergarten	Nexus	R\$1950	X				
Little Makers League	PK4 and kindergarten	Ermeson Santos	R\$525				X	

Karate	Kindergarten	Roberto Pacheco	R\$1350					X
SOS Ambiental Greenclasses	PK4 and kindergarten	SOS Ambiental	R\$1750			x		
Clube de Leitura em Português	kindergarten	Carla Ramalho	R\$525		X			
Board Games *NEW*	kindergarten	Paula Lopes	R\$2200			X		
Laban Dance *NEW*	kindergarten	Paula Lopes	R\$2200	X				
Cheerleading *NEW*	kindergarten	Fabio Camargo	R\$525			X		
Jazz Dance	PK4 and kindergarten	Anacã Studio	R\$1500					X

Grade 1 Student Activities

ACTIVITY	TEACHER and/or ORGANIZATION	ACTIVITY FEE (per semester)	MON	TUE	WED	THU	FRI
Brazilian Jiu-Jitsu	Roberto Pereira Baptista	R\$1750 (1x/week) R\$2300 (2x/week) R\$2600 (3x/week)	X		X		X
Roller Skating	Rent-a-Pro	R\$1265	X				
Swimming	Rent-a-Pro	R\$1265	X				
Gymnastics	Renata Saiga	R\$2250		X			
Classical Ballet	Anacã Studio	R\$1500		X			
Tennis	Graded Tennis Academy	R\$700 (1x/week) R\$1050 (2x/week)		X		X	
Yoga	Paula Lopes	R\$2200		X			
Judo	Rent-a-Pro	R\$1265		X			
Mad Science	Mad Science	R\$1920		X			
Jazz Dance	Anacã Studio	R\$1500					X
Gymnastics	Rent-a-Pro	R\$1265				X	

Capoeira	Marcos Priviatti	R\$1400			X		
Circus	Rent-a-Pro	R\$1150	X				
Creative Drama	Ligia Zillo	R\$1500			X		
Eaglets Girls Soccer	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)	X		X		
Eaglets Boys Soccer	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)		X		X	
STEM Young Engineers	Nexus	R\$1950	X				
Taekwondo	Rent-a-Pro	R\$1265		X			
TechLab Program	MundoMaker	R\$2250		X			
Karate	Roberto Pacheco	R\$1350					X
Fencing	Romilson Costa	R\$1150				X	
Drawing Club	Poliana Tassini	R\$2480				X	
Clube de Leitura em Português	Carla Ramalho	R\$525		X			
SOS Ambiental Greenclasses	SOS Ambiental team	R\$1750			X		
Little Makers League	Ermerson FSantos;	R\$525					X
Board Games *NEW*	Paula Lopes	R\$2200			X		
Laban Dance *NEW*	Paula Lopes	R\$2200			X		
Cheerleading *NEW*	Fabio Camargo	R\$525			X		
Diamond Painting	Milena Aguiar	R\$800		x		X	

Grade 2 Student Activities

ACTIVITY	TEACHER and/or ORGANIZATION	ACTIVITY FEE (per semester)	MON	TUE	WED	THU	FRI
Brazilian Jiu-Jitsu	Roberto Pereira Baptista	R\$1750 (1x/week) R\$2300 (2x/week) R\$2600 (3x/week)	X		X		X
Roller Skating	Rent-a-Pro	R\$1265	X				
Eaglets Girls Soccer	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)	X		X		
Eaglets Boys Soccer	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)		X		X	
Gymnastics	Renata Saiga	R\$2250		X			
Classical Ballet	Anacã Studio	R\$1500		X			
Tennis	Graded Tennis Academy	R\$700 (1x/week) R\$1050 (2x/week)		X		X	
Yoga	Paula Lopes	R\$2200		X			
Judo	Rent-a-Pro	R\$1265		X			
Woodworking	Thiago Endrigo	R\$2100		X			
Jazz Dance	Anacã Studio	R\$1500	X				
Swimming	Rent-a-Pro	R\$1265 (1x/week) R\$2300(2x/week)			X		X
Gymnastics	Rent-a-Pro	R\$1150				X	
Creative Drama	Ligia Zillo	R\$1500			X		
Capoeira	Marcos Priviatti	R\$1400			X		
Mad Science	Mad Science	R\$1750				X	
Chess for All	Luciana Castro	R\$525				X	
Circus	Rent-a-Pro	R\$1265	X				
STEM Young Engineers	Nexus	R\$1950			X		
Fencing (Beginner)	Romilson Costa	R\$1250				X	
Fencing (Advanced)	Romilson Costa	R\$1600		X			
Taekwondo	Rent-a-Pro	R\$1265		X			
Diamond Painting	Milena Aguiar	R\$800		X		X	

Karate	Roberto Pacheco	R\$1350					X
TechLab Program	MundoMaker	R\$2250		X			
DRAWING CLUB	Poliana Tassini	R\$2480				X	
Eaglets Basketball Boys and Girls	Eaglets Sports	R\$700					X
SOS Ambiental Greenclasses	SOS Ambiental	R\$1750			X		
Clube de Leitura em Português	Carla Ramalho	R\$525		x			
Laban Dance *NEW*	Paula Lopes	R\$2200	X				
Board Games *NEW*	Paula Lopes	R\$2200			X		
Cheerleading	Fabio Camargo	R\$525	X				

Grade 3 Student Activities

ACTIVITY	TEACHER and/or ORGANIZATION	ACTIVITY FEE (per semester)	MON	TUE	WED	THU	FRI
Brazilian Jiu-Jitsu	Roberto Pereira Baptista	R\$1750 (1x/week) R\$2300 (2x/week) R\$2600 (3x/week)	X		X		X
Eaglets Track & Field	Eaglets Sports	R\$525				X	
LS Green Club	Patricia Gehrels	R\$525	X				
Eaglets Girls Soccer	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)	X		X		
Eaglets Boys Soccer	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)		X		X	
Classical Ballet	Anacã Studio	R\$1500		X			
Gymnastics	Renata Saiga	R\$2250	X				
Roller Skating	Rent-a-Pro	R\$1265		X			
Theater Ensemble	Ligia Zillo	R\$1300		X			

