

CCPS and Maryland Framework Indicators for Family Life and Human Sexuality (Health I)

Topic	CCPS Curriculum Framework Health I Family Life and Human Sexuality	MSDE Curriculum Framework Health I Family Life and Human Sexuality
Dignity and Respect		Differentiate between sex assigned at birth, gender identity, and gender expression. 1c.HS1.1
		Acknowledge that gender identity and gender expression exist on a continuum, may change over time, and how they relate to a person's sense of self and relationships. 1c.HS1.2
		Explain a range of identities related to sexual orientation and how these identities relate to a person's sense of self and relationships. 1c.HS1.3
		Identify how school and community programs and policies can promote dignity and respect for people of all sexual orientations and gender identities and expressions. 1c.HS1.4
Boundaries and Consent	Describe how to communicate and interpret consent. 1c.HS1.5	Describe how to communicate and interpret consent. 1c.HS1.5
Anatomy and Physiology	Explain how the reproductive system involved in pregnancy supports conception, gestation, and childbirth, including symptoms and risks. 1c.HS1.7	Explain how the reproductive system involved in pregnancy supports conception, gestation, and childbirth, including symptoms and risks. 1c.HS1.7
Sexual and Reproductive Health	Evaluate the health outcomes of abstinence and sexual behaviors, including solo, vaginal, oral, and anal sex, on unintended pregnancy and sexually transmitted infections (STIs). 1c.HS1.8	Evaluate the health outcomes of abstinence and sexual behaviors, including solo, vaginal, oral, and anal sex, on unintended pregnancy and sexually transmitted infections (STIs). 1c.HS1.8
	Explain steps and practices for effective use of barrier prevention methods. 1c.HS1.9	Explain steps and practices for effective use of barrier prevention methods. 1c.HS1.9

	Identify the functions, effectiveness, accessibility, ease of use, side effects, and benefits of available contraceptives, including barrier methods. 1c.HS1.10	Identify the functions, effectiveness, accessibility, ease of use, side effects, and benefits of available contraceptives, including barrier methods. 1c.HS1.10
	Examine how self-efficacy and perceived susceptibility affect sexually transmitted infections and pregnancy prevention and treatment. 1c.HS1.11	Examine how self-efficacy and perceived susceptibility affect sexually transmitted infections and pregnancy prevention and treatment. 1c.HS1.11
	Evaluate how access, laws and policies, stigma, and discrimination influence pregnancy, pregnancy options, STIs, and HIV prevention. 1c.HS1.12	Evaluate how access, laws and policies, stigma, and discrimination influence pregnancy, pregnancy options, STIs, and HIV prevention. 1c.HS1.12
	Summarize community services and resources related to sexual and reproductive health. 1c.HS1.13	Summarize community services and resources related to sexual and reproductive health. 1c.HS1.13
	Summarize the benefits of talking with parents, healthcare providers, and other trusted adults about issues related to relationships, growth and development, sexual decision-making, sexual health, and pregnancy options. 1c.HS1.14	Summarize the benefits of talking with parents, healthcare providers, and other trusted adults about issues related to relationships, growth and development, sexual decision-making, sexual health, and pregnancy options. 1c.HS1.14
	Summarize the importance of communicating with healthcare providers to maintain health. 1c.HS1.15	Summarize the importance of communicating with healthcare providers to maintain health. 1c.HS1.15

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