Lennox School District State Preschool Program

Early Childhood Education Newsletter

October 25, 2023, Volume 23, Issue 11

Children Development, 4-5 Years Old

By CHOC, https://www.choc.org/primary-care/ages-stages/4-to-5-years/

From 4 to 5 years old, your child's gross motor skills (using their arms and legs to move and play) and their fine motor skills (working on crafts and puzzles) are still developing. Play time becomes increasingly imaginative and is an important part of children's growth.

Developmental Milestones

Doctors use certain milestones to tell if a child is developing as expected. There's a wide range of what is considered normal, so some children gain skills earlier or later than others. Children who were born prematurely reach milestones later in life. Always talk with your doctor about your child's progress, especially if there are concerns.

What can my 4- to 5-year-old child do at this age?

As your child continues to grow, you will notice new and exciting abilities that your child develops. While children may progress at different rates, the following are some of the common milestones children may reach in this age group:

4-year-olds:

- Sing songs
- Skip and hop on one foot
- Catch and throw a ball overhand
- Walk downstairs alone
- Draw a person with three separate body parts
- Build a block tower with 10 blocks
- Understand the difference between fantasy and reality
- Draw a circle and square
- Dress themselves
- Able to fasten large buttons without help
- Pull up a zipper after it is fastened



5-year-olds:

- Jump rope
- Walk backward
- Balance on one foot for at least 5 seconds
- Use scissors
- Begin learning how to tie shoes
- Draw a triangle and diamond
- Draw a person with six body parts
- Know address and phone number
- Recognize and recite the alphabet
- Write first name
- Start to help with chores around the house
- Start to lose their baby teeth



For more information about child development and milestones, please proceed to the following link, https://www.choc.org/primary-care/ages-stages/4-to-5-years/

You are invited to our upcoming Cafecito, on Thursday, November 2, at 8:30 AM at Moffett State Preschool, 11050 Larch Avenue, enter on Freeman Avenue to learn more about developmental milestones and to learn what to expect at the upcoming Parent Conferences on Tuesday, November 14th.

https://www.lennox.k12.ca.us/

Experience And Training Of Program Staff

by Nellie Ríos-Parra, Director of State Preschool



The majority of our preschool teachers and teaching assistants in our program have over ten years of teaching experience working with children in the Lennox School District. A few of our teaching staff members have worked in the Lennox School District since the mid 1990's and joined the State Preschool Program in the early 2000's. It is this long standing tradition and commitment to teaching young children that they bring to

your child. Teachers work tirelessly to help your child thrive. Teachers want what is best for your child just as you do for your child.

UPCOMING EVENTS



**** Every Tuesday return the Read With Me backpack and books to school. ****

Monday, October 23 - Tuesday, October 31 is RED RIBBON WEEK, Love yourself, be drug free!

Wednesday, October 25 - Team up against drugs! Wear your favorite sports team shirt.

Thursday, October 26 - Put drugs to sleep! Wear pajamas.

Thursday, October 26 - Fiftieth (50th) Day of School! Let's celebrate! **Home Activity: Collect 50 natural objects and bring them to school.**

Friday, October 27 - Let's scare drugs away! Wear a superhero outfit.

Monday, October 30 - "Don't let Drugs sneak up on you." Wear sneakers.

Tuesday, October 31 - Black out Drugs! Wear black or dress up as your favorite book Character and bring your book to share.

Tuesday, October 31, We do not observe Halloween as it is considered a religious event/holiday and we do not provide any religious instruction. Please DO NOT bring any candy, chocolate, drinks, or food to school.

Thursday, November 2 - Cafecito at Moffett State Preschool, 11050 Larch Avenue, enter on FREEMAN AVENUE - Topic: Learn the signs act early



Thursday, November 9, **3:30-9:00 PM, Chuck E. Cheese Fundraiser, 16920 Prairie Avenue**

Friday, November 10, - School closed in honor of Veteran's Day.

Monday, November 13 - Classes resume.

Monday, November 13 - Friday, November 17: CANNED FOOD DRIVE, drop off items in the marked boxes on site or the Preschool Office. THANK YOU!



Tuesday, November 14 - **HAPPY BIRTHDAY TO STATE PRESCHOOL TEACHER MS. TORRES**

Tuesday, November 14 - Parent Conference Day, by appointment with your child's teacher.

Tuesday, November 14, 6:00 - State Preschool Program Presentation to the Board in the District Office, 10319 Firmona Avenue

Wednesday, November 15 - Classes resume



Friday, November 17 - **HAPPY BIRTHDAY TO STATE PRESCHOOL TEACHER MRS. ALFARO**

Monday, November 20 - Friday, November 25 - No classes due to Thanksgiving holiday.



Tuesday, November 21 - **HAPPY BIRTHDAY TO STATE PRESCHOOL TEACHER ASSISTANT MRS. ROBLES**

Friday, November 25 - **HAPPY BIRTHDAY TO STATE PRESCHOOL TEACHER MS. GAXIOLA**

Monday, November 27 - Classes resume.

Monday, November 27 - Donate coins to raise money for books in your child's class. Bring pennies.

Tuesday, November 28 - Donate coins to raise money for books in your child's class. Bring nickels.

Wednesday, November 29 - Donate coins to raise money for books in your child's class. Bring dimes.

Thursday, November 30 - Donate coins to raise money for books in your child's class. Bring quarters.

Friday, December 1 - Donate coins to raise money for books in your child's class. Bring any denomination.

Monday, December 4 - Friday, December 8, 7:45 AM to 3:45 PM - Scholastic Book Fair at the State Preschool Program administrative office, 10203 Firmona Avenue. We accept eWallet, cash, or credit cards. Buy gifts for family and friends. All are welcome.



Friday, December 15 - **HAPPY BIRTHDAY TO STATE PRESCHOOL TEACHER MRS. VILLALPANDO**

Friday, December 28 - **HAPPY BIRTHDAY TO STATE PRESCHOOL TEACHER MRS. RODRIGUEZ**

Friday, December 31 - **HAPPY BIRTHDAY TO STATE PRESCHOOL TEACHER ASSISTANT MRS. Estrella**

Follow us on Instagram: @preschool_Lennoxsd

The Lennox School District State Preschool Program is a place where every child can sing, play, learn and thrive. https://lsp.lennox.k12.ca.us/

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