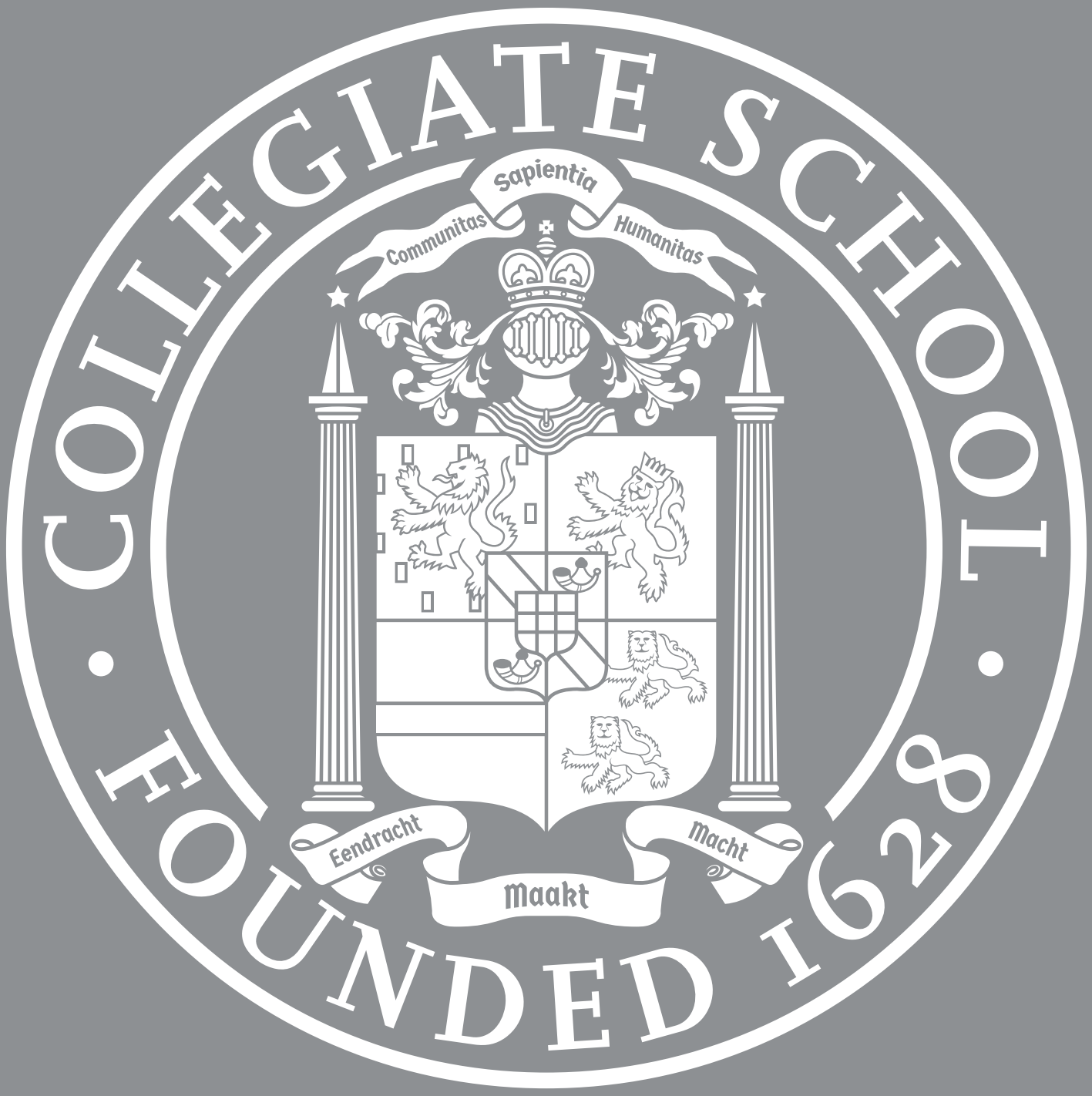


Collegiate School
Athletic Handbook
2026–2027

Whom to Call

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School Administration
Bodie Brizendine, Head of School
Jared Lister, Upper School Head
Dr. Hassan Jones, Middle School Head

Nickname: Dutchmen
School Colors: Blue and Orange
School Website: www.collegiateschool.org

This handbook does not limit the authority of Collegiate School to deviate from the normal rules and procedures set forth in this handbook and to deal with individual circumstances as they arise in the manner deemed most appropriate by the School, taking into consideration the best interests of the School, its faculty, employees, students, or overall school community. The policies may also be revised or updated periodically, before, during, and after the school year.

