

Arts, Athletics and Activities - Cord and Scholarship Winners

The Arts, Athletics, and Activities graduation cords and scholarships recognize students who have demonstrated outstanding involvement, dedication, and leadership throughout their time at Lakes International Language Academy. In selecting recipients, the Boosters and the AAA Department considered the wide range of activities students participated in during their years at LILA, including athletics, fine arts, clubs, service opportunities, and other co-curricular experiences that enriched the school community.

AAA Scholarship Recipients:

Allie McKinney, Jason Skupien, Ella Stout, Alice Welciek, and Charlotte Zapolski

AAA Cord Recipients:

Andrianna Burns-Salas, Asher Carlson, Owen Davis, Matthew Diemer, Kaedyn Erickson, Ayla Fedoravicius, Connor Fraley, Turner Hoelzel, Will Husnik, Lillie Johnson, Kennedy Lasch, Gracen Lemler, Owen Lewis, Allie McKinney, Emily Mihm, AvaMarie Miller, Isaac Opel, Myles Pacyga, Joseph Parke, Addison Schires, Jason Skupien, Veta Skwiot, Fergie Solano, Jackson Steffen, Lauren Stemper, Ella Stout, Sienna Vixayvong Storelee, Alice Welciek, and Charlotte Zapolski



Boys Volleyball

This year marked the inaugural season of Boys Volleyball at LILA, and it was a great start for a brand-new program. From the first serve to the final match, the team showed steady growth, effort, and a strong willingness to learn and compete together.

Throughout the season, players built foundational skills, gained valuable game experience, and began establishing what will become the identity of the program. While still in its early stages, the team showed clear progress and a lot of promise for the future.

We're excited about what's ahead and look forward to continuing to grow and develop Boys Volleyball in the seasons to come as the program builds experience, participation, and tradition.



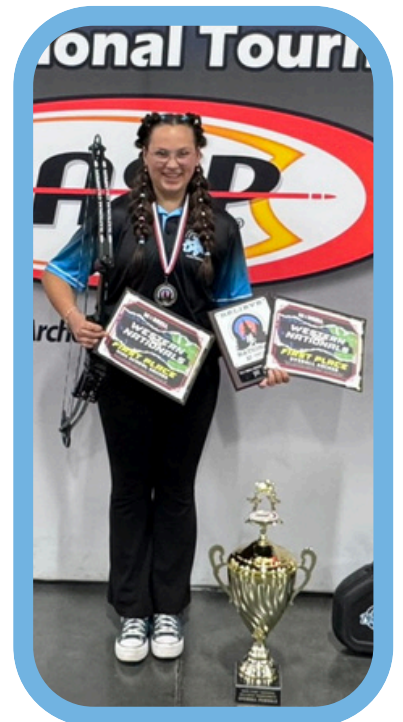


Archery

LILA's High School Archery Team wrapped up an outstanding season with major success at both the Minnesota State Tournament and NASP Western Nationals. At state, the team earned 2nd place in Bullseye and 3rd place in 3D, with multiple top-10 finishes and scholarship awards earned by Anika Madson, Brecken Lee, Jacob Leach, and Lauren Stemper. A major highlight was Anika Madson being named Overall Female Champion in both Bullseye and 3D.

Building on that momentum, LILA advanced to Western Nationals in Utah, competing against 298 schools from 35 states. The team delivered strong results, including an 11th-place finish in 3D, a national title in Bullseye for Brecken Lee (1st place, 296/300), and additional top finishes from Anika Madson, who placed 9th in Bullseye and 12th in 3D. Brecken's performance also earned her overall female champion and tied for overall tournament champion.

Across every competition, LILA archers demonstrated focus, growth, and teamwork while representing their school with pride. From state-level achievements to national recognition, the season highlighted both individual excellence and the strong team culture that continues to define the program.





Clay Targets

The Clay Target team had another strong season, demonstrating focus, discipline, and steady improvement throughout the spring. Our student-athletes worked hard to develop their skills and represented the school with excellent sportsmanship both on and off the range. The season provided many opportunities for personal growth, teamwork, and competitive success, and we are proud of the dedication shown by every participant. Congratulations to all our shooters on a great season, and we look forward to seeing the program continue to grow in the future.



