

## 2026-2027 High School Interscholastic Athletics Seasons

### Fall 2026

Sport	Start Date
Football	8/17/26
Boys Badminton	8/24/26
Boys Cross Country	8/24/26
Girls Cross Country	8/24/26
Boys Soccer	8/24/26
Girls Soccer	8/24/26
Girls Swimming/Diving	8/24/26
Girls Tennis	8/24/26
Boys Volleyball	8/24/26
Girls Volleyball	8/24/26
Kickline *	See note below

### Winter 2026-2027

Sport	Start Date
Boys Basketball	11/16/26
Girls Basketball	11/16/26
Boys Bowling	11/16/26
Girls Bowling	11/16/26
Competitive Cheerleading	11/16/26
Boys Fencing	11/16/26
Girls Fencing	11/16/26
Gymnastics	11/16/26
Boys Winter Track	11/16/26
Girls Winter Track	11/16/26
Boys Swimming/Diving	11/16/26
Boys Wrestling	11/16/26

### Spring 2027

Sport	Start Date
Baseball	3/8/27
Girls Flag Football	3/8/27
Boys Lacrosse	3/8/27
Girls Lacrosse	3/8/27
Boys Spring Track & Field	3/8/27
Girls Spring Track & Field	3/8/27
Softball	3/8/27
Girls Badminton	3/15/27
Boys Golf	3/15/27
Girls Golf	3/15/27
Boys Tennis	3/15/27
Boys & Girls Rowing Club**	See note below

\*Tryouts for Kickline will take place in Spring of 2026 for the Fall 2026 season.

Contact coach Ross for any further information: [jross@syossetschools.org](mailto:jross@syossetschools.org)

\*\*Rowing club information, please contact Natalie Meneshian: [meneshians@yahoo.com](mailto:meneshians@yahoo.com)

## **2026-2027 Modified (7<sup>th</sup> & 8<sup>th</sup> Grade) Interscholastic Athletics Seasons**

### **Fall Season**

**Start Date:** September 1, 2026

- Boys Badminton
- Cheer
- Boys & Girls Cross Country
- Football
- Boys Soccer
- Girls Soccer
- Girls Swim & Dive
- Girls Tennis

### **Winter 1 Season**

**Start Date:** November 2, 2026

- Boys Basketball
- Boys Swim & Dive
- Girls Volleyball
- Competitive Cheer
- Boys & Girls Winter Track

### **Winter 2 Season**

**Start Date:** January 19, 2027

- Girls Basketball
- Boys Volleyball
- Wrestling

### **Spring Season**

**Start Date:** March 29, 2027

- Baseball
- Softball
- Girls Badminton
- Boys & Girls Golf
- Boys Lacrosse
- Girls Lacrosse
- Boys & Girls Spring Track
- Boys Tennis