Introduction

Dear Parents and Student Athletes:

On behalf of the Athletic Department at Collegiate School, thank you for being involved in the athletic program. We look forward to working with our student athletes as we prepare for another great year of competing in the Ivy League and Metropolitan Middle School League.

This handbook serves as a guide to parents and student athletes and provides a clearer understanding of the athletic program. Although every aspect of the athletic program cannot be covered, the existing policies set forth here should act as a framework for standard practices.

Please note that this handbook supplements, not replaces, all other School rules and regulations. All School policies, including those set out in division handbooks, apply in the athletics context.

A secondary purpose of this handbook is to help maintain the value of athletics and the important role it plays in developing the whole child. Although long accepted as being an integral part of a total educational program, athletics can easily be taken for granted or its best efforts misdirected. Therefore, educational goals, issues of integrity, and practices must be consistently defined.

I would like to stress that communication between the coaches and student athletes and parents is one of the keys to having a successful program. This guide should act as the beginning of this communication. By acting as a representative of Collegiate School you have a major responsibility to yourself, your team, and your parents and/or guardians.

Raymond Voelkel
Athletic Director and Physical Education Head

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Philosophy and Statement of Beliefs

The Athletic Department is committed to the intellectual, social, and moral growth of our students and strives to challenge our student athletes to reach for levels of personal achievement not previously attempted or attained. We seek to build a winning attitude through the development of team chemistry and implement a plan for fostering a sense of team. We attempt to establish a tradition that attracts new students to our teams. We seek to simplify and clarify player expectations and develop accountability for them.

Regardless of the final analysis, the win/loss record of the various teams does not matter; rather, the development and character of each student form the foundation for a vigorous and vital program.

The specific objectives of the interscholastic program are:

1. To provide a diversified and balanced athletic program.

2. To encourage each student to excel athletically and scholastically to the best of their ability.

3. To develop within students a winning attitude, with the recognition that to lose is no disgrace if one has done their best.

4. To develop within students a firm sense of good sportsmanship and the values of always competing.

5. To develop and promote the values of physical fitness and sound physical and mental health.

6. To educate and inform the community regarding the purpose and place of interscholastic athletics.

7. To promote fun and enjoyment for all participants.

8. To increase each participant's understanding and appreciation of their sport.

9. To teach students to respect the decisions of officials and thereby to remain undemonstrative in accepting these decisions.

10. To teach students to act in a courteous manner toward all visiting teams, spectators, and officials.

Upper School Philosophy, Middle School Philosophy, and Statement of Beliefs

UPPER SCHOOL PHILOSOPHY

Student athletes in the Upper School are integral to a comprehensive educational program and can contribute substantially to the learning experience of all students. In the unique setting of a team, participation in athletics enables students to work collaboratively, physically, mentally, and emotionally. Student athletes learn how to depend upon one another and how to be responsible to their teammates. Together they learn to compete, to struggle, to endure, to succeed, to lose, and to win.

MIDDLE SCHOOL PHILOSOPHY

The purpose of the Middle School athletic program is to have fun, learn the value of physical activity, improve athletic skills, prepare for future Upper School competitions, and learn how to win and lose gracefully. It is a competitive program that offers student athletes and teams the opportunities to grow and mature at appropriate levels. Coaches do their best to provide each student with an opportunity to play in each game or contest.

STATEMENT OF BELIEFS

We believe that we are at our best when all members of the school community conduct themselves with respect, kindness, and integrity.

We believe that the traditions and values of this old but not old-fashioned school can inspire boys to develop their individual capacities for personal and academic excellence.

We believe that boys learn best when they are members of a diverse and just community that fosters purposeful and spirited engagement, inquiry, and collaboration in academics, athletics, and the arts.

We believe that a liberal arts education committed to diligent and discerning scholarship prepares students to be citizens who act with conscience, courage, and compassion.

Interscholastic Team Participation

REQUIREMENTS FOR PARTICIPATION ON INTERSCHOLASTIC TEAMS

All students participating on interscholastic team(s) are required to have their medical history information (Vital Health Record) updated prior to each season via the Magnus Health Portal available on Collegiate Connect under "Resources." All annual physicals must be current throughout the year before attending any practice and/or tryout.

