

SUMMER MEALS

FREE BREAKFAST & LUNCH FOR ALL KIDS 1 - 18
ADULT MEALS: \$5.00

ALL MEALS INCLUDED FRESH FRUIT, VEGGIES, AND MILK

Join us for breakfast and lunch at MID VALLEY ELEMENTARY or at one of our MOBILE MEAL PICK UP SITES

CASCADE LOCKS

Cascade Locks School [8:00-8:10 AM]
 Ruckel & Taylor St [8:20-8:30 AM]
 NW Clark St [8:40-8:50 AM]
 Forest Ln & Shahala St [9:00-9:10 AM]

HOOD RIVER

Hood River Crossing [9:40-9:50 AM]
 One Community Health [10:30-10:45 AM]
 Westside Elementary [11:00-11:15 AM]
 Jackson Park [11:25-11:40 AM]
 Hope Ave [11:50-12:00 PM]
 May Street Elementary Cafeteria [11:00-12:30 PM]

UPPER VALLEY

Odell Community Park [10:05-10:20 AM]
 Pine Grove School [10:30-10:40 AM]
 Mt Hood Store [10:50-11:05 AM]
 Parkdale Elementary [11:20-11:35 AM]

Mid Valley Elementary School

Breakfast [7:30AM-8:00 AM]
 Lunch [10:30 AM-12:30 PM]

The mobile route schedule may change. For the most up-to-date locations and times, check our website

www.hoodriver.k12.or.us/nutritionservices

LUNCH MENU - MOBILE MEAL ROUTE WEEK OF JUNE 22, JULY 6, JULY 20, AUG 3, AUG 17

M	T	W	T	F
Flatbread Pizza Snack Box Fresh Fruit Veggies Milk	Bean & Cheese Burrito Fresh Fruit Veggies Milk	Chicken Ranch Wrap Fresh Fruit Veggies Milk	Chicken Drumstick Macaroni Salad Fresh Fruit Veggies Milk	Turkey & Cheese Sandwich Fresh Fruit Veggies Milk

LUNCH MENU - MOBILE MEAL ROUTE WEEK OF JUNE 29, JULY 13, JULY 27, AUG 10

M	T	W	T	F
Whole Wheat Bagel & Cream Cheese Fresh Fruit Veggies Milk	Chicken or Cheese Tamales Fresh Fruit Veggies Milk	Yogurt Parfait & Muffin Fresh Fruit Veggies Milk	Cheesy Breadstick & Marinara Fresh Fruit Veggies Milk	Sub Sandwich Fresh Fruit Veggies Milk

Vegetarian meal alternative offered daily.

We proudly source local fruit, vegetables, grains, and meat when possible.

BREAKFAST MENU MOBILE MEAL ROUTE

M	T	W	T	F
Cereal Yogurt Fresh Fruit Juice Milk	Granola Round Yogurt Fresh Fruit Juice Milk	Cereal Yogurt Fresh Fruit Juice Milk	Granola Round Yogurt Fresh Fruit Juice Milk	Cereal Yogurt Fresh Fruit Juice Milk

Breakfast for the following day will be provided at the lunch pick up time on the mobile meal route.

This institution in an equal opportunity provider.

