No. 5620
SECTION: STUDENTS
TITLE: DISTRICT WIDE WELLNESS POLICY

ADOPTED: 5/15/06
READOPTED: 6/18/07;6/21/ll;l/29/14;
11/15/16;9/17/19;6/21/22;
5/19/26
REVISED: 11/20/18

OXFORD AREA SCHOOL DISTRICT

The Oxford Area School District is committed to providing a school environment that enhances learning and development of life-long wellness practices. Oxford Area School District recognizes that student wellness and proper nutrition are related to students' physical well-being, growth, development and readiness to learn. The Board is committed to providing a school environment that promotes student wellness, proper nutrition, nutrition education and promotion and regular physical activity as art of the total learning experience.

The Superintendent or designee shall be responsible to monitor each of the district's schools, programs and curriculum to ensure compliance with this policy, related policies and established guidelines or administrative regulations. A Wellness Committee will be appointed to review the policy and make recommendations consistent with Federal and State laws. Each building principal or designee shall report to the Superintendent or designee regarding compliance in his/her school.

The Superintendent or designee and the appointed Wellness Committee shall, every three (3) years, conduct an assessment on the contents and implementation of this policy as part of a continuous improvement process to strengthen the policy and ensure implementation. The assessment shall include evidence based strategies in determining goals. The assessment shall include the extent to which district schools are in compliance with laws and policies related to student wellness and shall describe the progress made by the district in attaining the goals of this policy. The assessment shall be made available to the public.

To accomplish these goals:

- A comprehensive Child Nutrition Program in compliance with federal, state and local requirements. Child Nutrition Programs are accessible to all children.
- Provision of reasonable access to foods and beverages that meet established nutrition guidelines.
- Sequential and interdisciplinary nutrition education is provided and promoted.
- School-based activities are consistent with local wellness policy goals.
- All foods and beverages made available on campus (including vending, concessions, a la carte, student stores, celebrations and fundraising) during the school day are consistent with the current Dietary Guidelines for Americans.

- All foods made available on campus adhere to food safety and security guidelines.
- Access at reasonable cost to foods and beverages that meet established nutritional guidelines.
- Physical education courses and opportunities for developmentally appropriate physical activity during the school day.
- Curriculum and programs for grades K-12 that are designed to educate students about proper nutrition and lifelong physical activity, in accordance with State Board of Education curriculum regulations and academic standards.

The Superintendent or designee shall be responsible for the implementation and oversight of this policy to ensure each of the district's schools, programs and curriculum is compliant with this policy, related policies and established guidelines or administrative regulations.

Each building principal or designee shall annually report to the Superintendent or designee regarding compliance in his/her school.

Staff members responsible for programs related to school wellness shall report to the Superintendent or designee regarding the statues of such programs.

The Superintendent or designee report triennially to the Board on the District's compliance with law and policies related to school wellness.

The report may include:

- Assessment of school environment regarding school wellness issues.
- Recommendations for policy and/or program revisions.
- An assurance that district guidelines for reimbursable meals are not less restrictive than regulations and guidelines issued for schools in accordance with federal laws shall be provided annually by the Food Service Director.
- Review of all food and beverages sold in schools for compliance with established nutrition guidelines.
- Listing of activities and programs conducted to promote nutrition and physical activity.

The Superintendent or designee and the established Wellness Committee shall conduct an assessment at least once every three (3) years on the contents and implementation of this policy as part of a continuous improvement process to strengthen the policy and ensure implementation. This triennial assessment shall be made available to the public in an accessible and easily understood manner and include:

- The extent to which each district school is in compliance with law and policies related to school wellness.
- The extent to which this policy compares to model wellness policies.
- A description of the progress made by the district in attaining the goals of this policy.

At least once every three (3) years, the district shall update or modify this policy as needed, based on the results of the most recent triennial assessment and/or as district and community needs and priorities chance; wellness goals are met; new health science, information and technologies emerge; and new federal or state guidance or standards are issued.

The district shall annually inform and update the public, including parents/guardians, students and others in the community, about the contents, updates and implementation of this policy via the district website, student handbooks, newsletters, posted notices and/or other efficient communication methods. This annual notification shall include information on how to access the School Wellness policy; information about the most recent triennial assessment.

Nutrition Standards/Guidelines

Foods made available by the district in district schools during the school day shall be offered to students with consideration for promoting student health and reducing childhood obesity.

Food provided through the National School Lunch or School Breakfast Programs shall comply with established federal nutrition standards.

The marketing of foods and beverages to students on the school campus during the school day may only be permitted if the foods/beverages meet the established federal nutrition standards.

The district will maintain all records documenting compliance with the requirements of the school wellness policy necessary for PDE's Administrative Review.

The district shall annually inform and update the public, including parents/guardians, students and others in the community about the contents and implementation of this policy.