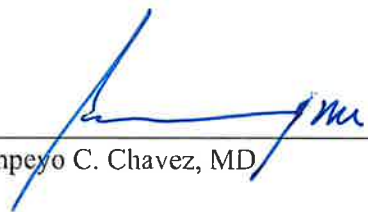


PHYSICIAN'S STANDING ORDERS  
Bastrop Independent School District  
2026-2027 School Year

1. Apply pressure dressings to bleeding wounds and elevate the injury above heart level if not contraindicated.
2. Wounds should be cleansed with soap and water and/or 1:1 diluted Hydrogen Peroxide. Bacitracin (or generic) may be applied (if not allergic) and covered with a sterile dressing or band-aid. Lacerations and puncture wounds should be covered with a dry, sterile dressing and referred to a physician for evaluation. Parent/guardian to be notified for any head injury.
3. Cold, in the form of an ice pack, may be applied to joint injuries for muscular discomfort. Fingers and limbs may be splinted until evaluated by a physician. For secondary students in an athletic program, contact the athletic trainer for evaluation.
4. Cool, moist dressings (bottled water, distilled, saline) may be applied to burned areas. For sunburns, Aloe Vera gel may be applied.
5. A warm pack or heating pad may be applied to the abdomen for menstrual cramps or muscles for discomfort.
6. Eyes may be irrigated with normal saline, tap water, eye wash or generic equivalent as needed for minor irritation.
7. Calamine, Caladryl, Benadryl Cream or hydrocortisone 1% may be applied to minor skin irritations. Meat tenderizer and/or Sting Relief Swabs, as a poultice, may be applied to insect bites or stings. Vaseline may be applied topically to dry lips/skin. Lip balm may be applied to dry lips.
8. Vicks may be applied topically for muscle soreness and/or headaches. Vicks may also be applied topically and/or via inhalation for congestion.
9. Cetirizine HCl (Zyrtec) liquid may be dispensed orally per package directions at the nurse's discretion at the sign of an allergic reaction (i.e. urticaria, hives, welts, swelling, and/or generalized itching).
  - a. Dosage for children between the ages of 2-5 years old, please administer Zyrtec 2.5 mg by mouth every 4-6 hours as needed. Maximum dose not to exceed 5mg/day for children 2-5 years.
10. For an anaphylactic reaction, an EpiPen Auto-Injector may be injected intramuscularly by appropriately trained personnel as follows: 0.15mg (Jr.) for weight of 33-66 lbs.; 0.3mg for weight of 66 lbs. or greater. Intranasal epinephrine may also be administered by appropriately trained personnel as follows: 1mg for weight of 33-66lbs; 2mg for weight of 66lbs or greater. Contact EMS immediately and contact the parent/guardian.
11. Finger stick may be utilized for signs & symptoms of hyperglycemia or hypoglycemia. Four (4) - Six (6) ounces of juice, Insta-glucose, cake icing or glucose tablets may be given for hypoglycemia. If known diabetic, follow student's diabetic management plan from their medical provider.
12. If unable to contact the parent/guardian, a one-time dose may be given for the following:
  - a. Acetaminophen for fever of 101 degrees or greater and dosage per package directions.
  - b. Ibuprofen for fever of 101 degrees or greater and dosage per package directions.
13. For sore throat/cough, saline gargle, oral relief spray, generic lozenges or cough drops may be given as needed by a nurse or medically trained personnel.
14. A one-time dose of Ibuprofen or Acetaminophen per package instructions with parental consent may be given for headache and/or discomfort. If there is no improvement within 1 hour, contact the parent/guardian. If a second dose is requested within 24 hours, the parent/guardian should be contacted. A cool compress or ice pack may be used for a headache.
15. At nurse's discretion, oxygen via mask/cannula may be administered in an emergency as needed for: diminished cellular perfusion, trouble breathing, seizure, or any other signs of respiratory distress. Administer as follows:
  - a. Nasal cannula: adults @ 1-6 L per minute; children 12 and under @ 1-4 L per minute (if not contraindicated)
  - b. Non-rebreather mask: high flow oxygen @ 10-15 L per minute (if not contraindicated)
  - c. Monitor pulse oximetry; contact the parent(s) and/or call 911/EMS as indicated.
    - if Oxygen is to be discontinued, student(s) should be monitored for 10-15 minutes on room air.
16. If a poison ingestion is suspected, call Poison Control at 1-800-222-1222 and follow instructions as given.
17. 4 Baby Aspirin @ 81mg each may be given by mouth (unless contraindicated) to adults with signs/symptoms of a heart attack. Symptoms may be: pressure/tightness/pain/squeezing to chest that can spread to arms/neck/jaw/back; nausea/heartburn; shortness of breath; lightheaded/dizziness; fatigue or cold sweat. Call 911 if signs/symptoms noted.
18. For dental and/or tooth pain, Orajel, Orabase, or a generic equivalent may be applied per package directions. Contact the parent(s) for any dental emergency (i.e. broken tooth, wires or braces broken, etc).
19. Electrolyte powder dissolved in water per manufacturer's directions may be given orally for symptoms of dehydration.

