

Dec 4, 2023 | 📅 Health & Wellness Committee Meeting 1PM

Attendees: Annette Bunton Cueto, Alexa Christie Jay Don Hoover Deborah Keith
Michael D'Angelo Nathaniel Snipes Salle Anne Gilchrist

Notes

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Bentonville Schools implements the Coordinated School Health Initiative. The Centers for Disease Control and Prevention (CDC) has identified eight interrelated components for effective Coordinated School Health Programs.

- School Health and Safety Policies and Environment
- Health Education
- Physical Education and Physical Activity Programs
- School Health Services
- Nutrition Environment and Services
- Counseling, Psychological, and Social Services
- Social and Emotional Climate
- Physical Environment
- Employee Wellness and Health Promotion
- Family Engagement
- Community Involvement

Please add your agenda items here

Action items

- ☐ Health Services- Nursing Report-1st Semester - Deb Keith
 -  Wellness Committee -Nrsg. 12/2023
- ☐ 
- ☐ [103 KB](#)
- ☐ Social Workers-Lindsey Jones-Bentonville District Efforts
 - ☐ The role of a school social worker (Kelsey)
 - ☐ How the social workers provide resources to families (Lindsey)
 - ☐ The number of students we have served this year (Taryn)
- ☐ Menu Review-Student Input

Meeting Notes: 12/4/23

Student feedback for menu items.

Favorites: Chicken Sandwich, walking tacos, make your own pizza, likes hamburgers. The breakfast bar and make your own pizza were not his favs

Menus are online.

Pam Martin-UAMS CHEFS partner programs

Powerpoint-CHEFS

Dietician-UAMS

- Creating healthy environments for schools
- Last year for Bentonville Schools in the 3 year program
- Increase healthy food participation for students & employees
- Increase awareness of healthy behaviors through menu and nutrition info for families
- Veggie Meter, Recipe Development, Salad Bar Makeover, Student-led lunchroom assessment, PTO/PTA
- Social Media
- Promotional Video: Cutting out some fats and sodium, taste tests, culturally diverse foods, menus with all 5 food groups, reduce food waste, encourage responsible dietary decisions at a young age

Health Services Nursing Report: Deb Keith

- Modules addressing Coordinated School Health
- Vaccine report-Immunization
- Narcan
- AEDs
- Stop the Bleed
- American Heart Association
- Board Report
- Vision Screenings, even color-blind
- Increase of mental illness, anxiety, ADHD, depression (Sometimes caused by social media use)
- Cell phone policies-district wide? Withdrawal symptoms from taking away screen time
- Ipad to amazon fire tablet helps

Social Workers-Bentonville

- Lindsey, Taryn, Kelsey
- Connections through school-home-community
- Basic needs
- School supplies
- Housing
- Food & Clothing
- Partner community organizations
- Referrals come from school employees, nurses, teachers, counselors
- Needs assessments
- Food pantry and hygiene closet
- Connection to other resources, like snap and medicaid

- Supporting documentation
- Community support liaisons
- Giveaways-to homeless students, Lynn Rhuda and Esther Murdock
- Shop with a Cop
- 442 initial referrals, 1766 interactions with families
- 439 homeless students
- 173 AR kids interactions
- 179 food
- 46 snap applications
- Clothing is a big need
- 146 families with counseling referrals
- Needs? 9-10 schools assigned to each social worker
- Need physical education director, need PE professional development

Salle Ann Gilchrist

Play is important-to learn through play

Need updated professional development

Question? Grades in PE for the student report card

Rumor

First name	Last name	Email	Duration	Time joined	Time exited
Annette	Bunton	abunton@bentonvillek12.org	1 hr 3 min	12:55 PM	2:01 PM
Michael	D'Angelo	michaeldangelo@bentonvillek12.org	1 hr 2 min	12:59 PM	2:01 PM
Salle Anne	Gilchrist	sgilchrist@bentonvillek12.org	1 hr 3 min	12:58 PM	2:01 PM
Christie	Jay	cjay@bentonvillek12.org	1 hr 2 min	12:59 PM	2:01 PM
Lindsey	Jones	ljones@bentonvillek12.org	1 hr 3 min	12:58 PM	2:01 PM
Deborah	Keith	dkeith@bentonvillek12.org	1 hr 2 min	12:59 PM	2:01 PM
Pam	Martin	pame*****@***.com	59 min	1:03 PM	2:01 PM
Nathaniel	Snipes	nathanielsnipes@bentonvillek12.org	22 min	1:14 PM	1:41 PM
+1 479-***-**95			1 hr 4 min	12:57 PM	2:01 PM