Magnus Health will assist the parent/guardian and the School Nurse in determining that all required medical information is continually updated.

ASSUMPTION OF RISK

While the priority of the Athletic Department and other school officials is to keep student athletes safe, participation in all athletics includes a risk of injury including serious injury, paralysis, or death. Additionally, supervision during athletics may be less than it is during an ordinary day at School, and there may be times in which students are unsupervised. Parents and their children should carefully discuss and consider these risks before participating.

Health

CONCUSSION PROTOCOL

While School staff will exercise reasonable care to protect students, head injuries may still occur. Physical education teachers, athletic training staff, coaches, nurses, and other appropriate staff receive training to recognize the signs, symptoms, and behaviors consistent with a concussion. Any athlete exhibiting those signs, symptoms, or behaviors while participating in a School-sponsored class, extracurricular activity, or interscholastic athletic activity shall be removed from the game or activity and will not be permitted to return that day if a concussion is present. The athletic trainer will evaluate the athlete based on various symptoms and tests to determine the severity of the possible injury.

Parents will be contacted once the athletic trainer has done the evaluation and will recommend appropriate monitoring to parents/guardians. If it is recommended that the student have a medical assessment from their health care provider, the Collegiate Acute Concussion Care Plan form can be obtained from the Collegiate School Athletics' webpage under "Health and Safety" for your health care provider to complete. Collegiate School highly recommends that the student consult with a neurologist for concussion concerns. If a student sustains a concussion at a time other than when engaged in a School-sponsored activity, the School expects the parent/guardian to promptly report the condition to School Nurse Sharon McGahan, so that the School can support the appropriate management of the condition. Collaboration will help ensure the development of an appropriate concussion management plan for the student.

The student shall not return to school or activity until authorized to do so by an appropriate health care professional. Once the student's health care provider has sent written permission for the athlete to return to their sport, the athletic trainer can start the return to play protocol. After a brief period of initial rest (24-48 hours), symptom-limited activity can begin under the supervision of either the school's athletic trainer or an outside medical facility.

Any student who continues to have signs or symptoms upon return to activity will be removed from play and reevaluated by their health care provider. Further information can be found on the Collegiate School Athletics' webpage under "Health and Safety".

ALLERGY AND ANAPHYLAXIS AWARENESS POLICY

Some members of our community have been identified as severely allergic to specific food, drugs, and/or substances. Eating, touching, and in some cases even inhaling or coming into contact with these substances can cause a life-threatening reaction. Collegiate School is committed to providing the safest environment possible for students with severe allergies, and we have adopted an allergy and anaphylaxis awareness policy. Regarding food allergens, the school along with the school's food service provider make every effort to label main allergens and keep nuts and nut products out of food served at the school. The school's food service provider works to ensure every community member can be accommodated with safe food daily. The following guidelines provide instructions for our community to help maintain an allergy aware environment.

FOOD SAFETY

- Daily nut-free snacks are provided by the school kitchen to Lower School and Middle School students.
- Monthly nut-free birthday party snacks for the Lower School classrooms are provided by the school kitchen. Other celebratory or cultural parties must be non-food related.
- No outside food is to be brought into the Lower School. Medically necessary food for an individual at lunch is allowed with a doctor's note and permission of the nurse and must not contain nuts, nut oils, or

any nut derivatives.
- While food is sometimes brought into the Middle and Upper Schools, all food items should be nut-free, and where possible, approved by the nursing team in advance. Food labels should be available for review when possible.
- Upper School students often bring outside food into the cafeteria to eat, however, they eat in a separate location from Middle and Lower school students. Please remind your students that the cafeteria is a nut-free environment, and students should not bring nut products into the cafeteria.

No food of any kind is allowed on the school buses. Bake Sale foods are to be approved by the school nurse and ingredient list should be provided for students to read. All bake sales are nut free and bake sales include a table for items made in nut-free environments.

Even though we make every effort to eliminate nut products from the school, we cannot ensure that the School environment is nut free. We ask that students with food allergies are proactive in the management of their allergies and reactions based on their developmental level. This includes not eating anything with unknown ingredients or any food known to contain any allergen. The kitchen provides a daily menu with the listing of ingredients at the servery, and faculty help students navigate food choices, as needed.

