



# Jackson Public Schools

## Office of the Superintendent

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### **Reproductive Health & Family Planning**

*Revised June 2026*

#### Notification to Parents/Guardians:

The Jackson Public Schools Board of Education has adopted a comprehensive Health Education Program which includes age-appropriate Sexual Health Education and HIV/AIDS education. An outline of the topics covered at each grade level, along with a link to review the curriculum materials, is included with this letter.

In compliance with Michigan law and our commitment to maintaining open communication with parents and the community, the Board has made the curriculum and instructional materials available for review by parents, guardians, and interested community members. If you would like to review any or all of the instructional materials, please contact Kelly Crum, Executive Director of School Climate & Curriculum, at 517-841-2145.

Your child is required to participate in Health Education; however, Michigan law allows parents and guardians to excuse their child from instruction related to sex education, reproductive health, family planning, and HIV/AIDS education. Jackson Public Schools will honor a parent or guardian's decision to opt their child out of these specific lessons for either the current school year or for all remaining K-12 school years while enrolled in Jackson Public Schools, as indicated on the attached opt-out form

We encourage you to review the curriculum and instructional materials before making your decision. If you choose to have your child excused from any portion of this instruction, please complete and return the attached opt-out form to your child's school so that appropriate alternative educational activities can be provided during the scheduled instructional time.

Sincerely,

Jeremy Patterson, Superintendent



*Revised June 2026*

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**Only fill this portion out if you DO NOT want your student to participate in the  
Reproductive Health & Family Planning instruction.**

Please excuse my child from the classes in which the following subject(s) are presented or discussed:

**Choose one of the following:**

- ☐ I DO NOT want my student to participate in this instruction for this school year only
- ☐ I DO NOT want my student to participate in this instruction for all K-12 school years.

\_\_\_\_\_  
Student Name

\_\_\_\_\_  
School

\_\_\_\_\_  
Current Grade

\_\_\_\_\_  
Parent/Guardian

\_\_\_\_\_  
Date

**Jackson Public Schools**  
**Sexuality and HIV/AIDS Education**  
**Grade/Course Description and Curriculum Content**

| <b>Grade</b> | <b>Content</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| K – 3        | No Sexuality, Reproductive Health, HIV/AIDS curriculum is taught                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 4 – 6        | <p>Sexuality/Reproductive Health Curriculum – Abstinence Only</p> <p>Puberty, The Wonder Years Curriculum (<i>Board adoption on 1/13/2003, updated 2017</i>)</p> <p>link to curriculum:<br/> <a href="https://pubertycurriculum.com/curriculum/">https://pubertycurriculum.com/curriculum/</a></p> <ul style="list-style-type: none"> <li>• Social and Emotional Changes</li> <li>• Puberty: Male/Female Reproductive Systems</li> <li>• How my Body Works/Personal hygiene and Healthy Habits</li> <li>• Self-Confidence/Respecting Yourself and Others</li> </ul> <p>Michigan Model: HIV/AIDS Education Lesson Plans</p>                                                                             |
| 7 – 8        | <p>Sexuality/Reproductive Health Curriculum – Abstinence Based</p> <p>7<sup>th</sup> Grade – Safer Choices I Curriculum (<i>implemented 2002/03</i>)</p> <p>8<sup>th</sup> Grade – Safer Choices II Curriculum (<i>implemented 2002/03</i>)</p> <ul style="list-style-type: none"> <li>• Abstinence/Benefits of Abstaining from Sex</li> <li>• Peer Pressure/Practicing Refusal Skills</li> <li>• Unplanned Pregnancy, HIV/AIDS and STD Prevention</li> <li>• Contraception/Condom Discussion</li> <li>• Emotional, Economic, and Legal Consequences of Sex</li> </ul>                                                                                                                                 |
| 9 – 12       | <p>Sexuality/Reproductive Health Curriculum – Abstinence Based</p> <p>Michigan Model – Healthy &amp; Responsible Relationships: HIV, Other STI's and Pregnancy Prevention</p> <p>link to curriculum:<br/> <a href="https://www.michiganmodelforhealth.org/curriculum/core-components">https://www.michiganmodelforhealth.org/curriculum/core-components</a></p> <ul style="list-style-type: none"> <li>• Building Healthy Relationships/Responding to Peer Pressure</li> <li>• Facts About HIV/STDs/STIs</li> <li>• Know the Risks...Including the Law</li> <li>• Reducing the Risks: Condom Use/Contraception</li> <li>• How to Prevent Pregnancy/The Cost of Pregnancy and Teen Parenting</li> </ul> |