

BIWEEKLY NEWSLETTER



JUNE 12, 2026

SAVE THE DATE

**June 16: HS Field Day /
Last day for HS students**

June 19: No School

June 23: Community Forum

July 8: BOE Meeting

August 19: BOE Meeting



June 26:

***Graduation Rehearsal at
8:30 am (Mandatory for
ALL Seniors)***

***Graduation at 6:00 pm
(Seniors need to
arrive early)***



HEALTH OFFICE

Dr. Curtin will be at the Greenwood building on **Friday, July 31st**, starting at 1:00pm to complete Fall Sports physicals. *If you plan to play a sport in the Fall and have not had a physical in the past year you will need to have one prior to the start of practice in August.* Notices will be sent home to those athletes needing an updated physical. If you would like your child's physical completed by the school physician please call or email Barb Leach to schedule. 607-792-3690 Ext. 7309 bleach@jtcsd.org

Meningitis vaccine reminder: all students entering 12th grade are required to have 2 Meningitis vaccines prior to the start of the school year. Notices will be sent home with report cards for those students who need their second vaccine.



Any student ages 14 - 17 who may work this summer and has not yet obtained a working permit should see *Mrs. Leach in the Health Office* **before the end of the school year.**

Obtaining a permit can be difficult once summer break begins, so plan ahead and be prepared if a job opportunity arises.



Important Regents Schedule Information

Be sure to check out the Regents Schedule for important testing dates and times. Students and families are encouraged to review the schedule carefully and plan ahead to ensure a smooth and successful testing week. Good luck to all of our students as they prepare for their exams!

Regents Schedule:

JUNE 9 TUESDAY	JUNE 10 WEDNESDAY	JUNE 17 WEDNESDAY	JUNE 18 THURSDAY	JUNE 23 TUESDAY	JUNE 24 WEDNESDAY
8:30am: ELA X	8:30am: ALGEBRA II X	8:30am: ALGEBRA I 12:00pm: GLOBAL HISTORY & GEOGRAPHY II	8:30am: BIOLOGY 12:00pm: EARTH SCIENCE	8:30am: US HISTORY & GOV'T 12:00pm: GEOMETRY	8:30am: PHYSICAL SETTING: CHEMISTRY



Wildcat Nation

Dear Jasper-Troupsburg CSD families,

We're excited to share that we've adopted a new communication platform called ParentSquare to help us keep you better informed and more connected with your school community.

With ParentSquare, you'll receive all school and classroom messages in one place—whether by email, text, app, or web. You'll also be able to:

- Stay up to date on news and events
- Send and receive messages with teachers and staff
- Fill out forms and permission slips
- Sign up for conferences and volunteer opportunities
- View calendar items and photos from your school

All school, grade-level, and classroom communications will now come through ParentSquare.

Jasper-Troupsburg CSD expects full rollout to begin September 2026 at the start of the new school year! This will include training documents, information and downloads about the app and more! You can find more information and FAQs about this at our website: www.jtcsd.org

If you have any questions, feel free to contact Mr. Penner @ dpenner@jtcsd.org

Thank you,

Jasper-Troupsburg Central School District

from the
GUIDANCE
Office

Parents—Talk With Your High School Grads About Celebrating Safely



Steuken Prevention Coalition
Coalition Steering Committee
Underage Drinking Prevention Task Force
Marijuana Prevention Task Force
Opioid Committee

Graduation

Graduation is a time to celebrate. But before your high school seniors begin their parties, take the time to talk with them about keeping events alcohol-free—it just may save a life.

No amount of underage drinking is legal or safe. And we know that any underage drinking can lead to consuming too much alcohol, which may result in poor decisions, injuries, alcohol overdose, and possibly death.

It's About Your Teen

A teenager's brain is still developing, and it is very sensitive to alcohol's effects on judgment and decision-making. Tragedies can—and do—happen, so underage drinking should not be a part of any end-of-year celebration.

The Effects of Alcohol Can Be Deceptive

If you are asked to explain the reasons behind your rules, you can describe the effects of alcohol on the human body.

When people drink alcohol, they may temporarily feel elated and happy, but they should not be fooled. As blood alcohol level rises, the effects on the body—and the potential risks—multiply.

