AMERICAN INTERNATIONAL SCHOOL OF THESSALONIKI

EST. 1950

PINEWOOD

List of Recommended External Specialists & Centers

Supporting Every Learner.
Empowering Every Potential.

SUPPORT | EQUITY | GROWTH | WELL-BEING

Recommended External Specialists and Centers

The following list includes external mental health professionals and support centers in Thessaloniki. Families are encouraged to contact providers directly to confirm availability, services offered, fees, language options, and suitability for their child's or family's needs.

Inclusion on this list does not constitute an official endorsement. It is intended to provide families with possible external referral options for further support.

Individual Specialists

Nikolas Marwan Zawaher

Psychologist – Psychotherapist

Phone: 698 566 9929

Location: Thessaloniki City Center and Online

Dr. George Giaglis

M.D., M.Sc., Ph.D. – Psychologist, Psychiatrist, Gestalt Psychotherapist

Phone: 694 608 4086

Katerina Papathanasiou

Therapist – Eating Disorders Specialist

Phone: 6976 242090

Kalypso Totti

Systemic and Family Therapist

Phone: 694 674 5550

Location: Thessaloniki City Center

Electra Bethymouti

Psychologist, Systemic Therapist, MSc; Supervisor and Trainer

Center: Bienestar Psychology Center

Phone: 2310 887820

Mobile: 694 697 5079

Address: 181 Vasilissis Olgas Avenue, Thessaloniki, 54645

Languages: English, Spanish, Greek

Theodoros / Efthymios Bargiotas

Psychiatrist – Psychotherapist, MD, MSc, MRCPsych

Phone: 2310 257 480

Email: info@psych-bargiotas.gr

Address: 116 Egnatia Street, Thessaloniki, 54622

Note: Some directory listings also show 2310 229312 and 694 460 8240; however, the official website lists 2310 257 480.

Aikaterini Tsoura, MD, MSc

Child and Adolescent Psychiatrist

Phone: 693 263 3053

Address: 21 Ethnikis Amynis Street, Thessaloniki, 54621

Mental Health Centers and Multidisciplinary Services

ProsOpsi Center for Mental Health

Services: Mental health support for adults, adolescents, and children

Phone: 2310 269199

Androniki Dragkou: 6970015528

Address: 10 Agias Sofias Street, Thessaloniki, 54622

Website: https://www.inprosopsi.gr/en/

Syn-Ergasia

Services: Occupational therapy, speech therapy, support for learning differences, and parent counseling

Phone: 2310 326341

Address: 81 17is Noemvriou Street, Pilea, 55535

Nous Center

Services: Psychologists, psychiatrists, psychotherapists, trauma therapists, nutritionists, and neuropsychologists

Phone: 2315 558267

Address: 1 Angelaki Street, Thessaloniki

Website: https://www.nouscenter.gr/?lang=en

Istimi Center

Services: Child psychologists, parent counseling, speech therapy, and occupational therapy

Address: 11 Professor Antoniou Keramopoulou Street, Thessaloniki City Center

Website: https://istimicenter.gr/

Additional listing: DoctorAnytime

Suggested Note to Families

Families may wish to contact more than one provider in order to find the best fit. When calling, it may be helpful to ask about the professional's experience with the specific concern, appointment availability, language of service, confidentiality policies, and whether they work with children, adolescents, adults, or families.