

October Falcon Newsletter

Office Hours 8:00 a.m. - 4:15 p.m.

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October Important Dates

- Oct. 7 - District Sit Council Meeting @ Campus 6:00 pm - 8:30 pm
- Oct. 9 - Falcon Fun Day
- Oct. 9 - PTO Meeting @ 5:30 pm
- Oct. 10 - End of 9 Weeks - No School
- Oct 13-14 - Parent Teacher Conferences 4:00 - 8:30
- Oct. 15 - Falcon Fun Run - 2:30
- Oct. 16-17 - Conference Release - No School
- Oct. 20 - BOE Meeting
- Oct. 23 - 2nd grade music program @ 6:30 pm
- Oct. 27-31 - Red Ribbon Week
- Oct. 28 - Josten's Yearbook Pictures
- Oct. 30 - 4th grade Drug Prevention Field Trip
- Oct. 30 - CKH Assembly @ 3:30 pm
- Oct. 31 - 5th grade Puberty Field Trip
- Oct. 31 - Fall Parties (info on pg 4)

Quick Links



Freeman
ELEMENTARY SCHOOL

**THINK,
CHOOSE, ACT**



Self-Direct

Lead yourself to who
you want to be

leadworthy

What does it mean to Self-Direct?

Self-Direction is the ability and learned skill to cast a vision of future goals and then take intentional steps toward who, where, and what we want to be. Instead of focusing on things to control or avoid, we emphasize our responsibility to make positive choices related to our emotions, attitudes, and actions.

Why focus on Self-Direction?

- **Self-direction strengthens relationships. Self-direction helps to grow social skills and develop meaningful, positive relationships with others.**
- **Self-direction teaches personal responsibility. Learning to self-direct teaches students to take responsibility for their own actions.**
- **Self-direction helps us to regulate emotions: Self-direction empowers students to regulate their impulses and emotional responses to situations and circumstances in their life.**

Self-Direction in Action:

- **Practice goal setting and action planning. When we establish goals and develop action plans, we learn to take intentional steps to successfully achieve goals.**
- **Monitor and adjust. Provide students with regular feedback and opportunities to self-assess progress toward goals to make adjustments and improvements in their behaviors.**
- **Reflect and evaluate. Facilitate discussions and reflection to prompt students to examine what they do, think, and say against their goals and vision for their life and learning.**

RED RIBBON WEEK

October 27-October 31

MONDAY

Wear Falcon Gear or a red shirt

TUESDAY

Picture Day - Dress up and smile big!

WEDNESDAY

Wacky Wednesday! Crazy clothes & hair!

THURSDAY

Wake up and be drug free : wear your PJs to school

FRIDAY

Costume Day - Happy Halloween!

Fall Parade & Parties

Friday, October 31st

✓ Parent Check-in 2:30-3:00 p.m.

➡ Halloween Parade @ 3:00 p.m.

🎃 Fall Parties begin @ 3:30 p.m.

A few guidelines to follow to make the
day fun, safe, & run smoothly.

1. Costumes are optional.
2. Those who would like to dress up should bring their costumes to school in a bag or wear their costumes to school (unless it will interfere with movement or learning). Costumes must be school appropriate.
3. Costumes cannot have blood, gore, weapons, masks, or accessories.
4. Healthy treats are appreciated.