- Inhibitions and memory become affected, so people may say and do things that they will regret later and possibly not remember doing at all.
- Decision-making skills are affected, so people may be at greater risk for driving under the influence—and risking an alcohol-related traffic crash—or making unsafe decisions about sex.
- Aggression can increase, potentially leading to everything from verbal abuse to physical fights.
- Coordination and physical control are also impacted. When drinking leads to loss of balance, slurred speech, and blurred vision, even normal activities can become more dangerous.



* Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality. 2019 National Survey on Drug Use and Health. Table 2.20A—Binge Alcohol Use in Past Month among Persons Aged 12 or Older, by Age Group and Demographic Characteristics. Numbers in Thousands, 2018 and 2019. <https://www.samhsa.gov/data/2k19/national-survey-on-drug-use-and-health-2019-tables>. Accessed September 25, 2020.

** Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality. 2019 National Survey on Drug Use and Health. Table 2.6A—Alcohol Use Disorder in Past Year among Persons Aged 12 or Older, by Age Group and Demographic Characteristics. Numbers in Thousands, 2018 and 2019. <https://www.samhsa.gov/data/2k19/national-survey-on-drug-use-and-health-2019-tables>. Accessed September 25, 2020.

*** National Highway Traffic Safety Administration. Fatality Analysis Reporting System. <https://www.nhtsa.gov/research/data/fatality-analysis-reporting-system/fars>. Accessed May 21, 2021.

- Consuming a dangerously high amount of alcohol can also lead to alcohol overdose and death. When people drink too much, they may eventually pass out (lose consciousness). Reflexes like gagging and breathing can be suppressed. That means people who have had too much alcohol could vomit and choke or just stop breathing completely. Vulnerability to overdose increases if the teen is already on a sedative-hypnotic (such as Valium, Xanax, or Benadryl) or pain medication.

A Word About Alcohol Overdose

Thousands of students are transported to the emergency department each year for alcohol overdose, which occurs when high levels of alcohol suppress the nervous and respiratory systems. Signs of this dangerous condition can include:

- Slow or irregular breathing;
- Vomiting;
- Mental confusion, stupor, loss of consciousness, or coma; and
- Hypothermia or low body temperature, bluish or pale skin.

An alcohol overdose can lead to permanent brain damage or death, so a person showing any of these signs requires immediate medical attention. If you or your graduate notices any of these signs, don't wait. Call 911 if you suspect an alcohol overdose.

Think About It!

Drinking to celebrate graduation can result in vandalism, arrests, sexual assaults, injuries and trips to the emergency room, alcohol-related traffic crashes, and worse. Drinking by teens can put them—and their friends—in real danger. Ask them to consider this question: Is that any way to celebrate?

Talk With Your Graduate

It is critical to talk with your graduate because research shows that parents do make a difference. By serving as a positive role model, talking with other parents and your teens, supervising parties to make sure no alcohol is served, and supporting alcohol-free school celebrations, you can help prevent a life-changing mistake.

Remember...

Tell your graduate to play it safe and party right—and alcohol-free—at graduation. Because a well deserved celebration shouldn't end in tragedy.

For more information, please visit: <https://www.collegedrinkingprevention.gov>



NIH National Institute on Alcohol Abuse and Alcoholism

NIH...TURNING DISCOVERY INTO HEALTH®
National Institute on Alcohol Abuse and Alcoholism
<https://www.niaaa.nih.gov> | 307-443-3880
May 2021



Sherer Joins New York's Best
Congratulations to Trig Sherer for making the All-State Team by placing in the Top 100 in New York's Clay Target League

Wildcat of the Month

WILDCAT OF THE MONTH
MAY 2026



AUSTIN STEPHENS
7TH & 8TH GRADE 

"Austin is always ready to work, willing to help anyone around him, and is always pleasant."


WILDCAT OF THE MONTH
MAY 2026




LANDON ZVER
11TH & 12TH GRADE 

"Landon is a model citizen. He is respectful to everyone, he takes his academics seriously but also is always willing to help out adults or his fellow classmates. He is a true leader for the other students."

WILDCAT OF THE MONTH
MAY 2026



ISABEL ONYAN
9TH & 10TH GRADE 

"Izzy is a strong student who is kind, helpful and a leader among her classmates."