Golf

The boys and girls golf teams wrapped up a successful season filled with growth, dedication, and strong performances on the course. Special congratulations to Heidi Hinz, who earned All-Conference honors for her outstanding season. We also celebrate Aubrey Lathrop, an eighth grader, who advanced to the second round of Sections. An impressive accomplishment and a testament to her hard work and talent. We are proud of all of our golfers for representing LILA with sportsmanship and perseverance throughout the season and look forward to continued success in the years ahead.





National Honors Society

Members of the National Honor Society (NHS) and Junior National Honor Society (JNHS) dedicated their time and talents to serving both the school and local community throughout the year. Students participated in a variety of service projects, including the Scary Scamper Trunk or Treat event, a hygiene kit packing event, volunteering at Feed My Starving Children, organizing the Donut Daze fundraiser, and helping with community trash pick-up efforts. Through these experiences, members demonstrated leadership, service, character, and a commitment to making a positive impact on those around them. We are proud of their hard work and dedication to giving back.





Track & Field

The LILA Track & Field team closed out an impressive season marked by continued growth, strong competition, and record-breaking performances. This year, the program broke 12 team records, reflecting the dedication and progress made across events throughout the season.

At the Section Finals meet, competing against 21 teams, LILA athletes rose to the occasion with multiple top finishes and standout performances. Notable results included Amanda Kehoe (8th, 100M - 13.28), Ava Weaver (8th, 300H - 51.47; 4th, 100H - 16.91), Norah Sosnoski (6th, 200M - 27.09; 3rd, Triple Jump - 36'1"), Lauren Stemper (6th, 1600M - 5:34.22), and Wyatt Wilson (6th, Discus - 119'0"). The 4x200M relay team of Norah Sosnoski, Natalie Wynia, Catherine Molitor, and Amanda Kehoe also earned a strong 3rd-place finish (1:52.25).

A major highlight of the season was Norah Sosnoski qualifying for the State Meet in the triple jump, a significant achievement that capped off her success across multiple events. With consistent top-8 finishes and strong relay performances, LILA athletes demonstrated both individual excellence and team depth at one of the most competitive meets of the year.