ALLERGY MANAGEMENT AND PROTOCOLS

- For students with allergies, the parents or guardians must submit an allergy emergency protocol form to the school nurse via the Magnus Health Portal. This protocol (Magnus Allergy and Anaphylaxis form) can be downloaded from your child's Magnus portal.
- Allergy protocols from your child's Allergist may also be used. This form must be completed and signed by a Health Care Provider and signed by a parent.
- Specific allergy concerns must be discussed with the school nurse. The nurse will communicate specific food allergies to necessary faculty and the School's Food service provider.
- Parents are responsible for providing their child(ren) with an EpiPen/Auvi Q and the prescribed antihistamine as needed. In addition, there are extra EpiPen/Auvi Q stations located throughout the school and in the nurse's office.
- A Medical Condition List is created at the beginning of each school year and updated as needed by the school nurse on a need-to-know basis. Students with life threatening allergies would be on this list. All faculty are notified by email with these lists.
- When children are participating in field trips, all allergy care plans must be up-to-date and emergency medication must be available. If these requirements are not met, participation in field trips may be jeopardized.

Faculty who teach students with documented food allergies are informed of the emergency protocols and prepared to respond in the event of a severe allergic reaction. Copies of the protocols will be kept with the child's medication in a labeled Ziploc bag. The Lower School teachers will store this medication in their first aide backpacks in the classroom. Middle School and Upper School allergy medication is either carried by the student or stored in the nurse's office.

If you have any questions or concerns, please contact the school nurse.

https://www.foodallergy.org/

EMERGENCY MEDICATION

Students requiring an epinephrine auto-injector (Epipen or Auvi-Q) and/or a multi-dose inhaler (MDI) must carry their own medication/device to all practices and games and should self-administer. Collegiate will provide the coach with one emergency twin set of epinephrine auto-injectors and one emergency inhaler. Prior to the start of the school year, allergy and asthma care plans must be current on the Magnus Health Portal. All medication- administration issues that may arise in the athletics context should be discussed with the School Nurse and the coach.

MRSA (Methicillin-Resistant Staphylococcus Aureus)

MRSA infections are transmitted from person to person through direct contact with skin or through contact with contaminated items. The bacteria can enter the body through breaks in the skin and sometimes cause infection. Prevention of MRSA is possible by practicing excellent hygiene habits such as hand washing, covering all cuts or wounds, showering and washing clothing after exercising, and by not sharing personal items such as towels, razors, and clothing. Collegiate School, through its Maintenance Department, follows State and CDC guidelines on facility cleaning and upkeep that aim to prevent skin infections.

GENERAL ILLNESS

If your child is feeling sick, please keep them home and notify the appropriate divisional office of the reason for absence. Tracking illness trends allows us the ability to preserve a healthy school environment.

If your child experiences an injury or is diagnosed with a new medical condition, when ready to return to School, please contact the Nursing Team with details and to discuss any impact on your child's physical, academic, or psychological needs in the School environment.

In order for your child to return to school after illness, we ask the following:

- Your student can return after illness when symptoms have subsided, they are well-nourished, energized AND has no fever for 24 hours without the use of fever reducing medications (Advil/Ibuprofen/Motrin/Acetaminophen/Tylenol) as well as no vomiting or diarrhea for at least 24 hours. Please note, a fever is considered to be 100.0 degrees and above. If diagnosed with strep throat, students can return after receiving a full 24 hour dosage of prescribed antibiotics AND symptoms are improving.
- If they have a skin rash, students can return after a diagnosis from their healthcare provider has been provided along with a treatment plan AND symptoms are improving.
- If they have a red, crusted, itchy, irritated eye or eyes with or without drainage, students can return after a diagnosis from their healthcare provider has been provided along with a treatment plan AND symptoms are improving.
- If a student has been diagnosed with conjunctivitis (pink eye), students can return after receiving a full 24 hour dosage of prescribed antibiotics AND symptoms are improving.
- If a student has been diagnosed with seasonal allergies, please follow your healthcare provider's recommendations for administering antihistamine medications to maximize time at school comfortably with improved symptoms.

