Instructional Video Design Worksheet

One worksheet per video. If creating a micro-video series, use one worksheet for each video in the series.

Title of Video and Topic: Ways to Handle Conflict

___ Micro-video Series __**X**_Tutorial ___Training ___Screencast ___Presentation/Lecture

Grade or Target Age Group Level: Young adults from 10 years of age and over.

Video Duration *(Maximum 5 minutes, if creating a micro-video series, series must not exceed 5 minutes)***:**

FCCLA Integration *(National Programs, Competitive Events, Meetings/Events, if applicable)***:** Education in training, human services, real world skills.

Video Learning Objective(s): The video learning objective is to give from young adults and above to learn different strategies that can be used to allow conflict to come out with an effective solution. Conflict lives in the lives of everyday people whether that is work, school, clubs, or at home, it is important to understand the importance of using positive strategies to create greater outcomes when it comes to conflict.

National Family and Consumer Sciences Standards (or others as appropriate): 13.4 Evaluate effective conflict prevention and management techniques.

Career Readiness Practices (Select all that apply):

- □ Act as a responsible and contributing citizen and employee
- □ Apply appropriate academic and technical skills
- □ Attend to personal health and financial well-being
- □ Communicate clearly and effectively and with reason
- □ Consider the environmental, social and economic impacts of decisions
- □ Demonstrate creativity and innovation
- □ Employ valid and reliable research strategies
- □ Utilize critical thinking to make sense of problems and persevere in solving them
- □ Model integrity, ethical leadership and effective management
- □ Plan education and career paths aligned to personal goals
- □ Use technology to enhance productivity
- □ Work productively in teams while using cultural global competence

Materials Needed to Create Video: Materials needed to create video consisted of a functional computer and a positive working video making app,(used was CapCut) to create my video. Also, an app to record my voice audio to add to the instructional video.

Instructional Strategies: In this instructional video, there are many different types of colors, visuals, and upbeat music that allows people to keep engaged. The clarity of the speaker's voice allows people to hear and understand what is being discussed. Having real world examples and historical evidence allows the viewer to want to engage in more when learning about conflict.

Key Topic/Step 1:
Timeframe: 0:00-0:53
Storyboard/Scripting (media/images/notes): Conflict is often seen as a negative or not good. There are so many different examples of how conflict is received or produced and it affects our everyday lives whether we want it to or not.

Key Topic/Step 2:
Timeframe: 0:53-1:41
Storyboard/Scripting: (media/images/notes): There are different types of conflict and conflict resolutions. The main four levels of conflict are intrapersonal, interpersonal, intragroup, and intergroup. All four levels of conflict are important to understand because there is not one main type of conflict.

Key Topic/Step 3:
Timeframe: 1:41-4:50
Storyboard/Scripting (media/images/notes): It is important to give examples of how conflict works and different strategies. Though talking about a subject can be overwhelming or not interesting, examples help give the human brain ideas and understanding. With this type of information, young adults will be able to insert the examples and different strategies in their daily lives as they deal with conflict, whether it is a big conflict issue or small conflict issue.

Summary/Ending (summary of key learning, next steps for viewer, and call to action for viewer)**:** In all, the most important thing to take from this lesson, that communication is key when it comes to conflict. The way someone decides to handle conflict creates the path of the outcome. When people know how to use conflict, it allows growth and maturity. The next step is for young adults to start using the examples taught in conflict scenarios they cross, it will allow the viewers to become more confident, reasonable, secure, and an excellent leader.

Application or Assessment of Learning: In life we will always deal with conflict and its outcomes. It could be an argument between best friends over a disagreement over how something is said, or how one took the comment. It can happen in a job setting where there is a discussion where someone may have a different idea and the other person has their own personal goals and ideas. Conflict is seen so much throughout the lives of people and how every decision made in conflict has created the world we are living in today.

Source (If Applicable: cite any published or copyrighted materials used in this video):

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Additional Notes: