



Bulk Pickup Week 1



	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
Breakfast	Juice Box Donut Pull Apart White Milk	Juice Box Cereal White Milk	Juice Box Giant Goldfish Vanilla Grahams White Milk	Juice Box Cereal White Milk	Juice Box Sausage Biscuits White Milk	Juice Box Cereal White Milk	Juice Box Cinnamon Roll White Milk
Lunch	Ham & Cheese Croissant String Cheese Applesauce Mandarin Orange Chocolate Milk	Beef Taco Stick Applesauce Salsa Chocolate Milk	Chicken Nuggets Curly Fries Corn Chocolate Milk	Mac & Cheese Bowl Apple Carrot Snack Chocolate Milk	Grilled Cheese Mandarin Orange Cauliflower Chocolate Milk	Popcorn Chicken Corn Tater Tots Chocolate Milk	Pizza Crunchers Curly Fries Marinara Cup Chocolate Milk

This institution is an equal opportunity provider. All menus are subject to change.

Week 1 Directions

Day 1: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.
Good Man Donut Hole Pull Apart - Thaw and serve.

Day 1: Lunch

Croissant Sandwich - Keep Frozen. Thaw and serve or Oven 375°F, do not remove wrapper, bake 5-8 mins.
String Cheese - Store refrigerated prior to serving.
Applesauce - Shelf stable, optional: chill prior to serving.
Mandarin Orange - Store refrigerated prior to serving.

Day 2: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.
Cereal - Shelf stable.

Day 2: Lunch

Beef Taco Stick - Thaw before heating. Oven 300°F for 18-20 minutes. Wrapping film is ovenable.
Mandarin Orange - Store refrigerated prior to serving.
Salsa - Shelf stable, optional: chill prior to serving.

Day 3: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.
Goldfish Giant Vanilla Grahams - Shelf stable.

Day 3: Lunch

Frozen Meal: Chicken Nuggets, Spiral Fries & Corn - Keep frozen until preparation. Remove film. Oven 375°F: apx. 14-17 min.

Day 4: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.
Cereal - Shelf stable.

Day 4: Lunch

Mac & Cheese Bowl - Leave film on: microwave apx. 2-3 minutes, remove film and stir. Or oven 350°F, apx. 15-20 minutes
Apple - Shelf life, 30 days. Optional: chill prior to serving.
Carrot Snack Pack - Store refrigerated prior to serving.

Day 5: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.
Sausage Biscuits - Microwave apx. 40 secs in 1000 watt microwave. Or 300°F, kept wrapped, apx. 15 minutes.

Day 5: Lunch

Grilled Cheese - Thaw before heating. Preheat oven to 350°F - bake 10-12 minutes - leave in wrapper
Mandarin Orange - Store refrigerated prior to serving.
Cauliflower - Store refrigerated prior to serving.

Day 6: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.
Cereal - Shelf stable.

Day 6: Lunch

Frozen Meal: Popcorn Chicken, Corn & Tots - Keep frozen until preparation. Remove film. Oven 375°F: apx. 12-17 min.

Day 7: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.
Cinnamon Roll - Thaw and serve.

Day 7: Lunch

Frozen Meal: Pizza Crunchers, Spiral Fries & Marinara: Preheat oven to 350°F. Remove film. Remove Marinara Cup from tray, float in hot water to thaw/heat. Bake for apx. 12-15 minutes.

This institution is an equal opportunity provider.
All menus are subject to change.



Bulk Pickup Week 2



	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
Breakfast	Juice Box Cereal White Milk	Juice Box Cinnamon Toast Crunch Bar White Milk	Juice Box Cereal White Milk	Juice Box Confetti Pancakes White Milk	Juice Box Cereal White Milk	Juice Box Double Chocolate Muffin White Milk	Juice Box Maple Mini Waffles White Milk
Lunch	Cheeseburger Slider Applesauce Mandarin Orange Chocolate Milk	Pancake Sandwich String Cheese Applesauce Salsa Chocolate Milk	Chicken Nuggets Corn Tater Tots Chocolate Milk	Ham & Cheese Sandwich String Cheese Apple Mandarin Orange Chocolate Milk	Stuffed Pizza Sandwich Applesauce Carrots Chocolate Milk	Popcorn Chicken Tater Tots Corn Chocolate Milk	Mozzarella Cheese Sticks Curly Fries Marinara Cup Chocolate Milk

This institution is an equal opportunity provider. All menus are subject to change.

Week 2 Directions

Day 1: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.

Cereal - Shelf stable.

Day 1: Lunch

Cheeseburger Sliders - Thaw prior to heating. 350°F apx. 18-20 minutes.

Applesauce - Shelf stable, optional: chill prior to serving.

Mandarin Orange - Store refrigerated prior to serving.

Day 2: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.

Cinnamon Toast Crunch Bar - Thaw and serve or Heat in the ovenable pouch.

350°F apx 13-14 minutes.

Day 2: Lunch

Pancake Sandwich - Heat in package from frozen, 350°F apx. 20-22 minutes.

String Cheese - Store refrigerated prior to serving.

Applesauce - Shelf stable, optional: chill prior to serving.

Salsa - Shelf stable, optional: chill prior to serving.

Day 3: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.

Cereal - Shelf stable.

Day 3: Lunch

Frozen Meal: Chicken Nuggets, Corn & Tots - Keep frozen until preparation.

Remove film. Oven 375°F: apx. 14-17 minutes.

Day 4: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.

Confetti Pancakes - Heat from frozen 350°F apx. 14-15 mins or Heat from thawed 350°F apx. 5-6 mins.

Day 4: Lunch

Turkey Ham & Cheese Sandwich - Heat from frozen 350°F apx. 30-35 mins or from thawed 350°F apx. 18-20 mins.

String Cheese - Store refrigerated prior to serving.

Apple - Store refrigerated prior to serving.

Mandarin Orange - Store refrigerated prior to serving.

Day 5: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.

Cereal - Shelf stable

Day 5: Lunch

Stuffed Pizza Sandwich - Microwave (1100W) open one end, 1m 30s-1m 45s .

Oven 375°F, in wrapper, 24-26 mins.

Applesauce - Shelf stable, optional: chill prior to serving.

Carrot Snack Pack - Store refrigerated prior to serving.

Day 6: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.

Double Chocolate Muffin - Thaw and serve.

Day 6: Lunch

Frozen Meal: Popcorn Chicken, Corn & Tots - Keep frozen until preparation.

Remove film. Oven 375°F: apx. 15-17 mins.

Day 7: Breakfast

Juice - Shelf stable. Optional: chill prior to serving.

Maple Mini Waffles - Heat and serve.

Day 7: Lunch

Frozen Meal: Mozzarella Sticks, Spiral Fries & Marinara: Preheat oven to 375°F.

Remove film. Remove Marinara cup from tray, float in hot water to thaw/heat.

Bake for apx. 12-15 mins.

This institution is an equal opportunity provider.

All menus are subject to change.

Alternative Items

While we do our best to follow our set menus, sometimes our items are out of stock with our distributor. Below are cooking directions for items that may be used in place of out of stock items. Thank you for your understanding.

Jimmy Dean Pancake Wraps

Oven - Leave film on, 375°F for approximately 20 minutes.

Microwave - Slit film, microwave on high for 50-55 seconds, let stand for 1 minute

Pillsbury Mini Blueberry Waffles

Oven - Ovenable pouch, 350°F for 11-13 minutes.

Microwave - Leave pouch on, 30 seconds on high.

Wedge Sandwich

Thaw and serve.

E.Z. Jammers Soy Butter & Jelly Sandwich

Thaw and serve.