EMERGENCY ACTION PLAN
Andrews Middle School Athletics

The following emergency action plan is a general outline for Andrews Middle School Athletics. It is expected that every coach will be knowledgeable in every aspect of the emergency action plan (EAP) in order to implement it.

Emergency Personnel: Includes the athletic training staff and coaching staff within Andrews Middle School Athletics. The first person on the scene (Personnel A) will implement the emergency action plan until the athletic trainer or EMS (Emergency Medical System) personnel arrive and assume control. The athletic trainer shall direct the management of the injured athlete on the field during all emergency injury situations. The athletic trainer shall maintain control of the management of the injured athlete until such control is relinquished to equally or more qualified medical personnel. Once the athlete has been evaluated and all life-threatening injuries as well as possible spine injures have been ruled out, the athlete should be stabilized if needed and removed from the playing surface and evaluated further on the sidelines or in the athletic training room.

1. The Head Coach will conduct his program with the health and safety of his players in mind.

2. When an athlete is injured, notify an athletic trainer as soon as possible.
   Diane Lloyd, LAT, ATC cell 575-318-9694

3. **If the Emergency Medical System (EMS) must be activated on campus:**
   a. Personnel A will remain with the injured athlete and perform emergency procedures as appropriate to American Red Cross training. Begin **CPR** if necessary. **DO NOT MOVE** the athlete in case of severe head injury, spinal injuries, or possible fractures. **DO NOT REMOVE** the helmet or shoulder pads in football.
   b. Personnel A will designate roles of other personnel as needed.
   c. Personnel B will activate EMS by using a cell phone; dial 911.
   d. Personnel C will get an AED and bring to the scene for Personnel A if the situation calls for it. Call and notify the parents.
   e. Personnel B will provide the EMS operator with the following information:
      -Type of emergency situation
      -Type of suspected injury and the first aid treatment being provided
      -Exact location of the facility: see page 3.
   f. Personnel B will make sure all necessary doors/gates are open for EMS to access the injured athlete. The keys to all doors/gates should be in the possession of the personnel on duty.
   g. Personnel B will go to the necessary entrance to meet EMS to specifically direct them to the location of the injured athlete.
   h. Personnel C will provide EMS with the athlete's medical consent and insurance form. These forms are found with coach's travel copies.

4. If the athlete is transported to the hospital:
   a. If possible, one coach should accompany them in absence of a parent.
   b. Have the proper paperwork in hand (medical consent, special medical conditions, insurance information.) This is with the coach's travel copies.
   c. This applies at home or on the road.

5. If the injury is not life threatening:
   a. Stabilize the athlete according to American Red Cross guidelines.
   b. Notify the Athletic Trainer.

6. Parents have the option of having their son/daughter treated by their physician of choice.

7. After an injury for which the athlete sees a physician or for which an ambulance is called, the athlete **may not** return to practice or competition until cleared by the appropriate healthcare professional.

8. The athlete must report injuries to the athletic trainer as soon as possible

9. Important phone numbers:

a. Ambulance	911
b. Permian Regional Medical Center	432-523-2200
c. Poison Help Hotline	1-800-222-1222

10. Should the athletic trainer be unavailable, follow these steps:

   a. If the injury is serious and needs immediate medical attention, stabilize and call an ambulance (911).
   b. If the injury is minor, follow the RICE (rest, ice, compression, elevation) recommended by the American Red Cross guidelines and have the Athletic Trainer evaluate it at a later time.

11. Off campus/away events:

If at an off-campus event and the host school employs a certified and/or licensed athletic trainer, have the injury evaluated by that individual.

12. Emergency Equipment available at Andrews Middle School:
Located either on the field or in the athletic training room: automated external defibrillator (AED), vacuum splints, sports chair, and electric drill.

13. Heat Guidelines:

AMS will follow the 2024-25 Recommended Heat Protocols and Procedures for Outside UIL Athletic and Marching Band Activities.

Prior to afternoon practices, the WBGT will be taken using a Kestrel instrument during the months with very hot weather. Coaches will be alerted should the WBGT fall within the yellow, orange, red, or black levels to thus follow those specific guidelines. Should the Kestrel measurements be different from the DTN measurements, the Kestrel measurements will be followed as they are measuring on the actual surfaces used while DTN measures on asphalt/concrete at the airport.

Should the WBGT on the grass field be within one set of guidelines vs. the turf field, the athletes on the turf field will move to the grass field for modified practice as allowed by the guidelines.

Water will be available at all times during practices. The turf field is close enough to the field house should a shaded area be needed for an athlete. A tent will be available for shade on the grass field based on the WBGT measurements. Should heat stroke be suspected, the pool in the field house will be filled with water and ice for immediate immersion while waiting for the ambulance.

Athletic Facility Locations at Andrews Middle School

1. **Ambulance to AMS Football field/track**
   A. respond quickest route to football/track field off Ave. G and NW 1st
2. **Ambulance to Practice field off NW 1st St. for football or soccer**
   A. Respond quickest route to field off NW 1st St.
   B. Enter through gate at NW corner of field.
3. **Ambulance to AMS Gyms**
   A. Respond quickest way to the outside entrance to both gyms on NW 1st St.
   B. Proceed to the door marked **M8,** which is between the "new" 8th grade gym and the "old" 7th grade gym.
4. **Ambulance to AMS Tennis Courts**
   A**.** Respond quickest way to the AMS Tennis Courts between Ave. D and Ave. E off NW 1st St.
5. **Ambulance to Mustang Bowl at AHS**
   A. Respond quickest route to either gate on the East/West side of the Performance Center.
   B. The Athletic Training room is on the lower level east side of the Performance Center, next to the elevator. Some athletes will be picked up at this location.
   C. Access to the Game Field is made through the gate on the East or West side of the Performance Center.
6. **Ambulance to Soccer Field at AHS**
   A. Respond quickest route to the Soccer Field located off Avenue F.
   B. Enter on the East side football stadium parking lot or off Ave. F.
   C. Access the field through NE gate by driveway into parking lot.
7. **Ambulance to the Swimming Pool in the Performance Center**
   A. Respond quickest route to the Swimming Pool on the upper level of the Performance Center to the ramp on the East side of the Performance Center.
   B. Access the pool by the ramp on the East side of the Performance Center.
6. **Ambulance to Golf Course**
   A. Respond quickest way to the Andrews Country Club Golf Course Pro shop and follow the coach's directions to the injured person.