  
Pompeyo C. Chavez, MD

5/11/26  
Date

## PHYSICIAN'S STANDING ORDERS

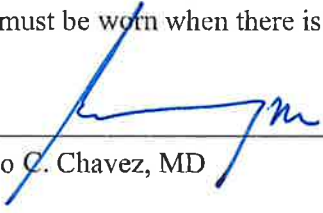
Bastrop Independent School District  
2026-2027 School Year

The above treatments and medications may be used by the RN, LVN, or principal designated employee under the RN's direction in the absence of the RN or LVN. The campus principal may designate an employee that has been trained by an RN in the administration of medication and the use of an EpiPen.

Please refer to the Policy and Procedures manual titled School Nurse Resource Manual: A Guide to Practice, (School Health Alert, 2010 or 2016) for additional treatment and guidance.

Emergency first aid treatment shall be done in accordance to the guidelines set forth by the American Red Cross.

Gloves must be worn when there is any risk of coming in contact with blood or body fluids (Bloodborne Pathogens).

  
\_\_\_\_\_  
Pompeyo C. Chavez, MD

5/11/26  
\_\_\_\_\_  
Date

**NARCAN@ Nasal Spray Bastrop I.S.D. Program  
Order and Terms and Conditions**

**NARCAN (naloxone HCl) Nasal Spray for Bastrop I.S.D. Form and Terms and Conditions**

BISD and/or state school district identified below (herein, the "School") hereby acknowledges and agrees the Narcan (naloxone hydrochloride) Nasal Spray 4mg ("NARCAN", NDC # 69547-353-02) be administered as needed. This program represents and warrants to the following:

1. The undersigned is a school or school district whose primary purpose is education for students in all grade levels and is licensed as an educational facility.
2. The school will only purchase, receive and use Narcan in accordance with all applicable laws, rules and regulations.  
The school will provide to adapt the appropriate medical license of the registered medical advisor representing the school. Each campus will have a minimum of 2 doses available at all times.
3. The school is solely responsible for the proper and safe usage of the product, and training of any school personnel who administer Narcan. Narcan is to be used strictly in accordance with its Full Prescribing Information and Instructions for Use, available below. By signing below, you certify that you have read and understood the Full Prescribing Information and Instructions for Use, including but not limited to the product indications and safety information.
4. Narcan (naloxone hydrochloride) 4mg nasal spray received by the School will be for the School's own use and the School shall not sell or transfer Narcan received pursuant to any non-school third party.

**I have read and certify to the foregoing terms and conditions:**

Pompeyo C. Chavez, MD

Authorized Representative/Print

Signature

Date

M7794 TX

Prescriber License #/State

**Name of School:**

Bastrop Independent School District

**Contact Person:**

Tanya Coleman, RN

**Email:**

tcoleman@bisdtx.org

**Phone Number:**

512-772-7249

**NARCAN Nasal Spray Bastrop I.S.D. Program Order  
and Terms and Conditions**

## NARCAN NASAL SPRAY INDICATION AND IMPORTANT SAFETY INFORMATION

### INDICATIONS

Narcan (naloxone hydrochloride) Nasal Spray is an opioid antagonist indicated for the emergency treatment of known or suspected opioid overdose, as manifested by respiratory and/or central nervous system depression. Narcan Nasal Spray is intended for immediate administration as emergency therapy in settings where opioids may be present. Narcan Nasal Spray is not a substitute for emergency medical care.

### IMPORTANT SAFETY INFORMATION

Narcan Nasal Spray is contraindicated in patients known to be hypersensitive to naloxone hydrochloride.

Seek emergency medical assistance immediately after initial use, keeping the patient under continued surveillance.

**Risk of Recurrent Respiratory and CNS Depression:** Due to the duration of action of naloxone relative to the opioid, keep the patient under continued surveillance and administer repeat doses of naloxone using a new nasal spray with each dose, as necessary, while awaiting emergency medical assistance.

