School Health Advisory Council (SHAC)
Regular Meeting April 6, 2026
12:00 - 1:00 pm

Topics	Speaker(s) and Notes

• **Introductions**
• **SHAC Description and Purpose: Reviewed**
  ○ The primary purpose of a School Health Advisory Council (SHAC) is to advise school districts on health-related matters, ensuring that health education and policies reflect local community values, as mandated by Texas law. SHACs provide recommendations to school boards on a variety of health issues, including health education, nutrition, physical education, school environment, and health services, with the goal of promoting student and staff well-being and maximizing learning.
• **SHAC Frequently Asked Questions: Reviewed**
  ○ https://tea.texas.gov/academics/subject-areas/health-and-physical-education/shac-faq.pdf	

• **Guest Speaker: Clay Lawson with Avive AED**	
• **Parent and Community Member Comments/Concerns** • **Review SHAC link on website with group**	

• **GISD Health Education**
  ○ SHARE 2025-2026 School Year
  ■ GHS: December 11-12, 2025
  ■ GJHS: January 7-9, 2026
  ■ Gonzales North Avenue: Spring Dates Pending
  ■ Mrs. Perez discussed that the numbers were low this year at GHS due to the need for parent consent. She reported that the students that attended reported a positive experience and that the speakers were engaging and positive.
  ○ SHARE 2026-2027
  ■ We will need to begin discussions for budgets and contracts in May.
  ■ Do we want to continue to utilize the same source for this student education piece?
  ■ A parent attendee recommended that parents receive additional sources of communication when the consent is needed. Currently, the parent meeting and other related information regarding SHARE is posted to social media and the district website.
  ■ The SHAC decided that the SHARE program is recommended to continue for the 2026-2027 year. This will be presented as a recommendation to the school board.	

• **Family and Community Involvement**
  ○ Awareness Event (flyer emailed)
  ■ April 27, 2026 from 4-6pm at the GHS Track
  ■ Review planning spreadsheet with group
  ■ Additional ideas for agencies/sponsors?
  ○ GISD Community Connections, Gather and Grow, Coffee and Connections
  ○ Remarkable Rodeo
  ■ In conjunction with Gonzales County 4-H
  ■ This Friday, April 10, 2026 beginning at 9:00am at the JB Wells Showbarn
  ○ Apache Olympics
  ■ Thursday, May 7, 2026 (morning) at the GHS Track
  ○ April 30: Alcohol Awareness Program at GHS (juniors and seniors)
  ○ Diabetes Health Fair May 14, 2026; 5pm to 7pm at the Methodist Church
	All

• **Counseling/Guidance and Mental Health Update**
  ○ **89 referrals for GISD so far; 27 documented crisis situations; referring many families to outside agencies for wrap-around services as the summer approaches**
• **Health Services Update**
• **Nutrition Services Update**
• **UIL Sports and Exercise Updates**
  ○ **Weather? Outside activities?**
• **Sports Physicals will be offered on May 12 for $10 each; half comes back to GISD and half goes to the company who will be conducted the physicals**
• **The question was asked if GISD Athletics take AEDs along with them to away events; the GISD Athletic Trainer was asked, and he confirmed he takes one with football and any other event he specifically attends**
	Ashley Schurig
	Julie Esparza
	Mr. Wayner (not able to attend today)
	Mr. Philips

• **Recent Happenings**
  ○ Community Resource Collaboration Group
  ■ Meetings scheduled the first Wednesday of each month from 12-1 in the GISD Boardroom or the Gonzales Resource System	

• **Important Dates**
  ○ Today's meeting is the final meeting required by statute for minimum yearly requirements.
  ○ Do we need to hold an additional meeting this school year?
  ■ No additional formal meetings to be held, but SHAC will be invited to the next CRCG meeting (many of the same members) to recap the Awareness event and any other specific concerns of note that any SHAC members may have
	All

• **Questions/Concerns/Comments** ○ **Adjourned at 1:17 pm**	All Staff

Current Action Items

Item	Due Date	Delegated to?