School Health Advisory Council (SHAC)
Regular Meeting December 10, 2025
12:00 - 1:00 pm

Topics	Speaker(s) and Notes

• **Introductions**
• **SHAC Description and Purpose: Reviewed**
  ○ The primary purpose of a School Health Advisory Council (SHAC) is to advise school districts on health-related matters, ensuring that health education and policies reflect local community values, as mandated by Texas law. SHACs provide recommendations to school boards on a variety of health issues, including health education, nutrition, physical education, school environment, and health services, with the goal of promoting student and staff well-being and maximizing learning.
• **SHAC Frequently Asked Questions: Reviewed**
  ○ https://tea.texas.gov/academics/subject-areas/health-and-physical-education/shac-faq.pdf	

• **GISD Food Services Tasting Menu Lunch**	Mr. Wayner
• **Methodist Healthcare Ministries Parenting Program Presentation**	Janelle and Guests
• **Parent and Community Member Comments/Concerns**	

• **GISD Wellness Plan Triennial Review Reconvene Discussion from September Meeting**
  ○ Review Current Wellness Plan
  ○ Complete Survey	

• **GISD Health Education**
  ○ SHARE 2025-2026 School Year
  ■ GHS: December 11-12, 2025
  ■ GJHS: January 7-9, 2026
  ■ Gonzales North Avenue: Spring Dates Pending
  ○ SHARE Parent Night
  ■ Held November 18, 2025
  ○ Vaping Education 2025-2026 School Year
  ■ Review and Comments Regarding Vaping Presentations	

• **Family and Community Involvement Potential Ideas** ○	All

● **Counseling/Guidance and Mental Health Update** ● **Health Services Update** ● **Nutrition Services Update** ● **UIL Sports and Exercise Updates** ○ **Weather? Outside activities?**	Ashley Schurig Julie Esparza Mr. Wayner Mr. Philips
● **Recent Happenings** ○ Community Resource Collaboration Group ■ Meetings scheduled the first Wednesday of each month from 12-1 in the GISD Boardroom or the Gonzales Resource System	
● **Important Dates** ○ Next SHAC Meeting: _____	All
● **Questions/Concerns/Comments**	All Staff

Current Action Items

Item	Due Date	Delegated to?