TechLab Program	MundoMaker	R\$2250		X			
Woodworking	Thiago Endrigo	R\$2100		X			
Yoga	Paula Lopes	R\$2200			X		
Jazz Dance	Anacã Studio	R\$1500	X				
Wall Climbing	Ney Viera	R\$1730			X		
Swimming	Rent-a-Pro	R\$1265 (1x/week) R\$2400(2x/week)			X		X
Tennis	Graded Tennis Academy	R\$700 (1x/week) R\$1050 (2x/week)			X		X
Capoeira	Marcos Priviatti	R\$1400				X	
Mad Science	Mad Science	R\$1750				X	
Chess for All	Luciana Castro	R\$525				X	
Gymnastics	Rent-a-Pro	R\$1265					X
Dodgeball	Ney Viera	R\$1360				X	
Beach Tennis	Graded Tennis Academy	R\$525		X			
Hip Hop	Anacã Studio	R\$1500			X		
STEM Young Engineers	Nexus	R\$1950			X		
Brazilian Cultural Experience	Dani Boarin	R\$525				X	
Taekwondo	Rent-a-Pro	R\$1265		X			
Diamond Painting	Milena Aguiar	R\$800		X		X	
Cheerleading	Fabio Camargo	R\$525	X				
Karate	Roberto Pacheco	R\$1350					X
Fencing (Beginner)	Romilson Costa	R\$1250				X	
Fencing (Advanced)	Romilson Costa	R\$1600		X			
Yarn Club	Cris Almeida	R\$525		X			

Eaglets Basketball Boys and Girls	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)					X
Judo	Rent-a-Pro	R\$1265		X			
French Club	Carolina Wittmann	R\$1500		X			
Clube de Leitura em Português	Carla Ramalho	R\$525				X	
Laban Dance *NEW*	Paula Lopes	R\$2200			X		
Board Games *NEW*	Paula Lopes	R\$2200				X	
Drawing Club - Kawaii Art Style	Poliana Tassini	R\$2190				X	

Grade 4 Student Activities

ACTIVITY	TEACHER and/or ORGANIZATION	ACTIVITY FEE (per semester)	MON	TUE	WED	THU	FRI
Brazilian Jiu-Jitsu	Roberto Pereira Baptista	R\$1750 (1x/week) R\$2300 (2x/week) R\$2600 (3x/week)	X		X		X
Eaglets Track & Field	Eaglets Sports	R\$525				X	
LS Green Club	Patricia Gehrels	R\$525	X				
Eaglets Girls Soccer	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)	X		X		
Eaglets Boys Soccer	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)	X		X		
Eaglets Basketball Boys	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)		X		X	
STEM Young Engineers	Nexus	R\$1950					X
Gymnastics	Renata Saiga	R\$2250	X				
Eaglets Basketball Boys and Girls	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)		X		X	

Yoga	Paula Lopes	R\$2200			X		
Roller Skating	Rent-a-Pro	R\$1265		X			
TechLab Program	MundoMaker	R\$2250		X			
Theater Ensemble	Ligia Zillo	R\$1300		X			
Eaglets Swimming	Eaglets Sports	R\$525 (1x/week) R\$875 (2x/week)		X		X	
Wall Climbing	Ney Viera	R\$1730			X		
Tennis	Graded Tennis Academy	R\$700 (1x/week) R\$1050 (2x/week)			X		X
Woodworking	Thiago Endrigo	R\$2100				X	
Capoeira	Marcos Priviatti	R\$1400				X	
Mad Science	Mad Science	R\$1750				X	
Chess for All	Luciana Castro	R\$525				X	
Dodgeball	Ney Viera	R\$1360				x	
Skateboarding	Roberto Maçaneiro	R\$1950					X
Beach Tennis	Graded Tennis Academy	R\$525		X			
Jazz Dance	Anacã Studio	R\$1500	X				
Eaglets Volleyball	Cristina Serafini	R\$525	X				
Hip Hop	Anacã Studio	R\$1,500			X		
Brazilian Cultural Experience	Dani Boarin	R\$525				X	
Taekwondo	Rent-a-Pro	R\$1265		X			
Diamond Painting	Milena Aguiar	R\$800		X		X	
Cheerleading	Fabio Camargo	R\$525					X
Karate	Roberto Pacheco	R\$1350					X
Fencing (Beginner)	Romilson Costa	R\$1250				X	

Fencing (Advanced)	Romilson Costa	R\$1600		X			
Clube de Leitura em Português	Carla Ramalho	R\$525				X	
Yarn Club	Cris Almeida	R\$525		X			
Drawing Club - K	Poliana Tassini	R\$2480				X	
Chess (Advanced)	David Cunha	R\$1600			X		
Judo	Rent-a-Pro	R\$1265		X			
French Club	Carolina Wittmann	R\$1500		X			
Candle Craft Club	Silvia Sapiense	R\$800	X				
Flag Football	Rafael Simão	R\$750					x
Board Games *NEW*	Paula Lopes	R\$2200				X	
Laban Dance *NEW*	Paula Lopes	R\$2200			X		

Grade 5 Student Activities							
ACTIVITY	TEACHER and/or ORGANIZATION	ACTIVITY FEE (per semester)	MON	TUE	WED	THU	FRI
Brazilian Jiu-Jitsu	Roberto Pereira Baptista	R\$1750 (1x/week) R\$2300 (2x/week) R\$2600 (3x/week)	X		X		X
Eaglets Track & Field	Eaglets Sports	R\$525				X	
LS Green Club	Patricia Gehrels	R\$525	X				
Eaglets Basketball Boys and Girls	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)		X		X	
STEM Young Engineers	Nexus	R\$1950					X

Gymnastics	Renata Saiga	R\$2250	X				
Roller Skating	Rent-a-Pro	R\$1265		X			
TechLab Program	MundoMaker	R\$2250		X			
Theater Ensemble	Ligia Zillo	R\$1300		X			
Eaglets Basketball Girls	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)		X		X	
Eaglets Girls Soccer	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)	X		X		
Eaglets Boys Soccer	Eaglets Sports	R\$700 (1x/week) R\$1050 (2x/week)	X		X		
Eaglets Swimming	Eaglets Sports	R\$525 (1x/week) R\$825 (2x/week)		X		X	
Yoga	Paula Lopes	R\$220			X		
Wall Climbing	Ney Viera	R\$1730			X		
Tennis	Graded Tennis Academy	R\$700 (1x/week) R\$1050 (2x/week)			X		X
Woodworking	Thiago Endrigo	R\$2100				X	
Capoeira	Marcos Priviatti	R\$1400				X	
Chess for All	Luciana Castro	R\$525				X	
Dodgeball	Ney Viera	R\$1360				X	
Skateboarding	Roberto Maçaneiro	R\$1950					X
Jazz Dance	Anacã Studio	R\$1500	X				
Eaglets Volleyball	Cristina Serafini	R\$525	X				
Beach Tennis	Graded Tennis Academy	R\$525		X			
Hip Hop	Anacã Studio	R\$1500			X		
Brazilian Cultural Experience	Dani Boarin	R\$525				x	
Taekwondo	Rent-a-Pro	R\$1265		X			
Diamond Painting	Milena Aguiar	R\$800		X		X	

