Redlands Unified School District
2025-2026

Parent/Guardians: Please read and complete the information below and return it to your school by August 11, 2025.

Student Name: _____ Date of Birth: _____

Address: _____

City: _____ Zip Code: _____

Telephone Number: _____

School: _____ Grade: _____

Comprehensive Sexual Health and HIV Prevention Education

The California Healthy Youth Act requires that comprehensive sexual health education and human immunodeficiency virus (HIV) prevention education be taught to students at least once in middle school and once in high school, beginning no later than grade seven. Instruction and materials must be objective, age-appropriate and inclusive of all students, as defined by law. The law requires that instruction and materials must encourage students to communicate with parents, guardians or other trusted adults about human sexuality.

The purpose of this instruction is to:

- Provide students with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.
- Provide students with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family. Curriculum includes gender fluidity concepts, including material that views gender and biological sex as non-binary.
- Promote understanding of sexuality as a normal part of human development.
- Ensure students receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.
- Provide students with the knowledge and skills necessary to have healthy, positive, and safe relationships and behaviors.

This instruction will be provided by trained Redlands Unified School District personnel in grades 7 and 9. All instructional materials are available for review in Educational Services at the main District Office. You may also request a copy of the California Healthy Youth Act (California *Education Code* sections 51930- 51939).

I would like my child excused from:

Participation in any class involving comprehensive sexual education and HIV prevention education.

_____ _____

Signature of Parent/Guardian (if student is under 18) Signature of Student