Wildcat of the Month

POSITIVE ROLE MODEL, MAINTAINS GOOD GRADES/GRADES SHOW IMPROVEMENT, RESPECTFUL, RESPONSIBLE

- W** WELL-MANNERED; WILLINGNESS TO LEARN/BE A ROLE MODEL
- I** INVESTED IN LEARNING; IMPROVEMENT IN GRADES/BEHAVIOR; IMPACTFUL ON CLASS; INSPIRATION TO OTHERS
- L** LEADERSHIP BY EXAMPLE; LEVEL-HEADED
- D** DEPENDABLE; DEDICATED TO GOOD WORK ETHIC; DEMONSTRATES GOOD CHARACTER QUALITIES; DETERMINED
- C** COOPERATES WELL WITH TEACHERS, STAFF, AND FELLOW STUDENTS; CAN-DO ATTITUDE IN CLASSROOM
- A** ACTIVE IN SCHOOL: CLASSROOM AND EXTRACURRICULARS (SPORTS/CLUBS); ACCOMPLISHES ASSIGNMENTS/TASKS ON TIME
- T** TRUSTWORTHY; TEAM LEADER; TRUE TEAM PLAYER (IN AND OUT OF SCHOOL); THOUGHTFUL TO OTHERS



WILDWOOD GST BOCES

GRADUATION



June 11 was Wildwood BOCES Graduation Day for several members of the Jasper-Troupsburg Class of 2026! Congratulations to *Abby Onyan, Braylon Lawson, Dylan Troxel, Hunter Anthony, Hoyt Clinton, Keira Marsh, Alice Gerow, Daisy Welch, Harris Drake, and Charlie Waters* (not pictured) on this outstanding achievement.



Cultivating Community Pride



Members of the Jasper-Troupsburg FFA Chapter recently partnered with the Town of Jasper Auxiliary for the community's annual Clean Up Day. Students spent the morning assisting residents with unloading unwanted items into dumpsters, helping ensure the event ran smoothly and efficiently for community members.

In addition to assisting with the cleanup effort, members worked to refresh and beautify public spaces by cleaning, weeding, and replanting local flower beds. Through their efforts, students demonstrated the values of service, responsibility, and community involvement that are central to the FFA mission.

Community service provides students with valuable opportunities to give back while developing leadership, teamwork, and communication skills. The Jasper-Troupsburg FFA Chapter is grateful to the Town of Jasper Auxiliary for the opportunity to be involved and proud of the members who volunteered their time to help make a positive impact in our community.



Celebrating Our Members and Supporters

As another successful year comes to a close, the Jasper-Troupsburg FFA Chapter gathered to celebrate the accomplishments, growth, and dedication of our members during our annual FFA Banquet. The evening provided an opportunity to recognize student achievements in leadership development events, career development events, chapter activities, and countless hours of hard work throughout the year.

While the awards and recognition are important, the banquet also serves as a reminder that the success of our chapter is truly a community effort. We are incredibly grateful for the many sponsors, volunteers, faculty, staff members, administrators, parents, and community businesses who invest their time, resources, and encouragement into our students and programs. Their generosity helps create opportunities that allow our members to learn, grow, compete, and succeed both inside and outside the classroom.

The impact of these contributions extends far beyond a single event or school year. Whether through financial support, volunteering at activities, sharing expertise, or simply cheering on our students, our supporters play a vital role in helping our chapter thrive. Many of the experiences our members enjoy would not be possible without their commitment to agricultural education and youth leadership development.

As we reflect on another outstanding year, we extend our sincere thanks to everyone who has supported the Jasper-Troupsburg FFA Chapter. We are proud of all our members have accomplished and look forward to building on that success in the years to come.



JAZZ FEST



Wildcats Shine at Jazz Fest

Our annual Jazz Fest was another great success! Students showcased their musical talents through outstanding performances, demonstrating the hard work and dedication they have put in throughout the year. Thank you to our musicians, directors, and families for making this event a memorable celebration of music.

MUSIC
DEPARTMENT



MUSIC DEPARTMENT



Upcoming Parade Schedule for Marching Band (Grades 6-12)

Saturday, June 20	Wellsboro, PA	2pm
Saturday, July 4	Jasper Old Home Day	11:00am
Sunday, July 5	Troupsburg Heritage Day	12:30pm





JT Fall Sports Sign-Ups Are Here!

Ready to compete, have fun, and represent JT? Sign-ups will be held in the gymnasium - don't miss your chance to be part of something great!