Cheerleading	Fabio Camargo	R\$525					X
Karate	Roberto Pacheco	R\$1350					X
Fencing Beginner	Romilson Costa	R\$1250				X	
Fencing advanced	Romilson Costa	R\$1600		X			
Doodle Art	Poliana Tassini	R\$1990			X		
Keyboard	Maristela Neves	R\$2000	X				
Yarn Club	Cris Almeida	R\$525		X			
Chess (Advanced)	David Cunha	R\$1600			X		
Judo	Rent-a-Pro	R\$1265		X			
Clube de Leitura em Português	Carla Ramalho	R\$525				X	
French Club	Carolina Wittmann	R\$1500		X			
Flag Football	Rafael Simões	R\$720					X
Candle Craft Club	Silvia Sapiense	R\$800	X				
Laban Dance *NEW*	Paula Lopes	R\$2200			X		
Board Games *NEW*	Paula Lopes	R\$2200				X	

Academic, Cultural, and STEM Activities

Graded offers students many opportunities to participate in a variety of academic and STEM activities. These opportunities encourage and allow students to interact and build relationships within the school community. Participation in academically related activities encourages students' intellectual, social, and personal growth, such as increased academic achievement, improved interpersonal skills, creativity, and self-esteem.

Mad Science

Mr. Ton (Tiago) and Noemi Madeira

noemi@madscience.com.br

PK4, kindergarten, and grade 1 - Tuesdays, 3:40-4:40 pm

Grades 2, 3, and 4 - Thursdays, 3:40 - 4:40 pm

Activity Fee:

- PK4, kindergarten, and grade 1: R\$1920/semester
- Grades 2, 3, and 4: R\$1750/semester
- *Direct payment to the external instructor*

Location: Cafeteria

Maximum Number of Students: 20



[@madsciencebrasil](https://www.instagram.com/madsciencebrasil)

Mad Science has created a vast library of unique after-school programs. Our demonstrations, hands-on activities, and real-world discussions make learning about science fun for children! Our activities are organized around specific areas of science and include topics such as rocketry, magnets, polymers, and even the science behind toys.



Creative Drama

Ligia Zillo, lzillo64@hotmail.com

Kindergarten and grades 1 and 2 - Wednesday, 3:10-4:10 pm

Activity Fee: R\$1500/semester

- *Direct payment to the external instructor*

Location: Third Grade Courtyard (rain day - Faculty/Staff Cafeteria)

Minimum/Maximum Number of Students: 6/14

Creative Drama offers participants a unique opportunity to engage in collaborative games, explore sound patterns, mime, and act out their favorite characters and stories. The sessions encourage openness and develop their creative



skills and talents.

Candle Craft Club *NEW*

Silvia Sapiense, silvia.sapiense@graded.br

Grades 4 and 5 - Mondays , 3:40-4:40 pm

Activity Fee: R\$800/semester

Maximum Number of Students: 15

Candle Craft Club invites students to explore the art and science of candlemaking through hands-on activities. Participants will learn fundamental techniques such as melting, coloring, scenting, and molding their own candles while experimenting with creativity and design. This course builds fine-motor skills, patience, and artistic expression as students create beautiful, customized candles to take home throughout the semester.



Theater Ensemble

Ligia Zillo, 98121-4520, lzillo64@hotmail.com

Grades 3, 4, and 5 - Tuesdays, 3:40-4:40 pm

Activity Fee: R\$1500/semester

- *Direct payment to the external instructor*

Location: Third Grade Courtyard (Rain Location - Faculty/Staff Cafeteria)

Minimum/Maximum Number of Students: 3/20

Theater Ensemble is about cooperative learning. It is a systematic technique developed by drama teacher Patricia Zich and widely used in France, England, and the USA. The sessions offer participants a unique opportunity to explore drama, learn theatrical techniques, and build self-confidence. Creative improvisation activities and acting stories will be the focus of this semester.



TechLab Program by MundoMaker

MundoMaker, comercial@mundomaker.cc

- <https://www.mundomaker.cc/>

Grades 1, 2, 3, 4, and 5 - Tuesdays, 3:40-4:40 pm

Activity Fee: R\$2250/semester

- *Direct payment to the external instructor*

Location: Giovanni Gronchi Tent

Minimum/Maximum Number of Students: 10/15

Our approach is innovative, rooted in the maker culture, and focused on the holistic development of students. Throughout the program, students explore a variety of digital, traditional, and personal tools to bring their own meaningful projects to life. This journey is guided by the Creative Learning methodology (the 4Ps), developed by the MIT Media Lab—Projects, Passion, Peers, and Play. It fosters a safe, respectful, and inspiring environment where students can learn creatively and collaboratively.

During the program, children will:

- Design and develop original projects using digital, analog, and creative tools.
- Learn basic programming and computational thinking.
- Engage in hands-on, fun robotics activities.
- Explore a variety of materials and construction possibilities.



Chess for All

Luciana Castro, luciana.castro@graded.br

Grades: 2, 3, 4, and 5 - Thursdays, 3:40-4:40 pm

Activity Fee: R\$525/semester

- *Payment to Graded (Tuition)*

Location: Room H05

Minimum/Maximum Number of Students: 10/30

All students are welcome—no experience is necessary. There are chess beginners and chess masters who enjoy teaching chess to others. Everyone learns by playing chess and having fun. Chess is a way to make brain connections, develop abstract thinking, and, most of all, have fun and make friends (yes, we make friends in those silent rooms). Participation from girls has increased each semester, and all students are encouraged to get involved. Don't be shy,

be a chess player!	
Chess (Advanced) David Cunha, almeida.d.cunha@gmail.com Grades: 4 and 5 - Wednesdays, 3:10-4:10 pm Activity Fee: R\$1600/semester • <i>Payment to Graded (Tuition)</i> Location: Room B03 Take your chess game to the next level! This advanced course covers strategic planning, complex tactics, and in-depth game analysis to prepare you for tournaments and competitive play. Guided by an experienced instructor, you'll develop focus, quick decision-making, and mental resilience. Join our community of passionate players and master the skills to excel on the board. Please note that chess classes are held in Portuguese.	
Woodworking Thiago Endrigo, thiagoendrigo@gmail.com Grades 2 and 3 - Tuesdays, 3:40-4:40 pm Grades 4 and 5 - Thursdays, 3:40-4:40 pm Activity Fee: R\$2100/semester • <i>Direct payment to the external instructor</i> Location: Giovanni Gronchi Tent Minimum/Maximum Number of Students: 3/12  @sabercomasmaos www.sabercomasmaos.com Guided by their creativity, students will build a personal project from wood, learning techniques and the safe, sound use of hand tools. Students will learn about various wood species and experience their distinct appearances, weights, scents, and textures. Students will learn the importance of the planning stage, during which they determine what to build and how to construct it.	