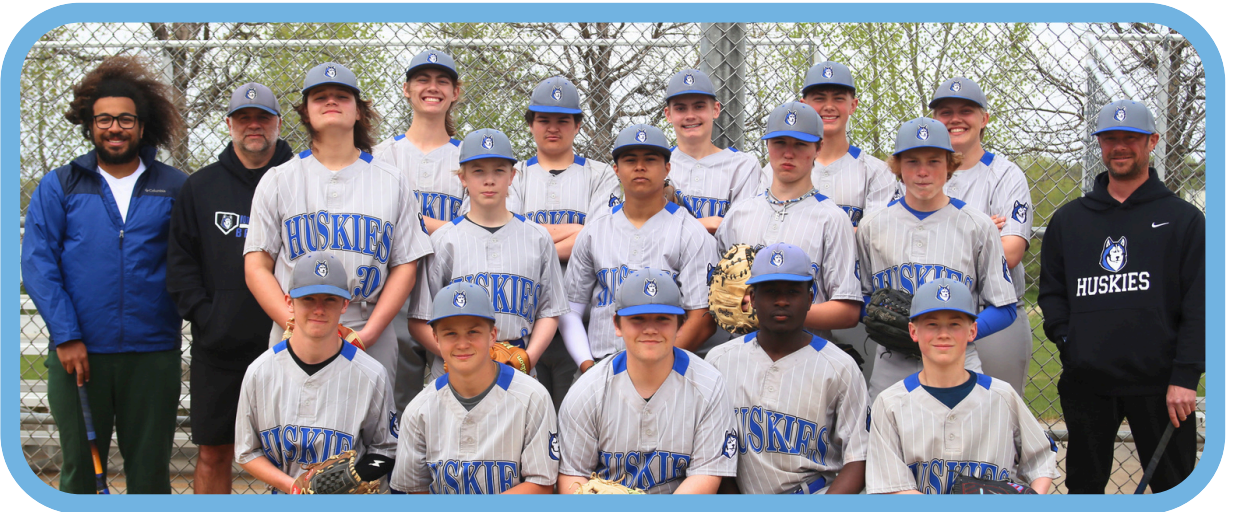




Baseball

The varsity baseball team completed another season marked by growth, effort, and continued development on and off the field. Throughout the spring, athletes worked to improve their skills in hitting, fielding, pitching, and overall game understanding while competing with determination and teamwork in every game. The team showed resilience and a positive attitude, gaining valuable experience that will help build the foundation for future seasons.

The middle school baseball team also enjoyed a successful season focused on learning, skill development, and fostering a love for the game. Players gained valuable experience while building confidence, teamwork, and baseball fundamentals. Their enthusiasm and growth throughout the season have created a strong foundation for the future, and we are excited to see these student-athletes continue to develop as they move through the LILA baseball program.





MSHSL Awards & Academic Recognition 2025-2026 School Year

The following students earned recognition during the 2025–2026 school year through the Minnesota State High School League (MSHSL) across a variety of award categories, including All-Conference, All-Conference Honorable Mention, All-State Honorable Mention, Academic All State, Academic All Conference, Academic Excellence, and Academic Archers. These honors celebrate student-athletes and participants for their dedication, hard work, leadership, sportsmanship, academic achievement, and outstanding performance throughout their seasons. We are proud of each student recognized for representing LILA with excellence both in competition and in the classroom.

Academic All State

- Ellen Richards – Girls Varsity Volleyball
- Paisley Schulz – Girls Varsity Volleyball
- Owen Davis – Boys Varsity Basketball
- Matthew Diemer – Boys High School Golf
- Owen Davis – Boys High School Golf
- Lauren Stemper – Track & Field

Academic All-Conference

- Owen Davis – Boys Varsity Basketball
- Myles Pacyga – Boys Varsity Basketball
- Amanda Kehoe – Girls Varsity Basketball
- Owen Davis – Boys High School Golf
- Joseph Diemer – Boys High School Golf
- Matthew Diemer – Boys High School Golf
- Cora Sinna – Girls High School Golf
- Avery Kelsey – Girls High School Golf
- Heidi Hinz – Girls High School Golf
- Addison Schires – Girls High School Golf
- Julie Pfingston – Track & Field
- Beck Stevens – Track & Field
- Adalyn Jensen – Track & Field
- Cora Derksen – Track & Field
- Esme Phillipe – Track & Field
- Amanda Kehoe – Track & Field
- Wyatt Wilson – Track & Field
- Tristan Noggle – Track & Field
- Natalie Wynia – Track & Field
- Tasman Peterson – Track & Field
- Norah Sosnoski – Track & Field
- Joseph Parke – Track & Field
- Lauren Stemper – Track & Field
- Jacklyn Heckaman – Girls Varsity Volleyball
- Alaina Parsons – Girls Varsity Volleyball

All Conference Honorable Mention

- Jacklyn Heckaman – Girls Varsity Volleyball
- Veta Skwiot – Girls Varsity Soccer
- Norah Sosnoski – Girls Varsity Soccer
- Jaxson Fleahman – Boys Varsity Soccer
- Noah Armstrong-Kelly – Boys Varsity Soccer
- Aubrey Lathrop – Girls High School Golf
- Ellalyn Hunter – Girls High School Golf
- Amanda Kehoe – Track & Field
- Natalie Wynia – Track & Field
- Jazmin Garske – Track & Field
- Lauren Stemper – Track & Field
- Jacob Leach – Football

All Conference

- Ayla Fedoravicius – Girls Varsity Soccer
- Emily Mihm – Girls Varsity Soccer
- Connor Fraley – Boys Varsity Soccer
- Owen Lewis – Boys Varsity Soccer
- Jackson Steffen – Boys Varsity Soccer
- Jackson Dowd – Boys Varsity Basketball
- Heidi Hinz – Girls High School Golf
- Norah Sosnoski – Track & Field
- Lauren Stemper – Cross Country