Your name on that sign-up sheet matters. It helps decide which teams we can run and what levels we can offer. So if you're thinking about playing, make it official!



Bring your friends, build your squad, and help make this season one to remember. The more who sign up, the more opportunities we can create.

Play for your school.

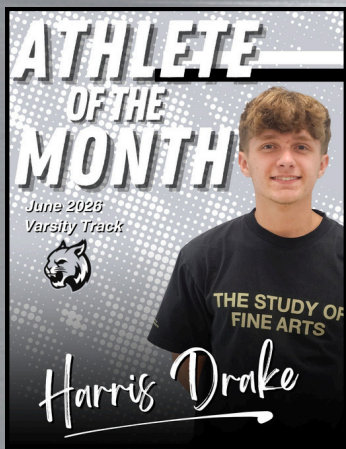
Play for your team.

Play for YOU.

August 24: Fall Sports Practices Begin

**August 24 @ 5:00 pm
Parent Meeting for Fall Sports**





The Varsity Track Athlete of the Month is *Harris Drake*. Anyone who attended the Black and Silver Ceremony can understand why he earned this recognition. Harris is an exceptional student who has completed numerous college-credit courses, earned a sectional patch in pole vault, and was named this year's valedictorian.

Congratulations, Harris, and thank you for representing our district with excellence both in the classroom and in competition!



The Varsity Golf J-T Athlete of the Month is *Landon Zver*. Coach Zver shared, "Landon's leadership isn't measured only by the scores he posts, but by the example he sets every day. He competes with confidence, carries himself with humility, and has played a major role in helping our program reach new heights this season." Landon is a dedicated leader who gives his best effort in everything he does. Whether in athletics, academics, or helping others, he consistently represents our school with pride and integrity.

Great job, Landon!



The Modified Boys Track J-T Athlete of the Month is *Lucas Stephens*. Coach Gunn says, "Lucas always put every bit of effort into practice and it showed, winning all of his running events and putting up impressive times during the meets. He also maintains good grades and always has a positive attitude".

Great job representing J-T, Lucas!



The Modified Girls Track J-T Athlete of the Month is *Zoey Henry*. Coach Gunn remarked, "Zoey worked hard at practice and at meets. She never complained when she was put into any running event, which was all of them. She won multiple times in the discus throw which she worked hard at every practice to perfect. Zoey also excels at school and was in the school play this year".

Excellent job being a great example of a Wildcat, Zoey!

2025-26 Yearbook

CEREMONY & DEDICATIONS



The Class of 2026!



The Class of 2026 proudly dedicated this year's yearbook to Mr. Potter and Mrs. Button.



Yearbook Editors: Keira Marsh & Nolan VanGorden





2026



JASPER-TROUPSBURG CSD COMMUNITY FORUM





 JUNE 23, 2026


 6:00PM


 TROUPSBURG
ELEMENTARY
CAFETERIA



 The **Jasper-Troupsburg Central School District** invites students, families, staff, alumni, and community members to attend a *Community Forum* focused on the rebuilding of our Jr./Sr. High School.

 This forum is an opportunity to hear an update on where we are in the rebuilding process and, more importantly, to share your perspectives, ideas, and priorities for the future of our school. *We want to know what matters most to our community* as we work to design a facility that supports student learning, honors our history, and serves **Jasper-Troupsburg** for generations to come.

 *Community input is a critical part of this process.* Your feedback will help guide decisions related to learning spaces, programs, community use, and the overall look and feel of the new building.

 *All are welcome to attend.* No prior knowledge is required, just a willingness to share your voice and listen to others.

WILDCAT NATION
www.jtcsd.org

BASKETBALL CAMP OPPORTUNITY

SHOOT THE LIGHTS OUT BASKETBALL ACADEMY

I have had Coach Bill Hopkins host his Shoot the Lights Out Basketball Camp at Avoca Central School since 2008. There is no doubt in my mind that the players are getting taught the proper shooting techniques by one of the best shooting coaches in Western NY and are getting a ton of basketball knowledge in the process. Coach Hopkins and his staff have had a huge impact on the players they teach. By the end of the week, you can see how much of a difference they make. The improvement is there to see with the players on the court!