Green Club

Patricia Gehrels, patricia.gehrels@graded.br

Grades 3, 4, and 5 - Mondays, 3:40-4:40 pm

Activity Fee: R\$525/semester

- *Payment to Graded (Tuition)*

Location: Third Grade Courtyard

Maximum number of students: 12

Want to make a real difference at Graded? We are looking for Graded students who care about the environment to join our Green Club. Green Club members will discuss solutions to environmental issues around the school and work together on a project of their choice that helps Graded become a little bit “greener.”



SOS Ambiental – GreenClass

PK4, kindergarten, and grades 1 and 2:

Wednesdays, 3:10-4:10 pm

contato@sosambiental.com.br

Activity Fee: R\$1750/semester

- *Payment to Graded (Tuition)*

Location: Faculty/Staff Cafeteria

Maximum number of students: 12

GreenClass, an educational project by SOS Ambiental, provides a living, hands-on experience in environmental learning.

Through dynamic lessons, exclusive educational materials (replicas, skulls, puppets, books, and plush animals), eco-workshops, and encounters with animals licensed by IBAMA (with more than 60 animals legally authorized), children explore the fascinating world of biodiversity in a safe, interactive, and inspiring way—always guided by professional biologists.

With GreenClass, learning about the environment becomes an unforgettable adventure that connects science, emotion, and purpose.

Please note that GreenClass lessons are held in Portuguese.



Clube de Leitura em Português

Kindergarten and grades 1 and 2 - Tuesdays, 3:40-4:40 pm

Grades 3, 4, and 5 -Thursdays, 3:40-4:40 pm

Activity Fee: R\$525/semester

Location: I31

In our meetings, we will read different books to discover new stories, reflect on them, discuss them, and expand our Portuguese reading repertoire. In each session, we will explore texts from various genres and the materiality of books, drawing on works by multiple authors and illustrators to cultivate the joy of reading in a light, welcoming way. It will be a space to listen, imagine, question, and be enchanted by the world of literature.

STEM with LEGO® by Young Engineers

Kindergarten and grade 1 - Mondays, 3:40-4:40 pm

Grades 2 and 3 - Wednesdays, 3:10-4:10 pm

Grades 4 and 5 - Fridays, 3:40-4:40 pm

nexus.aprender@gmail.com

Activity Fee: R\$1950/semester

- *Direct payment to the external instructor*

Location: LS Innovation Hub

Maximum number of students: 20

Do children love playing with LEGO®? That's an obvious question. Through our STEM with LEGO® and Robotics Program, participants can also learn while playing. This program introduces lower school students to the basic principles of science, technology, engineering, robotics, and mathematics. We have developed an innovative program that teaches theoretical concepts such as gravity, inertia, and centrifugal force, while using LEGO®. Children learn to "think like engineers" by constructing complex motorized machines using LEGO® bricks, motors, and batteries. In grades 4-5, they start programming with tablets and sensors to transform their built machines into mini-robots.

Children will:

- Discover the joy of learning through hands-on projects.

- Learn innovation and design thinking through a much-loved medium.
- Follow the Learn-Build-Experiment-Imagine format.
- Learn theoretical concepts through real-life stories and anecdotes.
- Build a LEGO® prototype that applies the concept in real-world practice.
- Develop their social skills in team games to test and enhance their model.
- Use their creativity to imagine improvements that further test the physics concepts.

Our programs are present in more than 60 countries, and now you have the opportunity to participate as well. The instructors will provide all materials; no additional materials are needed.

French Club *New*

Carolina Wittmann, francescomcaroline@gmail.com

Grades 3, 4, and 5 - Tuesdays, 3:40-4:40 pm

Activity Fee: R\$1500

- *Direct payment to the external instructor*

Location: Teacher Cafeteria

Maximum Number of Students: 10

Join French Club to learn French through music, games, culinary and arts. In the club, children will explore French culture and way of life through traditional games, such as *La Galette des rois*, *la Chandeleur* and *le Poisson d'avril*. They will also learn how to cook crepes and make their own crown for the Fête de la Galette.

During the program, children will learn to:

- Recognize French sounds
- Introduce themselves in French
- Speak about daily life and school
- Present their family and friends
- Conjugate some verbs in the present
- Basics grammar and lexical notions



Brazilian Cultural Experience

Dani Boarin, dani.boarin@graded.br

Grades 3, 4, and 5 - Thursdays, 3:40-4:40 pm

Activity Fee: R\$525/semester

- *Payment to Graded (Tuition)*

Location: I-05

Maximum Number of Students: 15

Brazilian Cultural Experience is an after-school activity focused on the development of oral and written language. Students learn Brazilian cultural habits in specific community settings such as the *padaria*, *pastelaria*, and *banca de jornal*.

In the first three weeks of each month, students learn vocabulary and practice expressions related to such locations. In the fourth week, we engage students in field activities. Students will be able to order and have an authentic Brazilian experience, eating *pão na chapa*, *pastel*, and more.

Culinary, Arts, and Dance

Graded offers a comprehensive education in the arts from pre-kindergarten through grade 12. Whether the area of interest is music, visual arts, or drama, there is a place for students to explore, develop advanced skills, and gain a lifelong appreciation of the arts. We believe the fine arts are essential to a child's development and that involvement in the arts is a catalyst for skill development in all areas of their learning.

Cheerleading

Grades 2 and 3 - Mondays, 3:40-4:40 pm

Kindergarten and Grade 1 - Wednesdays 3:10-4:10

Grades 4 and 5 - Fridays, 3:40-4:40 pm

Fabio Camargo - fabio.camargo.ext@graded.br

Activity Fee: R\$525/semester

- *Payment to Graded (Tuition)*

Location: LS Covered Court

Minimum/Maximum number of students: 5/20

Join our fun and energetic cheerleading activity!



Designed for lower school students, this program introduces the basics of cheerleading, including simple cheers, chants, and beginner stunts. Our experienced coaches will guide students in developing teamwork, coordination, and school spirit in a supportive and exciting environment. Perfect for building confidence and making new friends, this activity promises a vibrant and active experience for all participants.