All-State Honorable Mention

- Julia Pfingsten – Alpine Ski

All District

- Henry Selby – Football

Academic Archers

- Adalyn Jensen
- Aidas Satkevicius
- Alexandra Johnson
- Anika Madson
- Aras Satkevicius
- Azuolas Satkevicius
- Brecken Lee
- Emma Saumweber
- Isaiah Acero
- Jacob Leach
- James Batchelder
- Joseph Parke
- Julia Saumweber
- Kora Jensen
- Lauren Steffen
- Lauren Stemper
- Max Morgan
- Min Starzynski
- Montgomery Ross
- Owen Wetterlund
- Piper Lasch
- Riley Erickson
- Robert Marois
- Sawyer Lenzen
- Silas Ward
- Sophia Parke
- Teagan Erickson
- Tristan Noggle
- Walker McGuinness
- Willa Moats



School Store

We're excited to announce new apparel options for all our athletes and supporters! Whether you're a player, parent, or fan, we have something for everyone to wear with pride. [Check out our available collections](#) and what's coming soon.

For every apparel purchase, LILA earns 10%.



Coaching & Advisor Opportunities

If you are interested in leading a club or activity, please complete the [2026-2027 AAA Planning Form](#). This form will be utilized for current clubs and activities as well as new opportunities.

These are paid positions and are a great way to connect with students!

- **2026-2027 AAA Season: Site Supervisors, National Junior Honor Society (NJHS) Advisor, JV Girls Volleyball, Assistant Girls Volleyball, JV Boys Soccer, Boys Basketball**

Any questions can be directed to Matt McCabe, Athletics Director, at mmccabe@mylila.org.



LILA Booster Club

The Lakes International Language Academy Booster Club is looking for volunteers and supporters to share their time, talents, or donations to help spark joy and create memorable experiences for our LILA Dragons. Whether you'd like to get involved or give back, your support makes a meaningful impact on our students and school community.



Read More

If you'd like to learn more about LILA's latest achievements, events, and school news, we invite you to explore further by clicking the button to the right. It will take you to additional updates and highlights, where you can stay connected and celebrate all the great things happening in our community.



Did We Miss Your Activity?

Didn't see your activity highlighted? We'd love to include it—please send your information to marketing@mylila.org for consideration in an upcoming newsletter.

Keep in mind that some activities, such as archery, will be featured after their season has concluded, so we can share a full recap of their accomplishments.



Sportsmanship Expectations - MSHSL

The Minnesota State High School League expects all students and fans to demonstrate positive sportsmanship at every game and event. This includes showing respect for opponents, recognizing great performances, and accepting officials' decisions with class.

As representatives of your school and community, your behavior sets the tone. Be loud, be proud – but always be respectful.

Let's make every game a safe, fair, and enjoyable experience for everyone involved.

Dress Code/Attire

- Spectators may not wear masks or costumes that limit the ability to identify individuals. Masking for medical purposes is allowed
- Spectators must wear clothing that covers the torso
- Clothing worn must not be vulgar, obscene or inappropriate

Behaviors

- No one may interfere with the contest in any way
- Only members of the official squad may be on the contest surface
- The use of appropriate language is always expected. Profanity, negative chants, booing, trash talk, name calling, personal attacks or other acts of disrespect are unacceptable
- Respect the Flag and the National Anthem

Prohibited Items

- Flags, whiteboards, large signs on sticks, signs with vulgar, obscene or inappropriate language or images, or that obstruct the views of others or similar items
- Balloons, confetti, glitter, baby powder, pom poms or other similar celebratory items
- Artificial noisemakers (i.e., megaphones, cowbells, sirens, whistles, thunder sticks and other similar items)

Review complete Minnesota State High School League behavior expectations and requirements [here](#).

Follow On Social Media

[LILA Main Facebook](#)

[LILA Boosters Facebook](#)

[LILA Main Instagram](#)

[LILA Booster Instagram](#)

Arts, Athletics and Activities Contacts

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LAKES INTERNATIONAL LANGUAGE ACADEMY