

Wellness Committee Meeting Agenda

April 16, 2026 3:00- 4:00 p.m.

Revised

1. Call to Order

- Welcome
- Review of the agenda

2. Approval of minutes from March 5, 2026 meeting:

- Review and approval of the minutes from the last wellness committee meeting

3. Wellness Grant Opportunities: 2026/2027:

- Food Services - PA Hunger Action Coalition (PHAC) - application submitted
- Food Services - USDA Fresh Fruit and Vegetable Program (James Gettys) - application pending
- Food Services - GENYouth Wellness Equipment Grant (Lincoln ES) - awarded
- Food Services - Highmark Foundation - Nutrition Grant - application submitted

4. Committee Member Reports/Discussion:

Committee members provide an update on any relevant Wellness information or concerns in your department/area.

5. Spring Health and Wellness Goals/Events:

- Wednesday, March 25, 2026. 6:30 p.m. in the GAHS Auditorium. Free Community Event: **Keeping Kids Safe from Hidden Digital Dangers.**
- Tuesday, April 14, 2026 from 5-7:00 p.m. in the GAHS Cafe Free Student and Staff Event: **"Healthful Habits"** - Food Services Demo Cooking and Sampling. GASD and Community partners: Food Services Wellness Team, Giant Foods, Kegels Produce, Swiss Dairy, and Alternate Dairy Princess Abby Brown
- **Field Day** - 4/22
- **Girls on the Run 5K** - 4/26

6. Development/Initiatives/Goals for SY 26/27

- Upcoming Triennial Review
- GASD Wellness Policy/AR Review
- Food Service Allergy Training
- Focus on staff Wellness - Professional Development Days
- New grant opportunities
- Community partner outreach/support
- Next Warrior Wellness event suggestions

***Wellness Committee Meeting Dates for 26-27 SY: TBA - August 2026**