



## Norsemen Cross Country 2026-2027

July 23	Practice begins	
Sat. August 29	Viking Invitational	Northside High School
Sat. September 12	Knights Crossing Host: Cave Spring	Green Hill Park, Salem
Sat. September 19	Clash with the Titans	Hidden Valley HS
Sat. September 26	Alleghany XC Invitational	Jackson River Sports Complex
Wed. October 7	Southwest Virginia Middle School Championship	Hidden Valley HS

Head Coach: Elizabeth Edmonds

Assistant Coach: Jeffrey Wilson

Volunteer Coach: Angela Edmonds

6/16/26