Athletic Code of Conduct

- Always remember that you represent Collegiate School and the community, and that it is a privilege to be a member of a team.
- Be gracious in defeat and modest in victory.
- Be punctual and prepared for all practices and games.
- Have a desire to improve skills and knowledge of the sport.
- Exhibit a willingness to work hard.
- Avoid profanity and inappropriate language.
- Control one's temper and emotions.
- Refrain from illegal tactics.
- Always act in a most sportsmanlike manner.
- Treat visiting teams and officials with respect.
- Attend all practices.
- Keep the coach informed of any potential conflicts that may hinder meeting team obligations.
- Report all injuries to the coach.
- Plan your schedule so that you give sufficient time and energy to your studies to ensure acceptable grades.
- Follow intelligent training rules.
- Avoid alcohol, tobacco, and mood-modifying substances, which are proven harmful to the body and hinder maximum effort and performance.
    a. Get the proper amount of sleep.
    b. Maintain a well-balanced diet, including a good breakfast.

Collegiate School Athletic Offerings

FALL
Cross Country
Varsity Soccer and Junior Varsity Soccer
7th and 8th Grade Cross Country
7th Grade Soccer and 8th Grade Soccer (and usually a 3rd team designated as 7th/8th Blue team)

WINTER
Varsity Basketball and Junior Varsity Basketball
Indoor Track and Field
Wrestling
7th Grade Basketball and 8th Grade Basketball
7th and 8th Grade Wrestling

SPRING
Varsity Baseball and Junior Varsity Baseball
Varsity Golf
Varsity Tennis and Junior Varsity Tennis
Track and Field
7th Grade Baseball and 8th Grade Baseball
7th and 8th Grade Track and Field

LEAGUE AFFILIATION
Collegiate School is a member of the New York State Association of Independent Schools Athletic Association (NYSAISAA). Our school affiliations are the Ivy Preparatory League for the Upper School and the Metropolitan Middle School League (MPMSL) for the Middle School.

Schedules

On occasion, changes to the schedule are necessary due to weather, school conflicts, or unexpected emergencies. For the most part every effort will be made to complete the schedule.
Schedules are available approximately two weeks prior to the start of each season. The schedules are published on the school's website on the Athletics page.

If a game or contest is cancelled or moved to a different site, parents will receive an email from the Athletic Department as soon as possible. If a game or contest is cancelled, the coach will determine if the teams will still practice.

SEASON STARTING DATES FOR UPPER SCHOOL

Fall Sports — Ivy League can start 19 days prior to Labor Day
Cross Country (Varsity and Junior Varsity) will begin on August 27, 2026.
Soccer (Varsity and Junior Varsity) will begin on August 24, 2026.

Winter Sports — November 2, 2026
Basketball (Varsity and Junior Varsity)

Indoor Track and Field (Varsity and Junior Varsity)
Wrestling (Varsity and Junior Varsity)

Spring Sports — can begin February 24, 2027
Baseball (Varsity and Junior Varsity)
Golf (Varsity)
Outdoor Track and Field (Varsity and Junior Varsity)
Tennis (Varsity and Junior Varsity)

SEASON STARTING DATES FOR MIDDLE SCHOOL
Fall — September 9, 2026 (sign-ups will be dismissed by 3:00 pm)
Winter — November 9, 2026 (sign-ups will have a slightly early dismissal)
Spring — March 1, 2027 (sign-ups will have a slightly early dismissal)

Transportation

Student athletes are transported to and from away contests, practices, and scrimmages by School-authorized vehicles. All transportation will originate from the School (typically 62nd street and Freedom Place South) and return to the same location after contests, practices, and scrimmages. Under certain circumstances, students may leave athletic contests or practices on their own, provided the parent has filled out and returned the Athletic Dismissal form from the Athletics page of the Collegiate website or parent download page (under Resources) of Collegiate Connect. At a contest, parents can have their child ride home with them without an Athletic Dismissal Form.

No student athlete may take their own private vehicle without written parental permission and the approval of the Athletic Director. The student athlete may not transport other members of their team. Only boys on the roster (student athletes/managers), faculty members, and coaches are allowed to be transported by Collegiate School-authorized vehicles.

Student athletes are permitted to be dropped off at predetermined points during the trip back to Collegiate as long as a parent has completed the Athletic Dismissal form found on the parent download page. This form must be given to the Head Coach.

Injury Management and Return-to-Sport Process

All athletics-related injuries must be reported promptly to the coach and Collegiate School athletic training staff. Upon notification, the athletic trainer will evaluate the injury and initiate one of the following management pathways:

1. **Athletic Trainer-Managed Care** – The athletic trainer will provide appropriate initial management and rehabilitation based on their clinical assessment.
2. **Referral for Advanced Medical Care** – If the injury requires evaluation beyond the scope of athletic training, the athletic training staff will advise the parent/guardian to seek care from an appropriate healthcare provider.