Bill Colliner, Long-time Avoca-Prattsburgh Basketball Advocate

"The Shoot the Lights Out Program is a great opportunity for athletes to become great shooters. Through a variety of techniques and teaching philosophies, Coach Hopkins effectively shows each individual basketball player how to become a better shooter. Coach Hopkins came to our district and ran a clinic on the basic fundamentals of shooting, and also on more advanced skills and drills. The information at the clinic was very helpful, and our athletes became more knowledgeable about shooting. Coach Hopkins stresses repetition and his motivational approach gets the athletes excited about being better shooters. His clinic can only help reinforce and teach athletes how to be the best shooter that they can possibly be. His helpful hints and pointers through individual instruction have made my players better shooters, which in turn has made us a better offensive team. Truly a worthwhile and helpful clinic for all ages!"

Andy Scott, Head Girls' Coach, Horseheads HS

"The Shoot the Lights Out Camp is a great opportunity for your team to improve those critical offensive skills needed to put your program on a path to success. The individualized attention to detail is unmatched at any camp in the area and has greatly benefited our players' offensive skills. The instruction given is crucial and beneficial to players of all ages and abilities."

Greg Gavlich, Girls' Basketball Coach, Odessa Montour HS

"I just wanted to let you know that many of our kids at UHS that went through the Shoot the Lights Out Clinic feel that they learned more about the art/science/skill of shooting and that will translate into more confident players for us. I thought the clinic was one of the best that I have seen on shooting. It was well-planned and all phases."

Kevin McManus, former Head Boys' Coach, Union-Endicott HS

"Bill Hopkins' Shoot the Lights Out Academy was one of the most valuable camp experiences of my career. Bill's ability to break down the shot, with all of its nuances, is second to none. His detail-oriented style and infectious enthusiasm make this camp an absolute must for any young player who hopes to become a proficient shooter."

Chris Evans, Head Boys' Coach, Oswego Free Academy

"I'm happy to recommend Coach Hopkins shooting video, and if you're lucky through his personal instructions. He breaks things down to the basics and ensures accuracy through repetition. This is a great staff for any level player. We have found it very helpful with our Girls Basketball program, instilling in them fundamentals of shooting that are repeatable and predictable."

Dr. Sonny Sprea, former Head Girls' Coach, Maine-Endwell HS and former player at Syracuse University (1980-84).

Shoot the Lights Out Basketball Academy
Bill Hopkins, Director
4094 Shorewood Dr.
Hammondsport, NY
14840



BASKETBALL CAMP

"EARN YOUR TIME ON THE COURT WITH PRODUCTIVITY!"

FOR BOYS & GIRLS ENTERING GRADES 5 - 12

CHECK OUT OUR INSTRUCTIONAL DVD'S

Avoca High School

July 13th - July 17th
Monday thru Friday

Hosted by Bill Colliner

Long-Time Avoca-Prattsburgh Basketball Advocate
Directed by Bill Hopkins, Inducted in the Section IV Hall of Fame and Coming Painted Post Sports Hall of Fame and Max Young, current Girls' Modified Coach at Addison HS

9am to 1:00pm



Bill Hopkins, Director
Shoot the Lights Out
Basketball Academy
Contact us at our e-mail address:
shootlightscourt@gmail.com
Or call (607) 738-5307
Address: 4094 Shorewood Dr.
Hammondsport, NY 14840

SHOOT THE LIGHTS OUT BASKETBALL CAMP

DAILY SCHEDULE

SHOOT THE LIGHTS OUT 9:00 - 9:05 Daily Remarks

9:05 - 9:15	Form Shooting
9:15 - 9:20	Shooting Lecture
9:20 - 10:30	Shooting Fundamentals Grade Group Practice
10:30 - 10:45	Grade Group Free Throw Shooting & Contests
10:45 - 11:10	BREAK - lunch will be provided by the Avoca Cafeteria Staff!
<i>(If you wish your child to bring their own lunch, they are welcome to do so.) Catered and water will be sold at the camp throughout the day</i>	
11:10 - 12:00	Grade Group Instruction
12:00 - 12:30	Individual Offensive Skills
12:30 - 1:00	Games

