

chartwells
serving up happy & healthy

What's on the menu?

SECONDARY LUNCH - September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Baja Beef Rice Bowl ³¹ Mixed Vegetable Medley Dinner Roll	Spaghetti with Italian inspired meat sauce ¹ Local Savory Green Beans Breadstick	 Hawaiian Pineapple Rotisserie Chicken Rhody Stir Fry ² (Local Peppers, Onion, Broccoli) Biscuit	Picadillo & Cubano Arroz con Frijoles Negro ³ (Caribbean beef hash, Cuban style black beans & rice) Cilantro Slaw	Baked Macaroni & Cheese with Popcorn Chicken or Pork Carnitas ⁴ Cinnamon Roasted Sweet Potatoes Breadstick
 NO SCHOOL ⁷	NO SCHOOL ⁸	 Local Monkfish Patty ⁹ With a Chipotle Aioli Caribbean Coleslaw Local House made Cornbread	 Slow Cooked Turkey Barbacoa TOTchos ¹⁰ Pico de Gallo Mexican Style Pinto Beans	Albondigas con Arroz ¹¹ (Mexican style chicken meatballs, cilantro lime rice, peas & carrots) Cilantro Slaw
 Sweet & Sour Popcorn Chicken ¹⁴ Brown Rice Local Roasted Green beans & Carrots	Bean Tostada ¹⁵ Pico de Gallo Elotes Style Corn w/ chili	Korean inspired Bibimbap Bowl ¹⁶ (brown rice, Veggies, Sesame, BBQ Sauce) 	Popcorn Chicken or Fish Po Boy ¹⁷ Confetti Coleslaw	 Pasta Bar ¹⁸ WG Pasta Diced Chicken or Chicken Meatballs Creamy Alfredo or Italian Marinara Local Roasted Broccoli & Sautéed Peppers Breadsticks
 Chicken Wing Bar ²¹ Buffalo, Jamaican Jerk or Teriyaki Local Roasted Green beans Local House made Cornbread	 General Tso's Chicken Stir Fry ²² Brown Rice Local Roasted Orange Ginger Cauliflower	 Southwest Baja Bean Tacos ²³ Pico de Gallo Shredded Cheddar Sour Cream Local Mexicali Style Corn	 Monkfish Sliders ²⁴ Chipotle Mayo Caribbean Coleslaw	Roasted Jamaican Jerk Chicken ²⁵ Mango Chutney Roasted Pineapple Cilantro Lime Brown Rice
 Chicken & Vegetable Dumplings ²⁸ Local Roasted Orange Ginger Cauliflower	 BBQ Chicken Thighs ²⁹ Local House made Cornbread Local Cucumber & Tomato Salad	Turkey Dan Dan Noodles ³⁰ Roasted Broccoli	Chicken Gyro Flatbread ¹	 Loaded Local Fries ² BBQ Pulled Pork Buttermilk Coleslaw Garlic Bread



grilled



ON THE GO

extra extra

Cheese & Pepperoni
Pizza
Specialty Pizza

Cheeseburgers,
Specialty Burgers
Chicken Patty, Spicy
Chicken Patty, Chicken
Nuggets or Tenders,
Paninis, Specialty
toasted sandwiches

Veggie Burgers, Grilled
Cheese

Sandwiches, Wraps,
Salads, Yogurt Parfaits,
and Smoothies

A Variety of Fruit,
Vegetables, or Salads
(Fresh, Local, or
Canned)

If you have a food allergy or intolerance, please notify us.



Vegetarian



Locally Grown

This institution is an equal opportunity provider.

chartwells
serving up happy & healthy