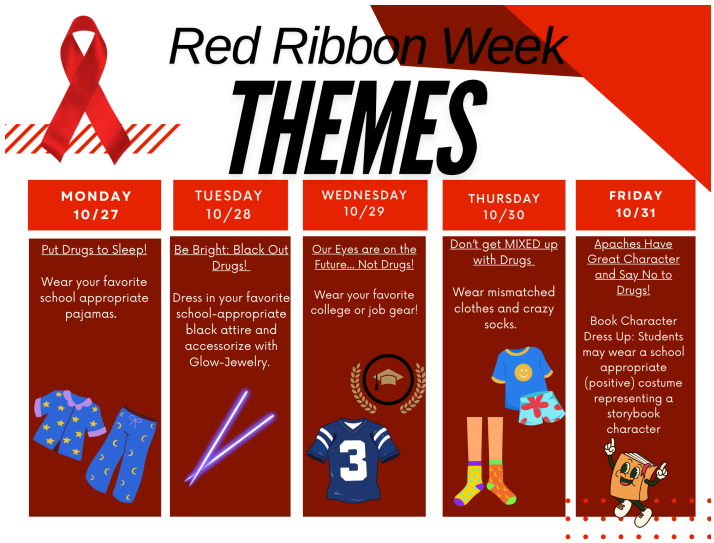
School Health Advisory Council (SHAC)
Regular Meeting September 24, 2025
12:00 - 1:00 pm

Topics	Speaker(s) and Notes
● **Introductions** ● **SHAC Description and Purpose: reviewed and provided to members** ○ The primary purpose of a School Health Advisory Council (SHAC) is to advise school districts on health-related matters, ensuring that health education and policies reflect local community values, as mandated by Texas law. SHACs provide recommendations to school boards on a variety of health issues, including health education, nutrition, physical education, school environment, and health services, with the goal of promoting student and staff well-being and maximizing learning. ● **SHAC Frequently Asked Questions: reviewed and provided to members** ○ https://tea.texas.gov/academics/subject-areas/health-and-physical-education/shac-faq.pdf	All
● **Parent and Community Member Comments/Concerns** ○	Gene asked on behalf of the Lions Club for their yearly vision screening; students have to have parent consent to participate per new SB Additional discussion regarding social and emotional learning program provided by the counselors Emergency services continue to be able to be provided without consent
● **GISD Wellness Plan Triennial Review** ○ Review Current Wellness Plan ○ Complete Survey	

• **Health Education**
  ○ SHARE 2025-2026 School Year
  ○ Vaping Education 2025-2026 School Year
  ■ Plan to schedule with Texas Extension Agency for vaping education during Red Ribbon Week (last week of October)
  ○ Red Ribbon Week (October 27 - October 31)

 	
	SHAC determined that SHARE continues to be needed and is recommended to continue.
	
	Discussion: Opt in or out of SHARE (must have parent consent to participate)...will also be a parent event for parents to gain information

• **Family and Community Involvement Potential Ideas** ○ Casie discussed recent events in local communities focused on health and mental health and brought up the possibility of hosting a similar event in Gonzales	SHAC member brought up concerns with reducing recess time Other discussions included cover existing areas with canopies, air purifier in band hall at highschool, mental health event, suicide prevention awareness for the community, shattered dreams, teacher health care

• **Counseling/Guidance and Mental Health Update**
  ○ Schurig shared current data and data from last school year
• **Health Services Update**
• **Nutrition Services Update**
  ○ Thanksgiving lunches coming up; triennial review of wellness plan due this school year
• **UIL Sports and Exercise Updates**
	Ashley Schurig
	Julie Esparza
	Mr. Wayner
	Mr. Philips

• **Recent Happenings**
  ○ Immunization Clinic in July 2025 in conjunction with Dept. of State Health Services: 8 patients with 18 vaccines administered
  ○ Flu Clinic in conjunction with Gonzales Healthcare Systems: Planned tentatively for October, pending results of staff survey
  ○ Community Resource Collaboration Group	

■ Meetings scheduled the first Wednesday of each month from 12-1 in the GISD Boardroom	
● **Important Dates** ○ October 28-November 1: Red Ribbon Week ○ Next SHAC Meeting: **December 10th 12-1** ■ In response to nurses reporting that students are saying the food is not good in the cafeteria and coming to them for snacks, Mr. Wayner will be providing lunch to SHAC as a cafeteria food sample event	All
● **Questions/Concerns/Comments**	All Staff

Current Action Items

Item	Due Date	Delegated to?
Email agenda to group, email current health policy and GISD wellness plan to group for review in preparation for triennial review during December meeting		Erin
Post agenda to website		Erin