Dance Classes with Anacã Studio

Anacã Studio, alexandre.boia@estudioanaca.com.br
<https://estudioanaca.com.br>



@estudioanaca

Hip-hop Dance

PK4, kindergarten, and grade 1 - Wednesdays, 3:10-4:10 pm

Activity Fee: R\$1500/semester

- Direct payment to the external instructor

Location: Dance Studio

Hip-hop draws on the foundations of urban dance, including social and choreographed dances closely tied to music and hip-hop culture. Since its development in the 1970s, hip-hop has incorporated a wide variety of styles, primarily breakdance, locking, and popping. This class introduces students to basic music-listening skills, body awareness, and hip-hop fundamentals. Our classes offer a dynamic blend of physical activity, creativity, and cultural education.

Jazz Dance

PK4, kindergarten, and grade 1 - Fridays, 3:40-4:40 pm

Grades 2, 3, 4, and 5 - Mondays, 3:40-4:40 pm

Activity Fee: R\$1500/semester

- Direct payment to the external instructor

Location: Dance Studio

The jazz dance style has revolutionized the Broadway



stage. It is characterized by swing and uses many of the principles of classical ballet. It originates in Black culture and is influenced by several other styles. Jazz develops motor coordination, spatial awareness, and body expression, and is a great stimulus for the muscles and cardiovascular system.

Classical Ballet

PK4 and kindergarten - Thursdays, 3:40-4:40 pm

Grades 1, 2, and 3 - Tuesdays, 3:40-4:40 pm

Activity Fee: R\$1500/semester

- *Direct payment to the external instructor*

Location: Dance Studio

Ballet classes develop coordination, muscle toning, body awareness, and flexibility. In a ballet class, dancers learn basic exercises and steps and perform simple combinations at slow tempos. Over time, dancers gain technical competency, learn movement principles, and develop skills.



Drawing Club - Kawaii Art Style

Poliana Tassini, politassini@gmail.com

Grades 1, 2, 3, and 4 - Thursdays 3:40-4:40 pm

Activity Fee: R\$2480/semester

- *Direct payment to the external instructor*

Location: AC 22

Drawing is closely linked to the development of emotional and cognitive skills, and in the Drawing Club students strengthen these connections by developing their perception, observation and fine motor skills, exploring different styles, building self-confidence and refining their aesthetic sense.

This semester we will explore the vast universe of Doodle Art in the Drawing Club! Much more than "children's pastime", several studies indicate that the practice of Doodle produces considerable effects on our brain, promoting well-being and reducing anxiety, forming structures that support many other skills, such as



language, focus, attention, memory, creativity, and the ability to think "outside the box."

Students will work with the syntax of visual elements from different Doodle styles, such as point, line, shape, proportion, symmetry, simplicity/complexity, among others, applying the fundamentals of drawing while developing motor skills through a gentle and fun approach. They will also learn to reframe "mistakes" and value their individual progress, creating imaginative compositions without the pressure of being "perfect," expanding their visual repertoire and boosting their creative potential!

Drawing 2 in 1 - Anime & Characters + Doodle Art

Poliana Tassini, poliana.tassini.ext@graded.br

Grades 4 and 5 - Wednesday, 3:10-4:10 pm

Activity Fee: R\$2190 /semester

- *Direct payment to the external instructor*

Location: AC22

Drawing Club is the newest space to develop our drawing skills and relax our minds! Each semester, we'll work on a different theme and style, and this semester, we'll start our club with the playful and adorable drawings of Bobbie Goods! We'll also learn color theory to take our coloring skills to the next level. If you're looking to learn how to draw and color sweet characters, cute decorations, and imaginative worlds, join our Drawing Club this semester!

Diamond Painting

Milena Aguiar - milena.aguiar@graded.br

Grades 1, 2, 3, 4, and 5 - Thursday, 3:40 - 4:40pm

Tuesday, 3:40 - 4:40 pm

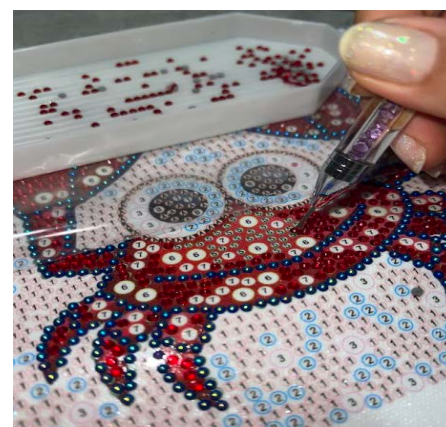
Activity Fee: R\$800/semester (1x/week), R\$ 1200/semester (2x/week)

- *Payment to Graded (Tuition)*

Location: Lower School Art Room

Maximum Number of Students: 15

Diamond Painting is perfect for letting your inner artist



free. Small diamonds, once put together, form a masterpiece. Using a pen, students will add diamonds to their canvas to form a glittering work of art, which they'll take home at the end of the course. We'll start small before tackling a bigger canvas, beginning with stickers and a bookmark. While working, students will listen to an audiobook or music in the background to accompany their hard work. This activity helps with anxiety and stress. It develops fine motor skills and concentration, fostering responsibility, independence, and confidence, ultimately resulting in a work of art for every child. They learn to plan, pace themselves, and give themselves a creative outlet.

Yarn Club

Cris Almeida, cristiane.almeida@graded.br

Grades 3, 4, and 5 - Tuesdays, 3:40-4:40 pm

Activity Fee: R\$525/semester

- Payment to Graded (Tuition)

Location: Third Grade Courtyard

Maximum Number of Students: 10

Students will learn how to finger-weave and identify a range of fiber arts, including crochet, knitting, embroidery, and punch needle.

Little Makers League

Ermeson Santos, ermeson.santos@graded.br

Kindergarten and grades 1 - Thursdays, 3:40-4:40 pm

Activity Fee: R\$ 525/semester (1x/week)

- Payment to Graded (Tuition)

Location: LS Innovation Hub

Maximum Number of Students: 10

Join Mr. Ermeson for fun art projects that repurpose recycled materials. The Little Makers League will help children develop fine motor skills (using hands, muscles, and movement), collaboration skills (working in pairs or groups), and English-language skills. Children will design, problem-solve, and transfer their ideas into a 2D art medium by exploring recycled materials and their potential to become something new, always accompanied by music, dance, laughter, and sharing.



Athletics and Physical Activities

As one of our institution's four pillars, we believe athletics is an integral part of a well-rounded education. Athletic opportunities for lower school students are designed to build skills and sportsmanship. Our athletic community values teamwork, school spirit, and the development of individual skills and self-esteem through training and competition.

