



- **Dec. 2-18 - 13 Days of Cheer (see page 4)**
- **Dec. 9-13 - Scholastic Book Fair in Library (see page 3)**
- **10 - 4th grade music program @ 6:30 pm**
- **Dec. 11 - Donuts with Crownups - 7:45 am**
- **Dec. 12 - Band/Orchestra Concert 8:45 a.m.**
- **Dec. 16 - BOE Meeting**
- **Dec. 17 - CKH Assembly**
- **Dec. 18 - Winter Parties**
- **Dec. 19 - Jan. 6 - Winter Break - No School (Students return Jan.7)**

As the weather is getting colder, please consider the following recess guidelines as your student prepares for the day.

Haysville Elementary Outdoor Recess Guidelines
Cold-Related Conditions (per USD 261 BOE Manual)

- Regular outdoor recess will be held if:
 - Outside air temperature and/or wind chill is 20° (F) or greater
 - There is no falling precipitation
- Limited outdoor recess will be held if:
 - Outside air temperature and/or wind chill is between 10° and 19° (F)
 - There is no falling precipitation
- Indoor recess will be held if:
 - Outside air temperature and/or wind chill is lower than 10° (F) or there is falling precipitation

DO YOUR PART



Responsibility

Own your thoughts,
words, and actions

leadworthy
RECOMMENDED

This month, we're challenging your students to reflect on their experiences and take responsibility for how they choose to learn and grow from these experiences. *We are partnering with you to grow and develop your child's sense of responsibility.* As you reflect as a family, celebrate your accomplishments, identify areas you may want to improve, and consider new ways to serve others in the days ahead.

1 ENGAGE: 100 Family Memories

100 Family Memories. This December, challenge your family to list 100 family memories from the year, big and small. As memories come to mind, add them to the list. At the end of the month, share and reflect on these memories as a family. Celebrate the good ones, talk about the lessons you may have learned from the hard ones, and think about how you have grown this year.

2 EMPOWER: One Word

Instead of writing a long list of resolutions or goals for the new year, ask each family member to focus on one word. Set aside time and ask each family member to share their word and why they chose it. Get creative and make a sign or decorate a notecard with this word to remind you.

3 EXCEL: Neighborhood Sunshine Walk

Neighborhood Sunshine Walk. As a family, write a few notes of encouragement to uplift or affirm those in your community. Take a walk in your neighborhood or apartment building and leave these notes of encouragement on windshields, doors, or mailboxes to spread a little sunshine.



*Reading Makes You
Bright*



SCHOLASTIC
BOOKFAIR

DECEMBER
9-13



Student/Parent Times to Shop

Before School - 8:10 a.m. - 8:30 a.m.
Tuesday, Thursday, and Friday

After School - 4:10 p.m. - 4:30 p.m.
Monday, Wednesday, and Thursday



Special Shopping time after the 4th grade music
program on Tuesday from 6:45 p.m. - 8:00 p.m.
* student must be accompanied by an adult during this shopping time

Wednesday is our Donuts with Grownups morning
with donuts in the gymnasium and Bookfair
shopping from 7:45 a.m. - 8:30 a.m.
* student must be accompanied by an adult during this shopping time

Students may also bring money (or you can add
money to their e-wallet) and they can shop after
book checkout on Wed/Thurs during school.

13 DAYS OF CHEER

DECEMBER 2ND - SWEATER/CHRISTMAS SHIRT DAY

DECEMBER 3RD - CHRISTMAS/CRAZY SOCK DAY

DECEMBER 4TH - TREE TOPPER (HATS/HEADWEAR)

DECEMBER 5TH - RUDOLF DAY (WEAR RED)

DECEMBER 6TH - ELF DAY (DRESS AS AN ELF)

DECEMBER 9TH - FLANNEL/BUFFALO PLAID DAY

DECEMBER 10TH - FROSTY! (BLUE AND WHITE)

DECEMBER 11TH - YOU ARE A GIFT! (DRESS LIKE A PRESENT)

DECEMBER 12TH - GRINCH DAY (WEAR GREEN)

DECEMBER 13TH - UGLY SWEATER DAY

DECEMBER 16TH - SHINE BRIGHT! (LIGHTS & TINSEL)

DECEMBER 17TH - FAVORITE CHRISTMAS/HOLIDAY ATTIRE

DECEMBER 18TH - COMFY HOLIDAY ATTIRE/PJ DAY

FITNESS CHALLENGE

December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 5 Arm Circles 3 Bicycles	2 2 Pushups 3 Crunches	3 5 Arm Circles 3 Bicycles	4 CARDIO DAY (1 MIN)	5 2 Pushups 3 Crunches	6 5 Arm Circles 3 Bicycles	7 2 Pushups 3 Crunches
8 7 Arm Circles 5 Bicycles	9 3 Pushups 5 Crunches	10 7 Arm Circles 5 Bicycles	11 CARDIO DAY (2 MIN)	12 3 Pushups 5 Crunches	13 7 Arm Circles 5 Bicycles	14 3 Pushups 5 Crunches
15 10 Arm Circles 7 Bicycles	16 4 Pushups 7 Crunches	17 10 Arm Circles 7 Bicycles	18 CARDIO DAY (3 MIN)	19 4 Pushups 7 Crunches	20 10 Arm Circles 7 Bicycles	21 4 Pushups 7 Crunches
22 12 Arm Circles 10 Bicycles	23 5 Pushups 9 Crunches	24 12 Arm Circles 10 Bicycles	25 CARDIO DAY (4 MIN)	26 5 Pushups 9 Crunches	27 12 Arm Circles 10 Bicycles	28 5 Pushups 9 Crunches
29 15 Arm Circles 12 Bicycles	30 6 Pushups 10 Crunches	31 15 Arm Circles 12 Bicycles				

December Fitness Challenge Calendar – Use these fitness exercise ideas for your program, and encourage kids to continue to stay active with friends and family during winter break!

-  Arm Circles – repeat movement in opposite direction
-  Cardio Day – Jump Rope, Hula Hoop, Jog in Place (choose 1, a combination, or all activities)

Special thanks to:



Visit www.healthiergeneration.org for more ideas on how to inspire a healthy, active lifestyle.