COST

PLEASE SEND IN YOUR SON/DAUGHTER'S REGISTRATION FORM EARLY!
One Camper: If postmarked up to 2 weeks prior to the 1st day of camp: \$95
One Camper: If postmarked up to 1 week prior to the 1st day of camp: \$115
One Camper: If postmarked after 1 week prior to and up to the 1st day of camp (walk-in cost): \$140.00
Two siblings: If postmarked 2 weeks prior to the 1st day of camp \$170 total.
Two siblings: After 2 weeks prior to the 1st day of camp up to the 1st day of camp \$200 total
Three siblings: \$270 total at any time
(NOTE: All registration fees include camp insurance costs!)
Walk-ins on the first day of camp are welcome!
There will be NO REFUNDS. If a player registers and cannot attend the camp, the fee will be applied to next year's camp



PURPOSE

Our camp is open to both boys and girls in Gr. 5-12. We firmly believe that our camp is the essential catalyst for an effective in-season or off-season improvement program. Every player wants to score, but only through proper technique and repetitions will the player achieve consistency as well as their personal scoring goals. We

will teach players the proper fundamentals of shooting. These include: upper body alignment, shooting footwork, hand position on the ball, follow-through, proper arc, use of one's legs to elevate, correct ball rotation, catch & shoot and foul shooting. We also teach individual offensive skills to instill confidence in your game.

A message from a Coach to a Player: If you aren't a reliable shooter or scorer, you will not play the minutes you desire. PERIOD! Coaches love great shooters! They build offenses around great shooters! Leave your coach no choice but to play you because you can shoot! Throughout the camp's entire length, each camper will shoot approximately 2,500 shots during our drill work. **Five Days** of supervised shooting establishes a measure of confidence.

Following our camp, it is each player's choice to take the information taught at camp, implement that information and practice their shooting on their own to improve. Changing one's shooting technique is a process and will take time. But as we tell our campers - shooting success is **guaranteed** if you are willing to put the time in to make the necessary adjustments/changes to your technique and practice, practice, practice! We provide Summer Workout Programs!

Local team's rosters are filled with SHOOT THE LIGHTS OUT graduates who are experiencing shooting/scoring success and playing for championships. Join in the fun!

SHOOT THE LIGHTS OUT! REGISTRATION FORM

Name: _____
 Address: _____
 City: _____
 State: _____ Zip: _____
 Grade as of Sept. 2026: _____
 School: _____
 Phone: _____

Emergency Phone: _____
 Adult shirt size (circle one): S M L XL
 Youth Sizes are available (circle one) YL YM
AVOCA HIGH SCHOOL
JULY 13 - JULY 17 (M-F)
9AM TO 1PM
 I hereby authorize the staff of the **SHOOT THE LIGHTS OUT BASKETBALL CAMP** to act for me according to their best judgment in any emergency requiring medical attention. I hereby waive and release the camp from any and all liabilities for injuries incurred while at camp.
Parent or Guardian please sign below:
 NAME _____
 A deposit of \$50 or full payment must accompany this form. The balance is due the first day of camp. Please make checks payable to the "Shoot the Lights Out Basketball Academy" or "STLOBA."

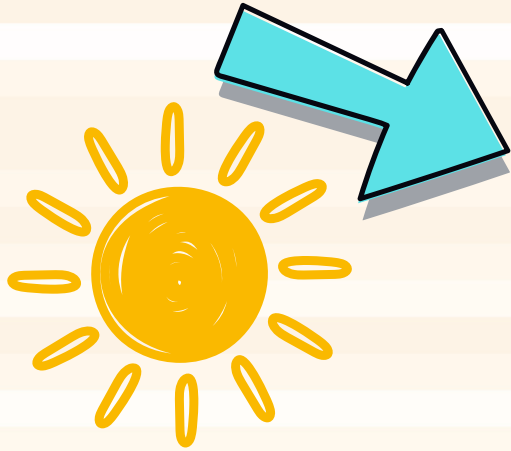
Return this form and check to Bill Hopkins,
4094 Shorewood Dr. Hammondsport, NY 14840
 If you would like confirmation of your payment, please supply your email address here: _____
 YES, I would like to order, in advance, a copy of the **Shoot the Lights Out Shooting Instructional DVD's**. (DVD I - Upper Body Alignment & DVD II - shooting footwork) Copies of our DVD have been sold internationally as well as across the US. It is recommended by nationally renowned coaches such as Jeff Van Gundy (ESPN), John Beilein (former coach at U of Michigan) and Jay Wright (Villanova). If you register 2 weeks prior to the start of camp, the cost is just \$15 each. After that date, the cost of the DVD will be \$25 each. A copy of the DVD will be reserved for you once you check the box above and will be given to you at camp or mailed to you upon request. All prices include shipping and tax.
 Check Box: DVD I DVD II BOTH