**Risk of Limited Efficacy with Partial Agonists or Mixed Agonists/Antagonists:** Reversal of respiratory depression caused by partial agonists or mixed agonists/antagonists, such as buprenorphine and pentazocine, may be incomplete. Larger or repeat doses may be required.

**Precipitation of Severe Opioid Withdrawal:** Use in patients who are opioid dependent may precipitate opioid withdrawal characterized by body aches, diarrhea, increased heart rate (tachycardia), fever, runny nose, sneezing, goose bumps (piloerection), sweating, yawning, nausea or vomiting, nervousness, restlessness or irritability, shivering or trembling, abdominal cramps, weakness, and increased blood pressure. In neonates, opioid withdrawal may be life-threatening if not recognized and properly treated and may be characterized by convulsions, excessive crying, and hyperactive reflexes. Monitor for the development of opioid withdrawal.

**Risk of Cardiovascular (CV) Effects:** Abrupt postoperative reversal of opioid depression may result in adverse CV effects. These events have primarily occurred in patients who had pre-existing CV disorders or received other drugs that may have similar adverse CV effects. Monitor these patients closely in an appropriate healthcare setting after use of naloxone hydrochloride.

The following adverse reactions were observed in a Narcan Nasal Spray clinical study: increased blood pressure, musculoskeletal pain, headache, nasal dryness, nasal edema, nasal congestion, and nasal inflammation.

See Instructions for Use and full prescribing information in the use of this product.

To report suspected adverse reactions, call 1-844-4NARCAN (1-844-462-7226) or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).



## Health Services Standing Order 2026-2027

Naloxone is indicated for reversal of opioid overdose in the setting of respiratory depression or unresponsiveness. It may be delivered intranasal with the use of a mucosal atomizer device.

Signs of opioid overdose may include:

- Will not wake up or respond to your voice or touch
- Breathing is very slow, irregular or has stopped
- Center part of their eye is very small, sometimes called "pinpoint pupils"
- Fingernails and lips turning blue or purple
- Slow heartbeat and/or low blood pressure

Not all of these signs will be present. If you suspect an opioid overdose, get emergency medical assistance right away.

This order authorizes Bastrop ISD to maintain supplies of Narcan Nasal Spray kits for the purpose of administration to a person suspected of an opioid overdose with respiratory depression or unresponsiveness as follows:

1. Narcan Nasal Spray is for intranasal use only. Dosage forms and strengths:  
Nasal spray: 4 mg of naloxone hydrochloride in 0.1 ml
2. Seek emergency medical care immediately after use. Call 911
3. Administer a single spray of Narcan Nasal Spray to adults or pediatric patients intranasal into one nostril.
4. Administer additional doses of Narcan Nasal Spray, using a new nasal spray with each dose, if the patient does not respond or responds and then relapses into respiratory depression, additional doses of Narcan Nasal Spray may be given every 2 to 3 minutes until emergency medical assistance arrives.
5. Additional supportive and/or resuscitative measures may be helpful while awaiting emergency medical assistance.

  
\_\_\_\_\_  
Signature of Medical Consultant

5/11/26  
Date

## RECOGNIZE:

### Observe individual for signs and symptoms of opioid overdose

Suspected or confirmed opioid overdose consists of:

- Respiratory depression evidenced by slow respirations or no breathing (apnea) Unresponsiveness to stimuli (such as calling name, shaking, sternal rub)

Suspicion of opioid overdose can be based on:

- Presenting symptoms • History
- Report from bystanders  
School nurse or staff prior knowledge of person
- Nearby medications, illicit drugs or drug paraphernalia

### Opioid Overdose vs. Opioid High

| Opioid High                       | Opioid Overdose                                              |
|-----------------------------------|--------------------------------------------------------------|
| Relaxed muscles                   | Pale, clammy skin                                            |
| Speech slowed, slurred, breathing | Speech infrequent, not breathing, very shallow breathing     |
| Appears sleepy, nodding off       | Deep snorting or gurgling                                    |
| Responds to stimuli               | Unresponsive to stimuli (calling name, shaking, sternal rub) |
| Normal heart beat/pulse           | Slowed heart beat/pulse                                      |
| Normal skin color                 | Cyanotic skin coloration (blue lips, fingertips)             |
|                                   | Pinpoint pupils                                              |

(Adapted from Massachusetts Department of Public Health Opioid Overdose Education and Naloxone Distribution)

## RESPOND:

### Immediately call for help

Call for help- Dial 911.

