

Wellness Committee Meeting Minutes

June 18th, 2026 | 8:00 AM

Location: Virtual via Zoom

Overview:

During this zoom virtual meeting held in an open discussion format, WPS Wellness Committee Members reviewed this year's wellness initiatives and promotion. The Committee then planned for next school year and worked on setting of specific goals, objectives, and plans. At the start of next year, the Committee will begin working on plans of action across the district and at the school level as well as focus on promotion and engagement.

More information on school wellness policies and committee guidelines can be found on the SWITCH website: <https://massschoolwellness.org/about/>

Agenda:

Time	Activity
5 minutes	Welcome Check in & start of meeting
20-30 minutes	School Wellness Year in Review Discussion on achievements, highlights, and challenges from current school year. Assess progress and benchmarks made this current school year. Discussion on what wellness looks like in WPS District now and in the near future.
20-30 minutes	Goal Planning for SY 27-28 Planning for increased engagement, participation, and promotion. Planning for in school and out of school community events. Discussion on wellness in action in the district and at each school level.
10-20 minutes	Meeting Wrap Up & Plan dates for next year Opportunity for questions and discussion on any additional relevant topics. Plan for dates and times for next year's quarterly meetings.