



Free High School SPORTS PHYSICALS

Ridgeview Clinics is offering FREE Minnesota State High School League (MSHSL) Qualifying Sports Physicals to students entering grades seven through 12 at several locations. Below are the dates, times and locations. To schedule an appointment, call the Ridgeview Clinics location that is most convenient for you. Limited appointments available.

Participating Ridgeview Clinics locations:

ARLINGTON | 507.964.2271
601 W. Chandler Street
+ Tuesday, July 7, 1:15 to 4 p.m.

GAYLORD | 507.237.5523
660 Third Street
+ Thursday, July 9, 8:30 to 11:15 a.m.

CHANHASSEN | 952.934.0570
7907 Powers Boulevard
+ Wednesday, July 15, 3 to 7 p.m.

WINSTED | 952.442.3190
551 Fourth Street N.
+ Wednesday, July 8, 5 to 7 p.m.

Free sports physicals must be made by calling Ridgeview Clinics and cannot be scheduled online. Note: A parent or guardian must accompany minors or provide appropriate consent when scheduling if unable to attend the appointment.

These are preparticipation exams strictly intended to meet MSHSL requirements to screen for physical or medical conditions that might put the student-athlete at risk for participation. It does NOT replace your annual checkup/child wellness exam. If the student-athlete is currently under medical care or requires further follow-up prior to clearance for athletic participation, they will be referred to the appropriate medical provider.