

Exhibit 5141.75-E(1): Weather Safety

Status: ADOPTED

Original Adopted Date: 06/24/2026 | **Last Reviewed Date:** 06/24/2026

HEATRISK ACTIVITY DECISION MATRICES

These HeatRisk Activity Decision Matrices provide role-specific guidance for implementing the District's Extreme Heat Safety and Outdoor Activity Guidelines. Staff shall use the National Weather Service (NWS) HeatRisk Forecast as the primary decision-making tool when planning, supervising, modifying, relocating, or canceling outdoor activities.

The Superintendent or designee may implement additional restrictions whenever conditions present an imminent risk to the health, safety, or well-being of students, staff, or visitors.

NWS HeatRisk Forecast: <https://www.wpc.ncep.noaa.gov/heatrisk/>

Quick Reference Summary

Staff Group	Level 0-1	Level 2	Level 3	Level 4
Yard Duty Staff	Normal supervision	More hydration and shade	Reduce vigorous play	Follow indoor/restricted recess procedures
Classroom Teachers	Outdoor activities allowed	Modify activities	Move strenuous activities indoors	Relocate or cancel outdoor activities
MPAS/Extended Learning	Normal activities	Reduce intensity	Significant modifications	Relocate or cancel strenuous activities
PE Teachers/Athletics	Normal activities	Reduce intensity and duration	Eliminate conditioning and move indoors when feasible	Cancel or relocate all strenuous outdoor activities

Yard Duty Staff

This matrix applies to:

- Yard Duty
- Lunch Monitors

Responsibilities:

- Monitor students for signs of heat illness.
- Encourage hydration throughout recess and lunch periods.
- Direct students to shaded areas when necessary.
- Notify administration or the health office of any concerns.
- Request immediate assistance when a student exhibits symptoms of heat illness.

HeatRisk Level	Required Action
Green – 0 (Little Risk)	• Normal outdoor supervision. • Encourage hydration.
Yellow – 1 (Minor Risk)	• Encourage students to drink water. • Monitor for signs of heat discomfort.
Orange – 2 (Moderate Risk)	• Encourage frequent water breaks. • Promote use of shaded areas. • Limit highly vigorous student-led activities when practical.
Red – 3 (Major Risk)	• Encourage students to remain in shaded areas. • Reduce vigorous running and physically demanding games. • Notify administration if students appear distressed by heat.
Magenta – 4 (Extreme Risk)	• Follow administrator direction regarding modified recess schedules, indoor recess, or restricted outdoor activities. • Encourage students to remain in shaded areas at all times.

Classroom Teachers

This matrix applies to:

- Classroom Teachers
- Intervention Teachers
- Resource Teachers
- Specialists conducting outdoor instruction

Responsibilities:

- Ensure students have access to water.
- Monitor students for heat-related symptoms.
- Utilize indoor alternatives when appropriate.
- Follow administrator directives regarding outdoor activities.
- Report heat-related incidents immediately.

HeatRisk Level	Required Action
Green – 0 (Little Risk)	• Outdoor activities may proceed as planned.
Yellow – 1 (Minor Risk)	• Encourage hydration and provide periodic rest breaks.
Orange – 2 (Moderate Risk)	• Increase water breaks. • Reduce strenuous activities. • Utilize shaded areas whenever available.
Red – 3 (Major Risk)	• Move strenuous activities indoors whenever feasible. • Consider indoor alternatives for outdoor instruction and activities.
Magenta – 4 (Extreme Risk)	• Cancel or relocate outdoor activities to indoor spaces. • Conduct only low-exertion activities if outdoor access is necessary.

MPAS Programs and ELO-P Staff

This matrix applies to:

- Mt. Pleasant After School (MPAS) Program Staff
- Expanded Learning Opportunities Program (ELO-P) Staff

Responsibilities:

- Review HeatRisk information provided by the site.
- Ensure continuous access to drinking water.
- Provide recovery periods in shaded or cooled locations.
- Monitor participants for signs of heat illness.
- Coordinate activity modifications with administration.

