Trinity-Pawling School
WRESTLING
Alumni



AVI MELTZER '26
WESLEYAN UNIVERSITY

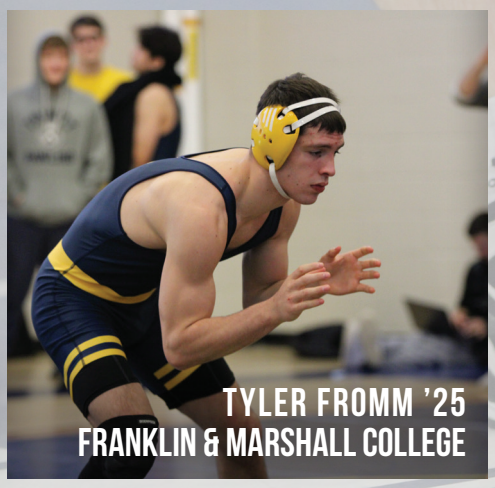
Many Trinity-Pawling alumni have gone on to successful college and professional athletic experiences.
A sampling of where our players have continued as college student-athletes:

Castleton, Drexel, Edinboro, Franklin & Marshall, Gettysburg, Roanoke, Roger Williams, Springfield, Trinity, Washington and Lee, Wesleyan, Williams College, Worcester Polytechnic Institute

Drexel University · F&M · Gettysburg College · Roanoke College · Trinity College · Wesleyan University · WPI



KWEKU ARTHUR-MENSA '25
WASHINGTON AND LEE UNIVERSITY

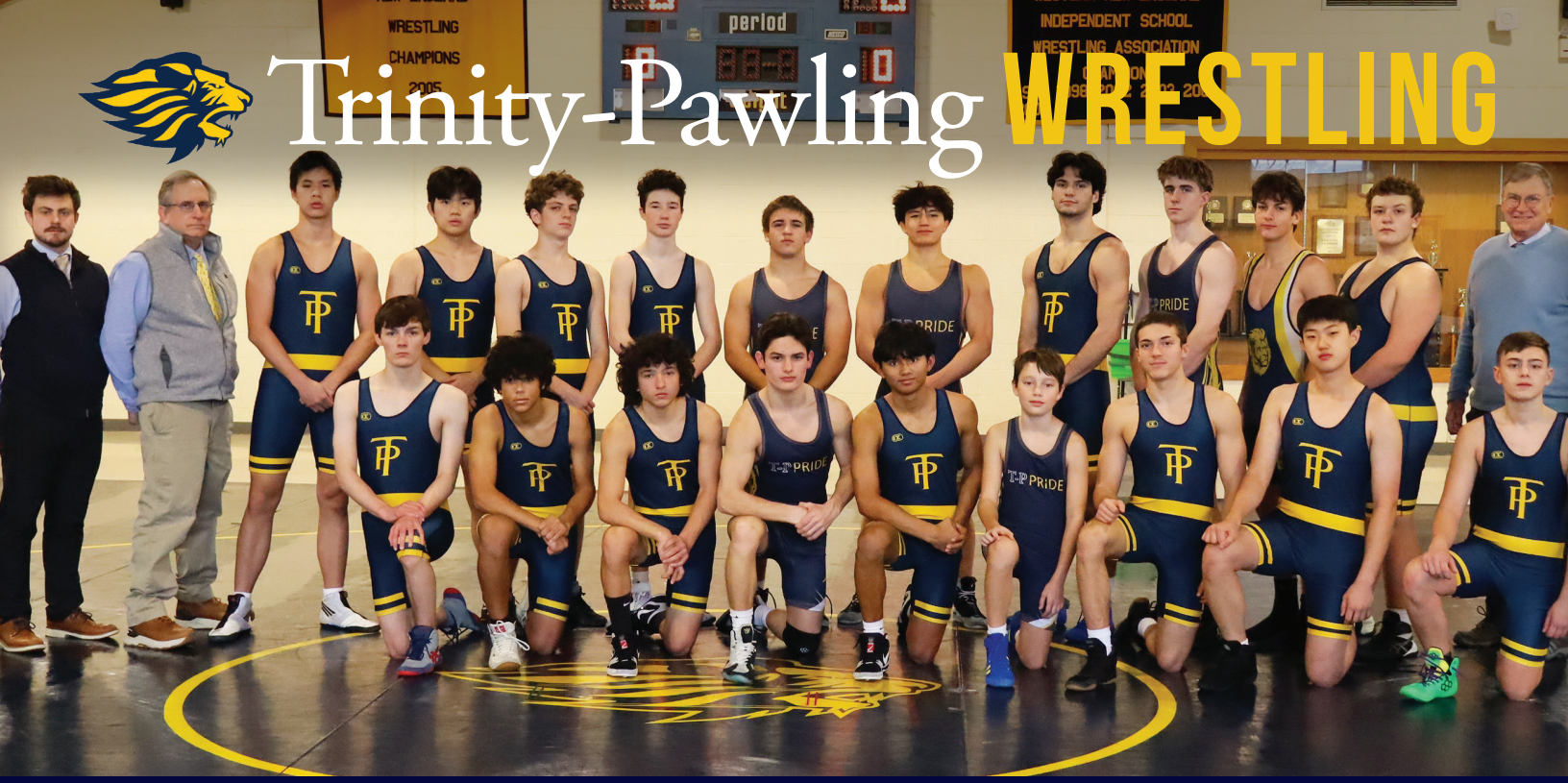


TYLER FROMM '25
FRANKLIN & MARSHALL COLLEGE



KYLE LEE '22
ROANOKE COLLEGE

Trinity-Pawling WRESTLING



PHILOSOPHY

The Trinity-Pawling wrestling program strives to give every athlete, regardless of talent, a significant developmental experience. One of the program's strengths is the consistency and expertise of the dedicated coaching staff — focusing on hard work, discipline, sportsmanship, and building character. We take a holistic approach to fostering our student-athletes' growth in all areas of school life beyond the wrestling mat, encouraging them to compete in multiple sports and involving themselves in other co-curricular activities. The wrestling program is defined by its emphasis on effort and goal of improving each day.

HISTORY

The Pride has a long history of team and individual success and has consistently been one of the top teams in the NEPSWA. With a New England Championship in 2005 and seven Western New England Championships over the last 30 years, the coaching staff has also helped develop many All-American wrestlers. Many Pride wrestlers have gone on to compete at the collegiate level and found immense success.

LEAGUE

Trinity-Pawling competes in the historic New England Preparatory School Wrestling Association (NEPSWA), the Western New England Independent School Wrestling Association (WNEISWA), and the Founders League which contain some of the highest levels of competition in the country. The Pride wrestles a highly competitive schedule consisting of tournaments and dual meets against teams throughout New England.

FACILITIES

- Smith Field House: Home to the Pride wrestling team.
- McGraw Performance Center: A 5,000 square foot weight training room, named in honor of Peter Schuyler McGraw '72, opened in 2026.

FACULTY

- Head Varsity Wrestling Coach Alex Steele is a Trinity College graduate and is entering his fourth year as a member of the Pride coaching staff. He brings extensive experience of wrestling at a high level and coaching athletes who go on to wrestle at the college level. Coach Steele also teaches Economics.

- Assistant Varsity Coach Bill Dunham has coached the team since 1993. He helped lead the team to 7 WNE titles and a NE title. Bill has held roles with the Western New England Coaches Association for 28 years and has been named New England Coach of the Year.



ATTEND A MATCH OR FOLLOW US ON SOCIAL!

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