

Triennial Assessment Results 2026

Meet Our Team

- Nutrition and Health Promotion
 - Donelle Thomas, Nutrition Services Supervisor
- Physical Education and Physical Activity
 - Cody Shevlin, TLC - Physical Education
 - Donald Morrison, Director of School Safety
- Community Engagement and Public Involvement
 - Lori Bouda, Director of Health Services
 - Crystal Boyd, Administrator - Ombudsman
- Monitoring, Evaluation, and Compliance
 - Danielle Cafaro, Employee Navigator
 - Brandi Rossman, Recruitment and Retention Coordinator

Policy Compliance Results

For this assessment, Omaha Public Schools evaluated the current wellness policy using the WellSAT, a national school wellness measurement tool.

- [Step 1 Model Wellness Policy Comparison Results](#)
- [Omaha Public Schools Wellness Policy](#)



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Wellness Policy Goals

1. Nutrition Education Goal/Nutrition Promotion Goal
 - a. Partially met, continuing efforts
2. Physical Activity Goal
 - a. Partially met, continuing efforts
3. Other Student/School Wellness Goal
 - a. Partially met, continuing efforts

- [Step 2 Progress Toward LWP Goals](#)



Key Achievements

1. Over 20 OPS schools participated in the Fresh Fruits and Vegetables Program for the 2025-26 school year.
 - a. [Healthy Meal Programs](#)
2. A physical education and healthy living curriculum was added to our Spark Program to enhance wellness education for elementary students.
3. Strengthened employee wellness efforts through the implementation of the new Elevate Incentive component within our EHA Wellness Program. This initiative was designed to encourage staff participation in wellness activities and promote engagement in healthy lifestyle behaviors across our OPS community.
4. Enhanced our employee assistance resources by incorporating the Community feature through our Employee Assistance Program. This feature provides employees with the ability to connect with others who have experienced similar challenges, personal or professional.

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Key Achievements Cont.

5. 19 schools participated in school wellness initiatives such as Wellness Bingo, Walking Club, Wellness Wednesdays, Step Challenges, Pickleball/Workout activities to promote healthy habits for staff and students.
6. Partnered with Whispering Roots to provide families and staff with a demonstration of a healthy meal, along with a recipe guide for families to take home.

Next Steps

Our next steps are to strengthen school wellness policy language to more accurately document current district practices, initiatives, and wellness efforts.



Please reach out to [Danielle Cafaro](#) with any questions. For additional information, check out our [School Wellness Initiative](#) page.