




# August 2026

Offered Daily: 1/2 pint Milk:  
1% Unflavored (12), Chocolate FF (19) or Strawberry FF (19)

# Iredell Statesville Schools: Elementary Breakfast

**\*\*Menu subject to change\*\***

(~carb counts)

 <h2 style="text-align: center;">Welcome Back</h2>	<p>Strawberry Pancake (39) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>12</b></p>	<p>Sausage Biscuit (25) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>13</b></p>	<p>Honey Bun (35) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>14</b></p>	
<p>Chicken Biscuit (34) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>17</b></p>	<p>Donut Holes in a Cup (42) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>18</b></p>	<p>Blueberry Muffin (38) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>19</b></p>	<p>Cinnamon French Toast (36) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>20</b></p>	<p>Pancake and Sausage Bites (20) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>21</b></p>
<p>Apple Strudel (38) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>24</b></p>	<p>Breakfast Pizza (21) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>25</b></p>	<p>Dunkin Sticks (48) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>26</b></p>	<p>Sausage Biscuit (25) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>27</b></p>	<p>Confetti Pancake (36) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>28</b></p>
<p>Berry Bread (45) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)</p> <p style="text-align: right;"><b>31</b></p>	 <h2 style="font-size: 2em;">Eat Well. Learn Well. Grow Well.</h2> 			

Carbohydrate counts for fresh fruit vary widely (5–26) depending on the selection. For exact carbohydrate information, please contact the cafeteria manager.

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