- Request Advanced Life Support.

Assess breathing: Perform rescue breathing if needed. o

Place the person on their back.

- Tilt their chin up to open the airway.

Check to see if there is anything in their mouth blocking their airway, such as gum, toothpick, undissolved pills, syringe cap, cheeked Fentanyl patch. If present, remove it.

If using mask, place and hold mask over mouth and nose.

If not using mask, pinch their nose with one hand and place your mouth over their mouth

Give 2 even, regular-sized breaths.

Blow enough air into their lungs to make their chest rise.

- If you are using a mask and don't see their chest rise, out of the corner of your eye, tilt the head back more and make sure the seal around the mouth and nose is secure.

If you are not using a mask and don't see their chest rise, out of the corner of your eye make sure

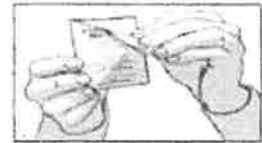
you're pinching their nose. Breathe again.

o Give one breath every 5 seconds.

**REVERSE:****Administer naloxone****Via Intra-Nasal Narcan:**

Tilt head back and given spray (4 mg) into one nostril. If additional doses are needed, given in the other nostril

Remove NARC-AN Nasal Spray from the box.  
Peel back the tab with the circle to open the NARCAN Nasal Spray.



Hold the NARCAN nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.



Gently insert the tip of the nozzle into either nostril.

- Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into one nostril, until your fingers on either side of the nozzle are against the bottom of the person's nose.



Press the plunger firmly to give the dose of NARC-AN Nasal Spray.

- Remove the NARCAN Nasal Spray from the nostril after giving the dose.



Place person in recovery position (lying on their side).

Stay with the person until help arrives.

Seize all illegal and/or non-prescribed opioid narcotics found on victim and process in accordance with school district protocols.

Note: Using naloxone in patients who are opioid dependent may result in severe opioid withdrawal symptoms such as restlessness or irritability, body aches, diarrhea, increased heart rate (tachycardia), fever, runny nose, sneezing, goose bumps (piloerection), sweating, yawning, nausea or vomiting, nervousness, shivering or trembling, abdominal cramps, weakness, and increased blood pressure. Risk of adverse reaction should not be a deterrent to administration of naloxone.

**REFER:**

Have the individual transported to the nearest medical facility, even if symptoms seem to get better.

Contact parent/guardians per school protocol.

Complete Naloxone Administration Report form.

Follow up with treatment referral recommendations.



Schools that will have Narcan:

**Bastrop High School**

1614 Chambers St.  
Bastrop, TX 78602  
512-772-7216

**Cedar Creek High School**

793 Union Chapel Rd.  
Cedar Creek, TX 78612  
512-772-7316

**Genesis High School &  
Colorado River Collegiate Academy**

1602 Hill St.  
Bastrop, TX 78602  
512-772-7249

**Gateway High School**

Lovers Lane  
Bastrop, TX 78602  
512-772-7820

**Bastrop Middle School**

725 Old Austin Hwy  
Bastrop, TX 78602  
512-772-7415

**Cedar Creek Middle School**

125 Voss Pkwy.  
Cedar Creek, TX 78612  
512-772-7440

**Riverside Middle School**

509 Old Austin Hwy  
Bastrop, TX 78602  
512-772-7460

**Camino Real Elementary School**

2380 FM 812  
Dale, TX 78616  
512-772-7720

**Adelton Elementary**

119 Blume Drive  
Bastrop, TX 78602  
512-772-7760

**Creeside Middle School**

151 Voss Pkwy  
Cedar Creek, TX 78612  
512-772-7486

**Lost Pines Elementary School**

151 Tiger Woods Dr.  
Bastrop, TX 78602  
512-772-7711

**Mina Elementary School**

1203 Hill St.  
Bastrop, TX 78602  
512-772-7648

**Emile Elementary School**

601 Martin Luther King Dr.  
Bastrop, TX 78602  
512-772-7632

**Red Rock Elementary School**

2401 FM 20  
Red Rock, TX 78662  
512-772-7671

**Cedar Creek Elementary School**

5582 FM 535  
Cedar Creek, TX 78612  
512-772-7611

**Bluebonnet Elementary School**

416 FM 1209  
Bastrop, TX 78602  
512-772-7691

**Colony Oaks Elementary School**

601 Sam Houston Drive  
Bastrop, TX 78602  
512-772-7740