FREE SUMMER MEALS

FOR ALL KIDS/TEENS 18 AND YOUNGER



Free Summer Meals

for ALL Kids and Teens

18 and younger

Any questions Call 607-792-3690 x7128

Email: karandall@gstbooces.org

Jasper Troupsburg Elementary School
908 State Route 36
Troupsburg, NY 14885
Pick up is at the Bus Loop Door
July 6th-August 14th
5 Day Meal Pack
Last Day for PickUp August 11th



Tuesdays
Parent Pick Up
11:00-12:00 only

Parents Must Pre-register each week. Go to jtcsd.org

Departments>Food Service> GST BOCES Food Service> Summer Meals

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the State or local Agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [How to File a Program Discrimination Complaint](http://www.fda.gov/oc/ohrt/program-discrimination-complaint) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail, U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

USDA is an equal opportunity provider, employer, and lender.

Jasper-Troupsburg
Elementary School
908 State Route 36
Troupsburg, NY 14885

Jasper-Troupsburg
CSD



Menu subject to change without advance notice

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 1 Cereal Bowl & 1 Muffin Top 2 BR	Breakfast Breakfast on A Stick 1 M/MA & 1 Bread	Breakfast Mini Pancakes 2 BR	Breakfast 1 Cereal Bowl & 1 Muffin Top 2 BR	Breakfast Cinnamon Roll 2 BR
Lunch 4 oz Yogurt Cup, 1 Cheese Stick & 1 bag of Goldfish 2 M/MA & 1 BR	Lunch Chicken Nuggets 2 M/MA & 1 BR	Lunch Mozzarella Sticks w/Marinara 2 M/MA & 2 BR	Lunch Cheeseburger on a Bun 2.5 M/MA & 2 BR	Lunch PB&J Sandwich 2 M/MA & 2BR

Breakfast Daily Sides include:

Chilled NY Milk (1 Cup)
100% Fruit Juice (4oz Cup)

Lunch Daily Sides include:

Chilled NY Milk (1 Cup)
Vegetable (1/2 cup)
Fruit (1/2 Cup)

EMAIL:

karandall@gstbooces.org

karandall@jtcsd.org

OR

Phone: 607-792-3690 ext.7128

Jasper-Troupsburg Meal Pick Up

Included in these kits are 5 breakfasts and 5 lunches. Please refrigerate perishable items as soon as you get home. Please cook all underlined items until 140 degrees is reached.

Breakfast

Cereal and Muffin tops
Breakfast on a Stick
Mini Pancakes
Cinnamon Roll
Assorted Fruits and Juice
Milk

Lunch

Yogurt, String Cheese and Goldfish Crackers
Chicken Nuggets w/Bread
Mozzarella Sticks w/Marinara
Cheeseburger on a Bun
Peanutbutter and Jelly Sandwich
Assorted Fruits and Vegetables
Milk

