



Wednesday, May 27, 2026

2026-2027 Department Plan Template

Department Name

SWSS/THRIVE: School Mental Health

Planning Period

2026-2027

Department Head

Lara Choulakian

Department Organizational Chart



THRIVE org chart 5.18.26.pdf

Prior Year Reflections

Accomplishments in 2026-2027 include:

[{"Accomplishment": "Goal #1 met"}, {"Accomplishment": "Goal #2 met"}]

Next Steps/Continued Actions for 2026-2027:

Increase access to MHS

Generate CYBHI revenue

Increase crisis training

2026-2027 Department Goals & Priorities

Goals aligned to LCAP, Strategic Plan, and student outcomes.

Goal 1

LCAP Alignment

Stratic Pillar Alignment:

Data Source(s)

Data Driven Decision

How will you know if you met your goal (success indicators)?

By June 2027, increase the number of students receiving school-based mental health services by 25% across prioritized school sites through optimizing existing service delivery and strengthening referral pathways.

Goal 3: Learning Environment

Pillar 3: Quality Learning Environment

THRIVE referral tracking system; Exym electronic health records system

Baseline Data for Goal #1	Expected Outcome	Timeline
As of 5/27/26, 274 new referrals were received for SY 25-26. As of 5/27/26, 482 students were serviced in SY 25-26.	Increased utilization of school mental health services through strengthened referral pathways and optimized service delivery resulting in increased student support.	School year 26-27

We will know our goal was successfully met if we have an increased number of students receiving mental health services in comparison to 25-26.
Increased coordination and collaboration between school site staff and mental health providers.
Positive feedback from school site staff regarding clarity and effectiveness of referral and support systems.
More consistent service utilization across prioritized school sites based on student need.

Strategies and Actions

Strategy/Action	Responsible Person	Timeline	Resources Needed
Increased number of school sites and increased number of students will have access to services with the expansion of the THRIVE team. School Crisis Counselors will be able to travel to different school sites to provide services to Eaton fire impacted and trauma exposed students.	Lara Choulakian/THRIVE clinicians	26-27 school year	Confidential, available space to conduct mental health sessions on school sites
Provide ongoing training and coaching to school site staff on referral procedures and tiered mental health supports	THRIVE staff/clinicians	August and September 2026	
Strengthen collaboration with school site administrators, counselors, and support staff to improve identification and referral of students	THRIVE staff/clinician	SY 26-27	

Strategy/Action	Responsible Person	Timeline	Resources Needed
Provide targeted support and consultation to sites with lower referral engagement or service utilization	THRIVE staff/clinicians	SY 26-27	

Department Goal #2

Goal 2

Increase department reimbursement/revenue by 15% during the 2026–2027 school year through billing and reimbursement through the CYBHI fee schedule.

LCAP Alignment

Goal 3: Learning Environment

Stratic Pillar Alignment:

Pillar 3: Quality Learning Environment

Pillar 4: Organizational Effectiveness

Data Source(s)

Data from two electronic health records systems; Exym and Paradigm.

Data Driven Decision

Baseline Data for Goal #2	Expected Outcome	Timeline
Revenue thus far from Nov 2025-June 2026. Data not yet available.	Increased reimbursement revenue to support and sustain school mental health services. Expanded revenue generation through successful implementation of CYBHI reimbursement processes.	School year 26-27

How will you know if you met your goal (success indicators)?

Achieved a 15% increase in department reimbursement/revenue during the 2026–2027 school year.
 Increased number of eligible services successfully billed through the CYBHI fee schedule.
 Increased staff knowledge and compliance related to CYBHI billing procedures.
 Improved tracking and monitoring of reimbursement data and revenue trends.

Improved billing accuracy, submission rates, and reimbursement collection processes.

Strategies and Actions

Strategy/Action	Responsible Person	Timeline	Resources Needed
Strengthen development and implementation of standardized CYBHI billing and documentation procedures	Lara Choulakian, Erica Villalpando, Ria Apodaca	School year 26-27	
Provide staff training on CYBHI eligibility, billing requirements, and compliant documentation practices	Lara Choulakian	School year 26-27	
Monitor billing data regularly to identify trends, denials, and opportunities for improvement	Lara Choulakian	School year 26-27	
Increase utilization of eligible billable services across supported school sites	Lara Choulakian	School year 26-27	

Department Goal #3

Goal 3

By June 2027, increase participation of school site mental health crisis teams in mental health crisis management and risk assessment protocol trainings by ensuring that 95% of designated crisis team members across all school sites complete at least one district-approved training session during the 2026–2027 school year.

LCAP Alignment

Goal 2: Well Trained and Respected Employees

Goal 3: Learning Environment

Stratic Pillar Alignment:

Pillar 2: Outstanding and Respected Employees

Pillar 3: Quality Learning Environment

Pillar 4: Organizational Effectiveness

Data Source(s)

THRIVE data tracking of school sites trained

Data Driven Decision

Baseline Data for Goal #3	Expected Outcome	Timeline
4 teams were trained or received refreshers in 25-26	Increased staff preparedness and confidence in responding to student mental health crises	SY 26-27

How will you know if you met your goal (success indicators)?

Increased number or percentage of crisis team members completing trainings.
Increased number of school sites represented in trainings.
Increased consistency and compliance with crisis response protocols.

Strategies and Actions

Strategy/Action	Responsible Person	Timeline	Resources Needed
Schedule recurring crisis management and risk assessment trainings throughout the school year	Lara Choulakian, Luisana Marquez, Edith Ballard	SY 26-27	
Provide refresher trainings and updated protocol guidance	Lara Choulakian, Luisana Marquez, Edith Ballard	SY 26-27	

Strategy/Action	Responsible Person	Timeline	Resources Needed
Monitor participation data and follow up with sites needing additional training/support	Lara Choulakian	SY 26-27	

Department Goal #4