HeatRisk Level	Required Action
Green – 0 (Little Risk)	• Activities may proceed as scheduled.
Yellow – 1 (Minor Risk)	• Increase hydration opportunities and monitor students closely.
Orange – 2 (Moderate Risk)	• Increase water and recovery breaks. • Reduce activity intensity and duration as appropriate. • Utilize shaded areas whenever possible.
Red – 3 (Major Risk)	• Significant modifications required. • Move strenuous activities indoors whenever feasible. • Reduce physical exertion and increase cooling periods.
Magenta – 4 (Extreme Risk)	• Cancel or relocate strenuous outdoor activities. • Utilize indoor facilities or alternative activities.

PE Teachers and After-School Sports Coordinators

This matrix applies to:

- Physical Education (PE) Teachers
- Coaches

Responsibilities:

- Review the NWS HeatRisk Forecast prior to activities.
- Ensure unrestricted access to water.
- Provide scheduled hydration opportunities.
- Utilize shade and cooling areas during breaks.
- Modify activities when students exhibit signs of heat stress.
- Follow all site and district heat safety directives.

Because these activities often involve moderate to vigorous physical exertion, additional precautions are required during elevated HeatRisk conditions.

Students shall be monitored for:

- Excessive fatigue
- Dizziness

- Headache
- Nausea
- Muscle cramps
- Excessive sweating
- Altered behavior or confusion

Any student displaying symptoms of heat illness shall be removed from activity immediately and evaluated according to district health procedures.

Emergency Response:

1. If a student exhibits signs of heat stroke, including confusion, collapse, loss of consciousness, seizures, or other serious symptoms, call 911 immediately.
2. Begin rapid cooling measures.
3. Notify the site administrator and health office.
4. Contact the parent/guardian as soon as possible.
5. Do not delay emergency medical treatment.

Additional Athletic Restrictions:

The Athletic Coordinator, Site Administrator, Superintendent, or designee may impose additional restrictions, postpone events, relocate activities, or cancel practices whenever conditions are deemed unsafe, regardless of the HeatRisk level.

Student and staff safety shall take precedence over practice schedules, competitions, and program activities.

HeatRisk Level	Required Action (PE)	Required Action (After School)
Green – 0 (Little Risk)	• Activities may proceed as planned. • Encourage hydration.	• Activities may proceed as planned. • Encourage hydration and routine breaks.
Yellow – 1 (Minor Risk)	• Activities may continue. • Schedule hydration breaks and monitor students.	• Activities may continue. • Increase hydration opportunities and monitor participants closely.
Orange – 2 (Moderate Risk)	• Modify activities as needed. • Reduce prolonged vigorous activity. • Increase water and shade breaks.	• Reduce intensity and duration of practices. • Increase recovery periods. Utilize shaded areas whenever possible.
Red – 3 (Major Risk)	• Move vigorous activities indoors whenever feasible. • Substitute low- to moderate-intensity activities. • Increase hydration and recovery periods.	• Significant modifications required. • Eliminate conditioning drills, endurance training, prolonged running, and high-intensity activities. • Relocate activities indoors whenever feasible.
Magenta – 4 (Extreme Risk)	• Cancel or relocate outdoor PE activities. • Conduct indoor instructional	• Cancel or relocate all strenuous outdoor athletic activities.

	activities in cooled environments.	• No conditioning, endurance training, scrimmages, or competitions outdoors. • Reschedule or move activities indoors.
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Policy Reference Disclaimer:

These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the Governing Board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

State

Ed. Code 33355

Description

[Creation of guidelines regarding weather protocols for extreme weather conditions](#)

Management Resources

Description

CA Department of Education

[Guideline for Local Educational Agencies on Developing Weather Safety Protocols Pursuant to California Education Code 33355](#)

CA Department of Public Health

[Health Guidance for Schools on Sports and Strenuous Activities During Extreme Heat](#)

National Weather Service

[NWS HeatRisk](#)