June 2026



JASPER-TROUPSBURG MIDDLE & HIGH SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
1 BBQ Pork Rib on a Roll Chicken BLT Salad w/Bread Choice Sliced Carrots	2 Meat Tacos w/Rice Buffalo Ranch Wrap Golden Sweet Corn Baked Beans	3 Turkey & Gravy w/Warm Biscuit Buffalo Ranch Wrap Green Beans	4 Chicken & Sweet Chili Sauce w/Rice Buffalo Ranch Wrap Steamed Broccoli Fresh Pepper Strips!	5 Cheeseburger on a Roll Mini Pancakes w/Sausage Buffalo Ranch Wrap Sliced Carrots
8 Homestyle Chicken Bowl w/Bread Buffalo Ranch Wrap Sliced Carrots	9 Chicken Quesadilla w/Rice Chicken BLT Salad w/Bread Choice Golden Sweet Corn Baked Beans	10 Pizza Dunkers w/Marinara Sauce Chicken BLT Salad w/Bread Choice Green Beans	11 NY MENU DAY! Sweet & Spicy NY Beef w/Lo Mein Noodles Chicken BLT Salad w/Bread Choice NY Carrots Fresh Strawberry & NY Blueberry Cup w/Whipped Cream NY Juice! Chilled NY Milk	12 Crispy Chicken Tender Sub Crispy Fish Filet Sandwich Chicken BLT Salad w/Bread Choice Steamed Broccoli
15 French Toast Sticks & Sausage Buffalo Ranch Wrap Sliced Carrots	16 Meat Nacho Grande w/Rice Buffalo Ranch Wrap Golden Sweet Corn Baked Beans	17 Regents Exams Breakfast Available LUNCH See Sign Up Sheet Baked Mozzarella Sticks w/Marinara Sauce Baked Crispy Chicken Sandwich PBJ Sandwich Fruit & Yogurt Parfait w/Bread Choice Assorted Veggies & Fruit	18 Regents Exams Breakfast Available LUNCH See Sign Up Sheet Crispy Chicken Tenders Cheeseburger on a Roll PBJ Sandwich Fruit & Yogurt Parfait w/Bread Choice Assorted Veggies & Fruit	19 June 19th No School
22 Regents Exams Breakfast Available LUNCH See Sign Up Sheet Pizza Dunkers w/Marinara Sauce Baked Crispy Chicken Sandwich PBJ Sandwich Fruit & Yogurt Parfait w/Bread Choice Assorted Veggies & Fruit	23 Regents Exams Breakfast Available LUNCH See Sign Up Sheet Mini Pancakes w/Sausage Cheeseburger on a Roll PBJ Sandwich Fruit & Yogurt Parfait w/Bread Choice Assorted Veggies & Fruit	24 Regents Exams Breakfast Available LUNCH See Sign Up Sheet Baked Mozzarella Sticks w/Marinara Sauce Baked Crispy Chicken Sandwich PBJ Sandwich Fruit & Yogurt Parfait w/Bread Choice Assorted Veggies & Fruit	25 Regents Exams Breakfast Available LUNCH See Sign Up Sheet Crispy Chicken Tenders Crispy Fish Filet Sandwich PBJ Sandwich Fruit & Yogurt Parfait w/Bread Choice Assorted Veggies & Fruit	26 Congrats 2026 Graduates!!
29 Make Online Payments at PayForIt.net	30 JOIN US FOR NY MENU DAY! See menu for details	 Have a cool & safe Summer Break! Don't forget to read some books!!!	Find summer meal sites near you by calling the 2-1-1 HELPLINE at 1-800-346-2211 or 1-866-3-HUNGRY, VISIT www.SummerMealsNY.org or contact the district foodservice office (contact info below).	

DAILY ENTREES

PBJ Sandwich
Chef Salad w/Bread Choice
NY Yogurt & Fruit Parfait w/Bread
Choice
Assorted Wraps & Sandwiches
Assorted Pizza
Mon/Wed: Baked Crispy Chicken
Sandwich
Thurs: Cheeseburger on a Roll

DAILY SIDES

Tossed Salad
Fresh Vegetables
Assorted Fruit
M/W/F: 100% Fruit Juice
Chilled NY Milk

PRICING

Breakfast & Lunch: \$0.00
Milk/Ala Carte Sides: \$0.75
Snacks: \$0.75-\$1.50
NOTE: Every student receives 1
bfast & 1 lunch at no charge per
school day. Each bfast & Lunch
must be a COMPLETE
REIMBURSABLE MEAL, or student
will be charged ala for each item
on their tray.

BREAKFAST MENU

Monday: Stuffed Bagel Bites
Tuesday: Breakfast on a Stick
Wednesday: Breakfast Pizza
Thursday: Mini Pancakes
Friday: Breakfast on a Stick
Daily Items: BFast Sandwich,
Bagel, Cereal, Muffin Tops, Graham
Crackers, BFast Bars, Smoothie,
Asst. Fruit, 100% Fruit Juice &
Chilled NY Milk

Contact the Food Service Office at (607) 792-3675 or go to the School District Website Food Service Page & click on the
Contact Us button to fill in and submit your info. If you have a food allergy or intolerance, please notify us.

This institution is an equal
opportunity employer & provider.

This menu is subject to change
with out advance notice.

Our District and BiWeekly Newsletters are available on the
website at www.jtcsd.org.

CLICK HERE



High School: (607) 792-3690

Transportation: (607) 792-3372

Follow us on Facebook: Jasper-Troupsburg
Central School District
School Website: www.jtcsd.org