Brazilian Jiu-Jitsu

Roberto Pereira Baptista, roberto.pbap@gmail.com

Kindergarten and grades 1, 2, 3, 4, and 5 - Mondays, 3:40-4:40 pm **and/or** Wednesdays, 3:10-4:10 pm **and/or** Fridays, 3:40-4:40 pm

Activity Fee: R\$1750/semester (1x/week), R\$2300/semester (2x/week), and R\$2600 (3x/week)

- *Direct payment to the external instructor*

Location: LS Playground Area

Maximum Number of Students: 22

Brazilian Jiu-Jitsu develops students' self-esteem and self-confidence, teaching them to manage emotions like loss and victory. It improves flexibility and motor coordination, helping the child to acquire body awareness. Discipline, hierarchy, and respect for the opponent are among the values transmitted through the practice of Jiu-Jitsu and applied to life. Mr. Roberto is a third-degree black belt in Jiu-Jitsu, certified by Gold Team BJJ; an instructor for 11 years at Academia Gustavo Borges; head of Macaco Gold Team Morumbi; a personal trainer; and a PE teacher.

Please note that Jiu-Jitsu classes will be held in Portuguese.



Beach Tennis

Eduardo Eche - eduardo.eche.ext@graded.br

Grades 3, 4, and 5 - Tuesdays, 3:40-4:40 pm

Activity Fee: R\$525/semester

- *Payment to Graded (Tuition)*

Location: Sand Court

Maximum number of students: 12

Beach tennis is the fastest-growing beach sport in the world. Practiced in over 70 countries, including Brazil, beach tennis is a combination of beach volleyball, tennis, and badminton played on a sand court. No bounce is allowed, and the scoring is the same as in tennis. Beach tennis lessons are a great way to exercise and socialize. During the lesson, you will learn the basic techniques and shots necessary to play a game.

Gymnastics with Renata Saiga

Renata Saiga, tata_golimpica@yahoo.com.br

Grades 1 and 2 - Tuesdays, 3:40-4:40 pm

Grades 3, 4, and 5 - Mondays, 3:40-4:40 pm

Activity Fee: R\$2250/semester

- *Direct payment to the external instructor*

Location: Gymnastics Room

Renata was a gymnast for many years and also worked as a gymnastics referee. She has worked in clubs and schools specializing in the sport.

In gymnastics, children learn specific basic exercises of the modality, along with psychomotor exercises. This provides a strong foundation for developing body and spatial awareness as well as physical and motor skills (fitness) in a fun and social environment. Come join our classes!



Laban Dance *NEW*

Paula Lopes, yogabykids@gmail.com

PK4, kindergarten, and grades 1 and 2 - Mondays ,
3:40-4:40 pm

Grade: 3, 4, and 5 - Wednesday, 3:10-4:10 pm

Activity Fee: R\$2200/semester

Direct payment to the external instructor

Location: TBD

Based on the principles developed by Rudolf Laban, this activity uses movement as a tool for holistic development. Students explore concepts such as space, time, weight, flow, and direction, enhancing body awareness and expressive abilities.

Through movement games, improvisation, creative exploration, and group activities, students develop motor coordination, creativity, autonomy, spatial awareness, non-verbal communication, imagination, and social interaction. The program also promotes confidence, emotional expression, and respect for individual differences.



Board Games *New*

Paula Lopes, yogabykids@gmail.com

PK4, kindergarten, and grades 1 and 2 -Wednesday ,
3:10-4:10 pm

Grade: 3, 4, and 5 - Thursday , 3:40-4:40 pm

Activity Fee: R\$2200/semester

- *Direct payment to the external instructor*

Location: TBD

This activity uses board games as a structured tool for developing executive functions and socio-emotional skills. Sessions stimulate sustained attention, working memory, planning, organization, logical reasoning, decision-making, problem-solving, and cognitive flexibility.

Beyond cognitive benefits, board games help children learn to follow rules, tolerate frustration, cooperate, negotiate, communicate effectively, and build positive relationships. In an increasingly screen-based world, this activity offers a valuable opportunity for face-to-face interaction and meaningful social engagement.



Yoga

Paula Lopes, yogabykids@gmail.com

PK4, kindergarten, and grades 1 and 2 - Tuesdays, 3:40-4:40 pm

Grade: 3, 4, and 5 - Wednesday, 3:10-4:10 pm

Activity Fee: R\$2200/semester (includes yoga mat)

- *Direct payment to the external instructor*

Location: Dance Studio

Yoga offers numerous benefits for students, including building self-esteem and confidence, improving concentration and focus, enhancing brain function and intellect, helping to manage stress and emotions, promoting a sense of calm and peace, fostering creativity and imagination, and developing balance, flexibility, coordination, and strength.



Little Kickers Soccer

Little Kickers, Gabriel Francisco (Director),

gabriel.francoso@lkfc.com.br

www.lkfc.com.br

PK4 - Mondays, 3:40-4:40 pm, Wednesdays, 3:10-4:10 pm

Kindergarten - Tuesdays and Thursdays, 3:40-4:40 pm

Activity Fee: R\$1500/semester (1x/week) or R\$2625 (2x/week)/semester

- *Direct payment to the external instructor*

Location: LS Field



[@littlekickers_sp](https://www.instagram.com/littlekickers_sp)

The global, multidisciplinary project *Little Kickers: More than Football and English* operates in more than 30 countries and has brought to Brazil a comprehensive, innovative program designed for children. Classes combine the importance of sports practice and pedagogical content, along with incidental interaction with the English language, offering the option of a bilingual approach or 100% English instruction. Two coaches supervise everything in a fun environment to nurture the children's imagination. PK4 students participate in themed classes with games and activities to develop coordination and psychomotor skills.

Kindergarten students are introduced to football fundamentals using a no-pressure method.	
Dodgeball Ney Vieira, neyacvieira@gmail.com Grades 3, 4, and 5 - Thursdays, 3:40-4:40 pm Activity Fee: R\$1360/semester • <i>Direct payment to the external instructor</i> Location: LS Covered Court Maximum number of students: 20 Students will have the opportunity to learn a variety of dodgeball games, including Dr. Dodgeball, Space Invaders, Lineup, Team, Circle, and more.	
Wall Climbing Ney Vieira, neyacvieira@gmail.com Grades 3, 4, and 5 - Wednesdays, 3:10-4:10 pm Activity Fee: R\$1730/semester • <i>Direct payment to the external instructor</i> Location: Wellness Studio Maximum number of students: 20 If your children are climbing furniture or the walls at home, maybe it's time to give rock climbing a try! Indoor climbing and bouldering are great ways to keep children active, and experts recommend that children start climbing indoors in a safe, controlled environment. Our wall-climbing activity will include both belaying (ropes and harness climbing) and bouldering (ropes-free low climbing).	

