

Center For Lifelong Learning
BREAKFAST

July 1 - July 31



What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Mixed Fruit Cup - 1/2c 100% Strawberry-Kiwi Juice-4oz W/G Trix Cereal -1oz W/G Blueberry Muffin -2oz Milk-8oz	2 Peach Applesauce Cup -1/2c Fruit Punch -4oz W/G Apple Cinnamon Poffitz Pancakes -1 Milk-8 oz.	3 
6 Mixed Fruit Cup - 1/2c 100% Apple Juice-4oz. W/G Cinnamon Toasters-1oz W/G Corn Muffin - 2oz Milk-8 oz.	7 Fresh Orange-1 Multigrain Cheerios - 1oz. Apple Breakfast Bar - 1 Milk-8 oz.	8 Pineapple Cup - 1/2c 100% Apple Juice-4oz W/G White Bagel with Cream Cheese -1 Milk-8oz	9 Diced Pear Cup - 1/2c. 100% Fruit Punch-4oz W/G Poffitz Pancakes-1 Milk-8 oz.	10 Peach Applesauce Cup -1/2c 100% Grape Juice - 4oz W/G Strawberry Poptart-2pk Milk-8 oz.
13 Fresh Apple-1 W/G Fruit Loops Cereal -1oz. W/G Graham Crackers-3pk Milk-8 oz.	14 Peach Applesauce Cup-1/2c 100% Fruit Punch-4 oz. W/G Lemon Bread Slice-1 Milk-8 oz.	15 Applesauce Cup-1/2c 100% Apple Juice-4oz W/G Wheat Bagel w/ Butter -1 Milk-8oz	16 Fresh Orange - 1 W/G Pull Apart Glazed Cluster-1 Milk-8 oz.	17 Mixed Fruit Cup - 1/2c. 100% Apple Juice - 4oz W/G Superdonut - 1 Milk-8 oz.
20 Fresh Apple-1 W/G Frosted Flakes -1oz. W/G Graham Crackers-3pk Milk-8 oz.	21 Applesauce Cup -1/2c 100% Orange Juice - 4oz. W/G Cinnamon Poptarts -2pk Milk-8 oz.	22 Pineapple Cup - 1/2c 100% Fruit Punch -4oz W/G Powdered Mini Donut Holes-1 Milk-8oz	23 Applesauce Cup -1/2c 100% Orange-Tang.Juice-4oz W/G Honey Scooters-1oz W/G Scooby Snacks-1 Milk-8 oz.	24 Mandarin Orange Cup - 1/2c 100% Grape Juice - 4oz. W/G Frosted Mini Wheats -1oz. W/G Blueberry Muffin-2oz Milk-8 oz.
27 Fresh Apple-1 W/G Trix Cereal -1oz W/G Apple Breakfast Bar-1 Milk-8 oz.	28 Fresh Orange-1 Multigrain Cheerios - 1oz. W/G Graham Crackers -3pk Milk-8 oz.	29 Applesauce Cup-1/2c 100% Apple Juice-4oz W/G Cinnamon Raisin Bage w/ Cream Cheese -1 Milk-8oz	30 Diced Pear Cup - 1/2c. 100% Fruit Punch-4oz W/G Poffitz Pancakes-1 Milk-8 oz.	31 Peach Applesauce Cup -1/2c 100% Grape Juice-4oz W/G Superdonut - 1 Milk-8 oz.