Return-to-Sport Authorization
Prior to resuming athletic participation (practice or competition), a written medical clearance by the athlete's health care provider must be submitted by the parent/guardian to the school nurse, who will then forward

it to the athletic training staff. Upon receipt of clearance, the athletic trainer will oversee and manage the student-athlete's return-to-sport progression in coordination with the coaching staff.

Allied Health Professional Involvement
If an athlete's injury is being managed by an allied health professional (e.g. physical therapist), the athlete will remain under the supervision of that provider and will be withheld from team activities until return-to-sport recommendations have been communicated to the athletic training staff. If an allied health professional provides additional treatment that results in time loss from practices or games, the parent must submit any required follow-up documentation before the athlete resumes athletic participation. Final return-to-sport progression will then be directed by the athletic training staff in collaboration with the coaching staff.

SPORTSMANSHIP
Collegiate School, in association with the Ivy Preparatory League, promotes good sportsmanship by student athletes, coaches, and fans alike. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, racial or ethnic slurs, fighting, or other inappropriate behavior will not be tolerated, and are grounds for removal from the site of competition and further disciplinary action. In addition, the use of artificial noisemakers is not permitted.

Message to Spectators

We appreciate fan support for members of Collegiate School's athletic teams. We expect all cheering to be positive and directed toward our teams. At no point should fans be speaking directly to coaches, opposing fans, officials, or contestants. We should be aware that the contestants are Upper and Middle School athletes in a school environment. We believe that we should let officials officiate, players play, and coaches coach. Fans should behave respectfully.

RESPECT FOR OTHERS/HAZING/BULLYING
In a community that is built on mutual trust, respect, and a right to physical and emotional security, fighting is unacceptable, as is bullying, hazing, and abusive language or imagery (written, spoken, printed, or digital). Bullying involves any physical, verbal, or implied threats of intimidation by one or a group of students over another. Hazing refers to any activity expected of someone joining a group (or to maintain full status as a group) that humiliates, degrades, or risks emotional and/or physical harm, regardless of the person's willingness to participate. For further definitions and information about bullying, see Collegiate School's Policy on Student Harassment/Bullying. Collegiate School's Policy on Student Harassment/ Bullying applies fully in the athletic context, including, but not limited to, practices, games, and contests.

PHONE USAGE POLICY IN THE LOCKER ROOM
Due to a potential invasion of privacy, students should not use phones at any time while in the locker room. If you need to use your phone, please do so outside of the locker room area.

MIDDLE SCHOOL PHONE POLICY ON BUS TRAVELING TO PRACTICE AND GAMES
Middle School students should follow the same policy (no phone usage) as they follow during the school day while on the bus traveling to and from practices and games. If students do not carry their phone on the bus, their coach will have a phone available for their use if needed for emergencies. When a student does carry their phone on the bus, they should keep it in their school or athletic bag. They should only use them to make emergency calls (getting back later than expected, communicate with parents, report sickness, etc.). A

student may, however, use their electronic device to do homework by getting permission and then sitting in a designated area of the bus as assigned by their coach.

ATTENDANCE

Student athletes are expected to attend all scheduled practices and games unless excused by the coach. Fall athletes are strongly encouraged to attend the pre-season training camps. Winter athletes are strongly encouraged to attend all vacation practices and competitions. In the spring, some athletes could travel with the teams for pre-season practice and are expected to attend the practices and games during spring break.

Spectator Code of Conduct

STATEMENT OF PHILOSOPHY

Collegiate School encourages the attendance of students, parents and interested members of the community at all athletic events. It is our goal to create an atmosphere which is conducive to healthy athletic competition, and which promotes the ideals of good sportsmanship and school spirit.

Collegiate School recognizes the importance of maintaining an atmosphere that is safe and secure for our community.

