

Liberty Union High School District

Administrative Regulation

Classification: Student

Policy No. AR 5141.75

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Effective 6/17/2026

Revised

Subject: Weather Safety

Purpose

This Administrative Regulation establishes procedures to implement Board Policy 5141.75 and ensure student safety during extreme weather conditions, including heat, poor air quality, precipitation, and UV exposure, consistent with Education Code 33355.

Definitions

Extreme Weather Conditions: Severe weather that poses a risk of harm to students.

Physical Activity: District-sponsored PE, athletics, and related activities.

Responsibility

1. Superintendent/Designee: Oversight and annual review
2. Principals/Athletic Directors: Site-level implementation and decisions
3. Teachers/Coaches: Real-time monitoring and activity modifications

Monitoring Procedures

Site administrators shall ensure:

1. Continuous monitoring of weather forecasts and alerts)
2. Use of:
 - a. Wet Bulb Globe Temperature (WBGT) for heat risk
 - b. Air Quality Index (AQI) via approved tools
 - c. UV Index as appropriate

Determination of Extreme Weather Conditions

Outdoor activity shall be modified or suspended when thresholds are met:

1. Heat (WBGT)
 - a. Activities modified or suspended based on WBGT thresholds aligned to CIF guidance
 - b. Use progressive interventions:
 - i. Increase hydration/rest
 - ii. Reduce intensity/duration
 - iii. Cancel outdoor activity when unsafe
2. Air Quality

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- a. Outdoor activity restricted at:
 - i. $AQI \geq 151 \rightarrow$ Outdoor activity prohibited
- 3. Severe Weather
 - a. Activities suspended during:
 - i. Lightning, storms, flooding, or unsafe conditions
- 4. UV Risk
 - a. Outdoor activities adjusted based on UV Index levels
 - b. Students allowed sun-protective measures

Required Actions During Extreme Weather

When thresholds are met, staff shall:

- 1. Modify or suspend outdoor activities
- 2. Relocate to indoor environments when feasible
- 3. Provide:
 - a. Hydration
 - b. Shade or cooling areas
- 4. Adjust:
 - a. Schedules
 - b. Intensity and duration
- 5. Closely monitor student health

Communication

The district shall provide:

- 1. Timely notification to staff, students, and families
- 2. Clear updates regarding:
 - a. Activity changes
 - b. Cancellations or relocations

Training

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Staff shall receive training on:

1. Identifying signs of heat illness and distress
2. Weather monitoring tools and thresholds
3. Emergency response procedures

Facilities and Resources

Sites shall maintain:

1. Hydration stations
2. Shaded spaces
3. Indoor cooling areas

Annual Review

The Superintendent or designee shall:

1. Review and update protocols annually to reflect best practices and changing conditions

Policy Reference Disclaimer:

These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the Governing Board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

State

Description

Ed. Code 17671	Shade structures
Ed. Code 33355	Extreme weather protocols
Ed. Code 35179.8	Heat illness
Ed. Code 35183.5	Sun protection
Ed. Code 51210	Course of study: grades 1-6
Ed. Code 51220	Course of study; grades 7-12
Ed. Code 51890-51891	Comprehensive health education programs and community participation; definitions

Management Resources

Description

California Department of Education Publication	Senate Bill 1248: Extreme Weather Guidelines
California Department of Education Publication	Health Framework for California Public Schools: Kindergarten Through Grade Twelve, 2003
California Department of Public Health Publication	California Early Childhood Sun Protection Curriculum, rev. July 2011
California State PTA Resolution	Sun Safety: Skin Cancer Prevention Measures at School, May 1, 2005
Centers for Disease	Guidelines for School Programs to Prevent Skin Cancer, April 26,

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Control&Prevention Publication	2002
CSBA Publication	Sun Safety in Schools, Policy Brief, July 2006
State of California Publication	Protecting Californians From Extreme Heat: A State Action Plan to Build Community Resilience, April 2022
Website	California Interscholastic Federation
Website	CSBA District and County Office of Education Legal Services
Website	American Cancer Society
Website	California Department of Education, Health Services
Website	California Department of Public Health, Skin Cancer Prevention Program
Website	National Council on Skin Cancer Prevention
Website	National Safety Council, Environmental Health Center
Website	Sun Safety for Kids
Website	U.S. Consumer Product Safety Commission
Website	U.S. Environmental Protection Agency, Sunwise Program
Website	UV Index
Website	World Health Organization
Website	American School Health Association
Website	Shape America Society of Health and Physical Educators
Website	National Association of State Boards of Education
Website	California State Parent Teacher Association
Website	Centers for Disease Control and Prevention
World Health Organization Publication	Sun Protection and Schools: How to Make a Difference, 2003
World Health Organization Publication	Sun Protection: A Primary Teaching Resource, 2003

Cross References

<u>Code</u>	<u>Description</u>
3511	Energy And Water Management
3511	Energy And Water Management
3514	Environmental Safety
3514	Environmental Safety
5132	Dress And Grooming
5132	Dress And Grooming
5141.6	School Health Services
5141.6	School Health Services
5142	Safety
5142	Safety
6142.7	Physical Education And Activity
6142.7	Physical Education And Activity
6142.8	Comprehensive Health Education
6142.8	Comprehensive Health Education
6145.2	Athletic Competition
6145.2	Athletic Competition
6153	School-Sponsored Trips
6153	School-Sponsored Trips
7110	Facilities Master Plan