Fencing (Beginner)

Romilson Costa, romilsoncostadelima@gmail.com

Grades 1, 2, 3, 4, and 5 - Thursdays, 3:40-4:40 pm

Activity Fee: R\$1250/semester (includes equipment)

- *Direct payment to the external instructor*

Location: Lower School Covered Area

Minimum/Maximum Number of Students: 6/20



Romilson is a fencing coach certified by the Brazilian Fencing Confederation. He has experience training athletes who became São Paulo, Brazilian, and Pan American champions.

Fencing is more than a sport; it is a lifestyle and a path to physical and mental self-improvement. The goal of the beginner class is to spark students' interest in fencing, teach the fundamentals using the Esgrima Life Quality methodology, and eventually guide them to the advanced group.

Please note that fencing classes will be conducted in Portuguese.



Fencing (Advanced)

Romilson Costa, romilsoncostadelima@gmail.com

Grades 1, 2, 3, 4, and 5 - Tuesdays, 3:40-4:40 pm

Activity Fee: R\$1600/semester (includes equipment)

- *Direct payment to the external instructor*

Location:

Minimum/Maximum Number of Students: 6/20

The goal of the advanced fencing class is to intensify training and, throughout the semester, prepare students to participate in events and competitions. Students eligible to join the competition group have completed at least two semesters of fencing or have previously practiced the sport at another school or in another country.

Please note that fencing classes will be conducted in



Portuguese.

Sport/Recreation Activities with Rent-a-Pro

Rent-a-Pro, nino@rentapro.com.br
<https://www.rentapro.com.br>



@rentapro

Roller Skating

Grades 1 and 2 - Mondays, 3:40-4:40 pm

Grades 3, 4, and 5 - Tuesdays, 3:40-4:40 pm

Activity Fee: R\$1265/semester

- *Direct payment to the external instructor*

Location: LS Covered Court

Students must bring their own roller skates/rollerblades and a helmet.

Roller skating stimulates concentration, coordination, and balance. It is a practical sport, as it may be done in small environments. Students will prepare presentations that may be integrated into school performances.

Judo

PK4 and Kindergarten - Thursdays, 3:40-4:40 pm

Grades 1,2, 3, 4, and 5 - Tuesdays, 3:40-4:40 pm

Activity Fee: R\$1265/semester

- *Direct payment to the external instructor*

Location: LS Covered Court

Students will learn the fundamentals of Judo as a martial art that enhances motor skills, body awareness, and discipline.

Please note that Judo classes will be held in Portuguese.



Gymnastics

PK4 and kindergarten - Wednesdays, 3:10-4:10 pm

Grades 1 and 2 - Thursdays, 3:40-4:40 pm

Activity Fee: R\$1265/semester

- *Direct payment to the external instructor*

Location: LS Gymnastics Room

Students will practice gymnastics skills on the floor, balance beam, vault, and mini-trampoline, enhancing their flexibility, strength, and body awareness.

Please note that gymnastics classes will be held in Portuguese.

Swimming

Kindergarten and grade 1 - Mondays, 3:40-4:40 pm

Grades 2 and 3 - Wednesdays, 3:10-4:10 pm **and/or**
Fridays, 3:40-4:40 pm

Activity Fee: R\$1265/semester

R\$2400/semester (2x/week)

- *Direct payment to the external instructor*

Location: Swimming Pool

Maximum number of students: 18

The Rent-a-Pro/Graded after-school swimming activity focuses on building skills one step at a time. By allowing students to master one element before moving on to the next, these swim classes make it easy to build confidence in the water. During the semester, children will spend time on the following skills and levels:

- **Stroke Development:** Additional guided practice will help students improve their skills.
- **Stroke Improvement:** Students will gain confidence during swim lessons, refine their stroke technique, and develop additional aquatic skills.

Important note for kindergarten and grade 1

swimming: We ask that parents help prepare and practice the swimming changing room process to help students gain confidence and independence.



Circus

PK4 and kindergarten - Wednesdays, 3:10-4:10 pm

Grades 1 and 2 - Mondays, 3:40-4:40 pm

Activity Fee: R\$1265

- *Direct payment to the external instructor*

Location: Eagles Nest

Through a didactic and playful sequence, students will learn simple performance techniques, including acrobatics with ropes, aerial acrobatics, handstands, plate spinning, and juggling with balls and wipes. The sequence develops the student's body language and explores the creative characteristics of circus skills beyond flexibility, manipulation, hand-eye coordination, and concentration.

Please note that Circus classes will be held in Portuguese.

Taekwondo

Kindergarten and grades 1, 2, 3, 4, and 5 - Tuesdays, 3:40-4:40 pm

Activity Fee: R\$1265/semester

- *Direct payment to the external instructor*

Location: LS Playground Area

Through martial arts, students develop a range of physical and cognitive skills, such as motor coordination, memory, attention, imagination, self-control, self-confidence, concentration, and respect. Practicing taekwondo in the school environment prepares students to become more agile and better equipped to face everyday challenges.

Capoeira

Marcos Priviatti, marcos_priviatti@hotmail.com

PK4, kindergarten, and grades 1, 2, 3, 4, and 5 -

Wednesdays, 3:10-4:10 pm

Activity Fee: R\$1400/semester

- *Direct payment to the external instructor*

Location: LS Covered Court



Capoeira is a globally recognized symbol of Brazilian culture. It combines sport, art, fighting, dance, popular culture, and music. It is characterized by agile and complex movements involving feet, hands, and stunt elements. This activity offers Graded students the opportunity to learn and practice capoeira as both a physical and cultural practice, thereby deepening their knowledge of Brazilian history and art. Capoeira practice will contribute to children's physical, cognitive, affective, and social development, while also fostering musicality and historical understanding of the various cultural manifestations.

Please note that Capoeira classes will be held in Portuguese.

Karate

Roberto de Souza Pacheco,
robertopachecokarate@gmail.com

PK4, kindergarten, and grades 1, 2, 3, 4, and 5 - Fridays,
 3:40-4:40 pm

Activity Fee: R\$1350/semester

- *Direct payment to the external instructor*

Location: Wellness Studio

Karate-do is an efficient and effective Japanese martial art and self-defense system that teaches students to apply its principles to all areas of life. Students learn to use their whole bodies to protect themselves and, when necessary, to counterattack. Classes are practical and playful, helping students develop skills through the traditional elements of karate-do: *kihon*, *kata*, and *kumite*. Assessment takes place daily and includes physical, motor, and cognitive tests.

