

Dear Parents and Guardians,

As we prepare for the football season, we want to ensure our players are fully equipped and prepared for a safe, successful year. Below is the list of required gear and documentation your child will need to participate.

Required Documentation (Due before first practice)

- Completed athletic physical form signed by physician
- Signed permission form
- Signed Concussion form

Once completed, log into final forms and upload there.

Equipment needed

- Girdle that includes hip, thigh, tailbone, and knee pads.
- Cleats (No metal spikes)
- Water bottle (clear water bottle)
- Practice pants (optional)

Please ensure all personal gear is labeled with your child's name. Guinyard Butler will provide the rest of the essentials. Continue to look for information on parent square and GBMS website for information going forward. Thank you for your support, and let's get ready for the upcoming season.

Best regards

Coach Hammonds