School Health Advisory Council (SHAC)
Regular Meeting December 10, 2025
12:00 - 1:00 pm

Topics	Speaker(s) and Notes
● **Introductions** ● **SHAC Description and Purpose: Reviewed** ○ The primary purpose of a School Health Advisory Council (SHAC) is to advise school districts on health-related matters, ensuring that health education and policies reflect local community values, as mandated by Texas law. SHACs provide recommendations to school boards on a variety of health issues, including health education, nutrition, physical education, school environment, and health services, with the goal of promoting student and staff well-being and maximizing learning. ● **SHAC Frequently Asked Questions: Reviewed** ○ https://tea.texas.gov/academics/subject-areas/health-and-physical-education/shac-faq.pdf	
● **Parent and Community Member Comments/Concerns**	
● **GISD Wellness Plan Triennial Review Reconvene Discussion from September/December Meeting** ○ Review Current Wellness Plan ○ Complete Survey	
● **GISD Health Education** ○ SHARE 2025-2026 School Year ■ GHS: December 11-12, 2025 ■ GJHS: January 7-9, 2026 ■ Gonzales North Avenue: Spring Dates Pending	
● **Family and Community Involvement Potential Ideas** ○	All
● **Counseling/Guidance and Mental Health Update** ● **Health Services Update** ● **Nutrition Services Update** ● **UIL Sports and Exercise Updates** ○ **Weather? Outside activities?**	Ashley Schurig Julie Esparza Mr. Wayner Mr. Philips
● **Recent Happenings** ○ Community Resource Collaboration Group ■ Meetings scheduled the first Wednesday of each month from 12-1 in the GISD Boardroom or the Gonzales Resource System	
● **Important Dates** ○ Next SHAC Meeting: _____	All

● **Questions/Concerns/Comments**	All Staff

Current Action Items

Item	Due Date	Delegated to?