As such, we ask our spectators to:

- Demonstrate a high degree of sportsmanship.
- Respect ALL players, coaches and officials.
- Cheer in a positive manner and encourage fair play; avoid booing opponents.
- Taunting, foul and abusive language, noisemakers, inflammatory remarks, and disrespectful signs and behavior will not be tolerated.
- The throwing of debris, confetti, or other objects from the stands is prohibited.
- Monitor the safety of children in the bleachers and stands.
- Be responsible for your own safety - remain alert to prevent accidents and other avoidable situations.
- Acknowledge fields, courts, equipment and locker rooms as the player's domain during contests.
- All spectators must remain in the designated home/visitor spectator areas at all times, including halftimes, quarters, time outs, etc.
- Be supportive after the game—win or lose. Recognize good effort, teamwork and sportsmanship.

Athletic contests home, away or at a neutral site are an extension of the classroom. Spectators will respect and obey all school officials and site personnel.

Violations of the "Spectator Code of Conduct" by any student, parent or guest could be cause for removal from the competition venue.

COMPETING ON NON-SCHOOL TEAMS IN SEASON

If a student athlete competes on a non-School team while participating on a School-sponsored team, communication between the student and coach is necessary. Student athletes are to make the Collegiate School team their first priority. Participation on the School team must be primary to all other sports obligations.

PARTICIPATION IN CONFLICTING SCHOOL-SPONSORED PROGRAMS

The athletic department realizes that every student should have the opportunity for a wide range of

experiences in the area of extracurricular activities. A student-athlete should clearly communicate to a coach before the season begins their interest in participating in another activity. The coach has discretion in handling potential conflicts, but athletes must understand that their commitment to the School team has a significant impact on the other members of the team and therefore should choose wisely when making decisions. Students should be careful not to take on too much in their extracurricular schedules to prevent conflicts. The key to avoiding these types of situations is careful planning and communication.

FAMILY VACATION

Family trips should not conflict with team obligations (practices or games). When parents choose to take family vacations during sports seasons, it must be understood that the time missed by the student athlete can affect team chemistry and individual conditioning, as well as individual and team performance. Student athletes who miss practice may have their role or playing time adjusted. Coaches will make every effort to inform the athlete and their parents of the season's schedule as early as possible. Also, student athletes and parents should inform the coach of potential scheduling conflicts as early as possible.

RELIGIOUS FASTING DURING HOLIDAYS FOR ATHLETICS

All students will be expected, with adjustments to their schedule and workouts, when necessary, to take part in Athletics.

Coaches, students, and parents should work together to figure out a safe and, if needed, modified program to ensure that participation in an activity will be done in a safe manner.

All coaches should make students aware that modifications are available. We also ask that students and parents speak privately with their coach to make them aware of the fasting so modifications can be made. Coaches realize that during fasting, normal energy sources can be low, and the risk of dehydration becomes greater. Coaches will be sure to adjust activity levels to a safe point for fasting students so that they can participate safely.

Parents are urged to contact the Athletic Director, Raymond Voelkel and/or Assistant Athletic Director, Paul Mankowich if they have any concerns. Exemptions will be made as needed.

RELIGIOUS HOLIDAYS—NEED TO OBSERVE BY SUNDOWN FOR ATHLETICS

Certain religious holidays may require students to attend services before the sun sets.

Coaches will plan all practices to arrive back to school in time so that students are able to observe the holidays properly.

If parents or students realize that by going to practice, they will be unable to fulfill their commitment, accommodations should be made prior to practice which will allow the student to miss practice and for the coach to be able to plan properly.

Parents are urged to contact the Athletic Director, Raymond Voelkel and/or Assistant Athletic Director, Paul Mankowich if they have any concerns. Exemptions will be made as needed.

TEAM EXPECTATIONS

Collegiate School student athletes should put aside individual goals for the sake of the team. We are a "team first" athletic program. We encourage student athletes to think about themselves and their development, but in a team concept. Players must put the team first and accept their role on the team. Any conflicts dealing with scheduled practices or games need to be communicated in a timely fashion with the coach. Coaches

may establish rules and regulations with the approval of the Athletic Director for their sports. These team expectations will be given by the coach to all team members and to all parents in the introductory pre-season letter.

EQUIPMENT
It is the responsibility of the student athlete to care for and return any School-issued uniform or equipment at the end of the season. If any equipment or uniforms are not returned or are lost, the student athlete will be charged a replacement fee. Athletic charges are reported to the Business Office and made to student accounts in late December/early January; a second bill is sent in late May/early June.