The class is taught by Mr. Roberto, a 4th-degree black belt *Karate-do* instructor certified by WKF. He has 24 years of experience, has taught at Dojo Roberto Pacheco Karate, is the head of Roberto Pacheco Karate, and is also a PE teacher, exercise physiology specialist, higher education



teaching specialist, school management specialist, personal trainer, and competitive fighter.

Please note that *Karate-do* classes will be held in Portuguese and Japanese.

Flag Football *NEW*

Rafael Belleza, rafael@caniballs.com.br

Grades 4, and 5 - Fridays, 3:40-4:40 pm

Activity Fee: R\$720

- *Direct payment to the external instructor*

The Flag Football program at Graded offers Flag Football classes to students focused on fun, learning, and the development of competitive teams. Training sessions will be structured to serve beginners, who will learn the basic fundamentals of the sport, as well as more advanced students, who will deepen their technical, tactical, and strategic knowledge of Flag Football. Our goal is to build Graded Flag Football teams prepared to compete in school competitions and official tournaments, such as the NFL Flag School Program.



Skateboarding

Roberto Maçaneiro, betosports@hotmail.com

Grades 3, 4, and 5 - Fridays, 3:40-4:40 pm

Activity Fee: R\$1950/semester

- *Direct payment to the external instructor*

Location: Bus Parking Lot

Maximum number of students: 20

Students must bring their own skateboard and a helmet

Skateboarding is a powerful educational sports activity for the school's extracurricular program. Far beyond helping students develop motor coordination, endurance, balance, agility, skills and body control, It promotes a strong sense of community, social development, and helps students interact, support each other, and respect different levels of ability. It teaches perseverance, courage, resilience, and helps students face their fears. It introduces students to skateboarding culture and encourages creativity, playfulness, and self-expression.



Skateboarding is fun, accessible, inclusive, and educational! Let's ride with us!

Please note that skateboarding classes will be held in both Portuguese and English.



LS EAGLETS ATHLETICS PROGRAM & TENNIS ACADEMY

Sports: Soccer, basketball, swimming, tennis, volleyball, and track & field.

Eligibility: Soccer (grades 1-5), tennis (PK4-grade 5), basketball (grades 1-5), swimming (grades 4-5), track & field (grades 3-5), volleyball (grades 4-5). For safety and quality assurance, there will be a maximum number of students per team.

Description: Strong focus on developing skills with both coed and single-gender practices. Eaglets will participate in interscholastic games/festivals at the end of the semester.

Uniforms: Students are expected to wear appropriate sports clothing and footwear to all practices.

Costs:

Eaglets Soccer

Activity Fee: R\$700/semester (1x/week), R\$1050/semester (2x/week)

Eaglets Basketball

Activity Fee: R\$700/semester (1x/week), R\$1050/semester (2x/week)

Eaglets Tennis

Activity Fee: R\$700/semester (1x/week), R\$1050/semester (2x/week)

Eaglets Swimming

Activity Fee: R\$525/semester (1x/week), R\$875/semester (2x/week)

Track and Field, Volleyball, and Cheerleading

Activity Fee: R\$525/semester (1x/week) R\$875/semester (2x/week)

Team	Practice Times	First Practice
Grade 1 Eaglets Soccer Boys	Tuesdays and Thursdays 3:40-4:40 pm	Tuesday, August 18 Field A
Grade 2 Eaglets Soccer Boys	Tuesdays and Thursdays 3:40-4:40 pm	Tuesday, August 18 Field A
Grade 3 Eaglets Soccer Boys	Tuesdays and Thursdays 3:40-4:40 pm	Tuesday, August 18 Field A
Grades 4-5 Eaglets Soccer Boys	Mondays , 3:40-4:40 pm Wednesdays , 3:10-4:10 pm	Monday, August 17 Field A/B
Grades 1-5 Eaglets Soccer Girls	Mondays 3:40-4:40 pm Wednesdays 3:10-4:10 pm	Monday, August 17 Field A/B
Grades 4-5 Eaglets Swimming Boys and Girls	Tuesdays and Thursdays 3:40-4:40 pm <i>*Please check the minimum requirements at the bottom of this table</i>	Tuesday, August 18 Swimming Pool
PK4 and kindergarten Graded Tennis Academy Boys and Girls	Mondays 3:40-4:40 pm	Monday, August 17 Tennis Courts
Grades 1 and 2 Graded Tennis Academy Boys and Girls	Tuesdays and Thursdays 3:40-4:40 pm	Tuesday, August 18 Tennis Courts
Grades 3, 4, and 5 Graded Tennis Academy Boys and Girls	Wednesdays 3:10-4:10 pm Fridays 3:40-4:40 pm	Wednesday, August 19 Tennis Courts
Grades 3, 4, and 5 Beach Tennis Boys and Girls	Tuesdays 3:40-4:40 pm	Tuesday, August 18 Beach Court
Grades 4 and 5 Eaglets Volleyball Boys and Girls	Mondays 3:40-4:40 pm	Monday, August 17 Athletics Center
Grades 3, 4, and 5 Eaglets Track & Field Boys and Girls	Thursdays 3:40-4:40 pm	Thursdays , August 20 Track
Grades 2 and 3 Eaglets Cheerleading Boys and Girls	Mondays 3:40-4:40 pm	Monday, August 17 LS Gym

Grades 4 and 5 Eaglets Cheerleading Boys and Girls	Wednesdays 3:10-4:10 pm Fridays 3:40-4:40 pm	Tuesday, August 18 LS Gym
Grades 2 and 3 Basketball Boys and Girls	Fridays 3:40-4:40 pm	Friday, August 21 LS Gym
Grades 4 and 5 Eaglets Basketball Boys	Tuesdays and Thursdays 3:40-4:40 pm	Tuesday, August 18 LS Gym
Grades 4 and 5 Eaglets Basketball Girls	Tuesdays and Thursdays 3:40-4:40 pm	Tuesday, August 18 LS Gym
Graded Tennis Academy Grades 1-12	Saturday Mornings *Additional Payment Required	Saturday, August 22 Rooftop Tennis Courts

Please note that to participate in the **Eaglets Swim Team**, students must already be able to swim at least two different strokes for a minimum of 50m. For the **Rent-a-Pro Swim Activity**, students must be able to swim a minimum of 25m using two different strokes.