

Middle School Sports at YMS



Is your child interested in participating in sports? These are the sports offered at YMS for students in Grades 5-8.

FALL SPORTS

<i>Sport</i>	<i>Cross Country</i>	<i>Football</i>	<i>Volleyball</i>
Who?	Boys and Girls	Boys	Girls
Grades?	5 th through 8 th	6 th through 8 th *5 th Grade, possible	5 th through 8 th
When is their Season?	First day of school through October *Many coaches will host open gyms the week before school starts	First Day of School through October	First day of School through mid- October

WINTER SPORTS

<i>Sport</i>	<i>Basketball</i>	<i>Wrestling</i>
Who?	Boys and Girls	Boys and Girls
Grades?	6 th through 8 th *5 th Grade, possible	6 th through 8 th *5 th Grade, possible
When is their Season?	Boys: End of October through December Girls: First Day back from Christmas Break (January) through February	January and February

SPRING SPORTS

<i>Sport</i>	<i>Track and Field</i>
Who?	Boys and Girls
Grades?	6 th through 8 th
When is their Season?	Mid-March through beginning of May

*Softball and Baseball for grades 5-8 is through Yoncalla Youth Sports. Please contact Shannon VanDeventer or Jessica Smith for information.

Requirements to Play

Grades 5 - 8: A Sports Physical

*Students must be cleared by a medical provider before they are able to play in a sport. Sports Physicals are good for two years from the physical date, but we recommend students get one each year as they grow so much at this age.

**We collaborate with AVIVA each year to offer FREE Sports Physicals in August to students. Look out for those dates on our Facebook Pages.

Grades 7 - 8: Pay their Student Body Card Fee

*In addition to having a current Sports Physical, students in grades 7-8, are required to pay \$20 for their Student Body Card Fee. This fee covers any sport the student will play for the entire school year.