Tryout and Selection Period

To the extent participation in a sport may be limited due to facilities or practice constraints, the following criteria shall apply:

Coaches' Responsibility:
- Choosing the members of a team is the sole responsibility of the coaches of those teams.
- The Junior Varsity or Middle School coaches shall take into consideration the policies as established by the Varsity Head Coach of the particular sport.
- Prior to the tryout, the coach shall provide the following information to all prospective team members:
  1. Extent of tryout period.
  2. Criteria used to select the team.
  3. Practice commitment if they make the team.
  4. Game commitments.
  5. Number of players to be selected.

The selection process for participation will include the following important elements:
- Have competed in at least 3 practice sessions.
- Have performed in at least 1 intra-squad game when possible.
- Be personally informed of the coach's decision when cutting a player and the reason for the action.
- Coaches will discuss alternative possibilities for participation in the sport or other areas in the Athletic program.

DROPPING OR TRANSFERRING SPORTS
We believe that once a student is selected for or commits to a team that he should remain on that team throughout the season and that quitting is rarely the best course of action. On the rare occasion that a student finds it necessary, the following procedure should be followed:
- Consult with your coach, preferably in person.
- Hand in all equipment and the School-issued uniform.
- Report this to the Director of Athletics and Physical Education.
- Register for a Physical Education class or another sport.

SPORTS SCHEDULE WEBSITE
Visit the Athletics page on the Collegiate website for the daily and seasonal information. Every effort is made to update any changes to the schedule. Parents will receive emails if there are any cancellations or changes to the daily schedule.

TEAM LETTER—PRACTICE SITES AND TIME

This information will be included in the letter sent to parents early in the season.

PARENT COACHING DURING CONTESTS

Collegiate School coaches provide student athletes the opportunity to have meaningful experiences, positive life lessons, accomplishments, and success through the development of work ethic, desire, and perseverance. As they coach during contests, the coaches maintain the standards set by the School. Parents should be respectful and mindful that they should never coach from the sidelines or stands. The School retains the right to ask a parent to leave an athletic event if their behavior is deemed inappropriate by the School.

EXPECTATIONS FOR PARENTS

The Collegiate School Athletic Department always strives to achieve:

- A safe, caring, challenging environment.
- Communication about athletics and athletic philosophy.
- Consistency and fairness.
- Communication regarding any disciplinary action.

STUDENT/PARENT COMMUNICATION WITH COACHES

We want our student athletes to learn how to have conversations with their coaches without advocacy from their parents. We understand that at times parents may feel the need to speak with a coach about certain concerns. However, before they do, we would like parents to encourage their children to speak with the coach first. We have found that a simple conversation can resolve many issues.

Should a meeting with the student athlete and coach not resolve the issue or concern, there are situations where a meeting with the parent and coach may be appropriate. At this point it is important that both parties involved have an understanding of the other person's position. The following procedures should be used to help resolve any areas of concern.

Parent procedure to follow when discussing a concern with a coach:

1. Send an email or call to set up an appointment.
2. Please do not confront a coach before or after a contest or practice with a concern. Appropriate concerns to discuss with coaches:
   a. The treatment of your child, both mentally and physically.
   b. Concerns about your child's behavior.

Issues not appropriate to discuss with coaches:

1. Playing time.
2. Play calling or strategies used or suggestions to be used.
3. Other student athletes.

What to do if the meeting with the coach did not provide a resolution:

1. Call or email the Athletic Director, Ray Voelkel, to discuss the situation and, if needed, schedule a meeting. At this meeting the Athletic Director will try to help understand the issue and come to a positive resolution

RECOGNITION OF THE STUDENT ATHLETE

Collegiate School seeks to reward the efforts of its student athletes, recognizing hard work, dedication, commitment, and outstanding performance. Athletic letters are awarded to members of varsity sports based on effort, attendance, commitment, and performance. The earning of a letter is up to the discretion of the coach.

The coach will provide clear guidelines to all athletes as to the standards needed to meet to earn a varsity letter.

GUIDE FOR THE PROSPECTIVE COLLEGE ATHLETE

The Initial-Eligibility Clearinghouse has been established by the National Collegiate Athletic Association (NCAA) for the benefit of those students wishing to participate in intercollegiate athletics while attending a college or university in the United States. The Clearinghouse is designed to certify an individual's athletic eligibility before he enters a university or college. The focus of the organization is on Division I and Division II schools, but it also acts as an advisor model for Division III schools. This information is available on the NCAA website.

Collegiate School

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