

YMCA 5K SERIES

2026

ANNUAL RUN FOR A CAUSE



Series Presented by:

amazon

**YMCA AT GLEN COVE 5K RUN/WALK
IN MEMORY OF NICOLE KAROUSOS**



Saturday, May 9, 2026

Proceeds provide local individuals and families in need with access to the Y's healthy living, youth programs and support services.



YMCA at Glen Cove
125 Dosoris Lane
Glen Cove, NY 11542

**REGISTER
TODAY!**

