



# Food Zone



Summer Menu Week 5 June 29<sup>th</sup> - July 3<sup>rd</sup>

Heights High School 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>Breakfast Menu</b>		
<b>WG Apple Frudel</b> With <b>100% Fruit Juice</b> Assorted Fresh Fruit and Cupped Fruit	<b>WG Blueberry Waffle</b> with <b>Fresh Banana</b> Assorted Fresh Fruit And Cupped Fruit	<b>WG Donuts</b> with <b>100% Fruit Juice</b> Assorted Fresh Fruit and Cupped Fruit	<b>WG Assorted Fruit Muffin</b> With <b>Yogurt</b> <b>100% Fruit Juice</b> Assorted Fresh Fruit and Cupped Fruit	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>All Schools Closed</p> <p>4<sup>th</sup> of July</p> </div>
<b>Mini Turkey Corn Dogs</b> With BBQ Baked Beans Cantaloupe Assorted Fresh Fruit and Vegetable Bar	<b>Breakfast for Lunch</b> Belgian Waffle With Turkey Sausage Potato Triangle 100 Calorie Pancake Syrup Watermelon Assorted Fresh Fruit and Vegetable Bar	<b>WG Chicken Tenders</b> Cheddar Goldfish With Glazed Carrots Fresh Strawberries Assorted Fresh Fruit and Vegetable Bar	<b>WG Cheese or Pepperoni Pizza</b> with Seasoned Green Beans Honey Dew Assorted Fresh Fruit and Vegetable Bar	

**MENU SUBJECT TO CHANGE**

Milk is Offered with Every Meal! Choices Include: Fat Free Chocolate and Low Fat White

**Breakfast**

Assorted Fresh, Dried Fruit, 100% Fruit Juice, String Cheese, Assorted Grahams, Whole Grain Cereal, Cereal Bars, Muffins, Donuts, Bagels and Assorted Milk will be Offered Daily

**Lunch**

Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk  
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

**Please discuss any food allergy issues concerning your child with the Food Service Director @ 216-320-2007 .**

This Institution is an Equal Opportunity Provider

## Free Summer Meals Program Any Child 18 and Under

Open to Public

Breakfast

8:00am-9:30am

Lunch

11:00am-1:00pm

Heights High School: June 1<sup>st</sup>- August 7<sup>th</sup>

Boulevard Elementary: June 8<sup>th</sup>- August 7<sup>th</sup>

Oxford Elementary: June 8<sup>th</sup>- June 27<sup>th</sup>

Noble Elementary: June 10<sup>th</sup>-July 31<sup>st</sup>

Gearity Elementary: August 3<sup>rd</sup>- August 12<sup>th</sup> (Mon. thru Thur. Only)

All Sites Closed June 19<sup>th</sup> and July 3<sup>rd</sup>