Early Childhood Education Newsletter **Volume 22, Issue 23, 3-8-23**

Is Your Child Ready For Kindergarten?





Look carefully at your child's development. *Is your child able to communicate? How are his listening and social skills? Is he able to get along with other children and adults? What about physical skills like running, playing, or using a crayon or pencil?*

Is Your Preschooler Ready for Kindergarten?

By American Academy of Pediatrics (Copyright © 2019) Excerpt from
https://www.healthychildren.org/English/ages-stages/preschool/Pages/Is-Your-Child-Ready-for-School.aspx

We aren't just talking about academics. Your child's social, emotional, and behavior skills are equally critical to school success, and too many U.S. children start kindergarten without them.

In this article, the American Academy of Pediatrics (AAP) highlights rapidly expanding research on how you can determine school readiness and help your child prepare. *(Hint: helping your child do well at school begins long before the first day of kindergarten).*

According to the AAP report on "School Readiness," young children's experiences—beginning at birth—play a big role in how well they learn to handle their feelings, relate to and communicate with others, and enter school ready to learn and achieve their full potential.

School readiness milestones
Important development milestones that help school go smoothly for children include:

- **Sensory development—**the ability to use touch, sight, and hearing to explore and figure out the world around them.
- **Social, emotional, and behavioral development—**such as being able to:
    - focus and pay attention
    - control impulses and emotions
    - take turns
    - cooperate and follow directions
    - make friends
    - empathize with others
    - control and communicate emotions

    - limit aggressive behaviors
- **Early language, literacy, and math skills—** such as being able to talk, listen, and understand concepts like sound-letter associations, numbers, shapes, and how objects are related to each other.

Limit preschool apps and shows–even if they are educational.
Online preschool activities and educational apps and shows should not take the place of important learning that takes place with face-to-face interactions and real-life experiences. The AAP recommends screen time other than video chatting is best avoided for children under 18 months old. Use the AAP Family Media plan to help balance screen time with time spent exploring the world and communicating and socializing with people around them that's so important to a child's development.

Early education starts and ends at home.
You are your child's first and greatest teacher. Put down your smartphone. Reinforce what your child learned in preschool. Find time to talk with your children about their respective days—including what they did at school. Plan some activities that you can do with your child—such as an art project.

To read the entire article, go to the website page provided at the start of this article.

Professional Development

by Nellie Ríos-Parra, Director of State Preschool
https://nationaldaycalendar.com/national-read-across-america-day-dr-seuss-day-march-2-unless-weekend/



Teachers gathered on Tuesday, March 7th to participate in a monthly professional development session on Social-Emotional Learning provided by Emily Cummins Polk and Ariel Wrye. The objectives of the session focused on how we can help children learn to self-regulate their big feelings. One of the strategies is to teach children to identify the big emotion and name it. Another strategy is to model for children how to calm down, it can be done through a song, play, narration, limit setting, and/or breathing techniques. Teachers participated in a role play of Circle Time as well as enacted a transition from home to school to consider what to say and do to help children and parents have an amicable drop-off and transition from home to school. We realize that we need to partner with parents to ensure that we all have the same information and understanding to proceed. We will continue to put into practice strategies and techniques that help children succeed and thrive.



https://lsp.lennox.k12.ca.us/

UPCOMING EVENTS

Here is the link to complete the Desired Results Parent survey, thank you for taking the time to give us your feedback:
https://forms.gle/Fwh1QegEgjZEh5go6



Every Tuesday - Return READ WITH ME books

Every Thursday - READ WITH ME books will be distributed to students who have returned books

ENROLL YOUR CHILD in Transitional Kindergarten or Kindergarten for 2023-2024 before the end of the month of March.

Monday, 3/6 - Friday, 3/10 - National School Breakfast Week. Make a card for the cafeteria staff to thank them for providing nutritious meals.

Monday, 3/6 - Friday, 3/10 - Save your Vision Week, schedule an appointment with your child's doctor to have his/her vision checked.

Wednesday, 3/8 - Spring Pictures at JSP & MSP

Thursday, 3/9 - Spring Pictures at WSP

Friday, 3/10, 8:30 AM, Cafecito in person at the District Office, Professional Development Center, 10319 Firmona Avenue**, Topic - Is Your Child Ready for Kindergarten? Please call 310-680-3500 to RSVP.**

Sunday, 3/12 - Daylight Savings Day, spring forward an hour

Wednesday, 3/15, 3:15 PM - Parent Advisory Council Meeting via Zoom
https://lennoxk12-org.zoom.us/j/82746928883?pwd=N3RSazcwOER0M1VQeFJESFJQb2E1UT09
Meeting ID: 827 4692 8883

Friday, 3/17 - National Preschool Teachers Appreciation Day

Tuesday, 3/21 - World Down Syndrome Day - Rock Your Socks!

Friday, 4/1 - Autism Awareness Month

Monday, April 3 - Friday, April 14 - Spring Break



Friday, 4/7 - World Health Day

Tuesday, 4/11 - Happy Birthday to Teacher Mrs. Zapata

Monday, April 17 - Classes resume

Monday April 17 to 21 - Children's Week

Monday, April 17 - Preschool Enrollment Begins for School Year 2023-2024

Thursday, 4/20 - Happy Birthday to Teacher Elizabeth Diaz

Thursday, 4/20 - Happy Birthday to Teacher Griscel Gonzalez

Sunday, 4/23 - Happy Birthday Director Nellie Ríos-Parra



Wednesday, 4/26 - Administrative Professionals Day

Monday, 5/1 - Mental Health Awareness Month

Monday, 5/1 - Friday, 5/5 - National Teacher Appreciation Week

Tuesday, 5/2 - Parent Teacher Conferences

Tuesday, 5/2 - National Teacher Appreciation Day

Friday, 5/5 - School Lunch Hero Day

Friday, 5/5, 8:30 AM, Cafecito in person at the District Office, Professional Development Center, 10319 Firmona Avenue**, Topic - Can Your Child Read? Please call 310-680-3500 to RSVP.**

Saturday, 5/6 - **Happy Birthday to Teacher Consuelo Morales**



Monday, 5/6 - **Happy Birthday to Teacher Susana Alvarez**

Monday, 5/8 - Friday, 5/12 - BOGO Scholastic Book Fair

Friday, 5/12 - Provider Appreciation Day

Tuesday, 5/16 - **Happy Birthday to Site Supervisor Faviola Salcedo**

Saturday, 5/20 - **Happy Birthday to Teacher Alma Maciel**

Wednesday, 5/31 - **Happy Birthday to Teacher Nubia Vasquez**

Sunday, 6/11 - Happy Birthday Secretary Betsy McLaurin

Monday, 6/19 - Juneteenth Holiday recognized, non-school day and school closed.

Tuesday, 6/20 - Classes resume

Friday, 6/23 - Last day of school

Sunday, 6/25 - Happy Birthday Teaching Assistant Lidia Membreno

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www.lennox.k12.ca.us

Follow us on Instagram @preschool_lennoxsd





