

PATCHOGUE-MEDFORD UFSD
WELLNESS COMMITTEE MEETING



MEETING AGENDA

June 10, 2026

Present: Caroline W., Katy F., Tracie W., Annette M., Haley W., Emily W., Bernadette S., Lori C., A. Cracco

	TOPIC	DISCUSSION
1.	Using Our Voices 5K Review	• Currently have \$11,980 in account. • Two \$500 scholarships will be given at the Senior Athletic Awards night- the two seniors that took on the largest role in helping plan the event. • This year over 400+ people registered for the event. • Larger middle school participation. • Next year consider moving the vendor location- not as much traction at the tables. • Consider using VEFFY app (this is similar to Venmo) for the raffles. Many people do not come with cash. • Wellness Clubs at high school need to do a better job increasing club participation. Better PR is needed. Consider: ○ clubs setting up at 9th grade orientation, ○ Club Fair during PE at the start of the school year ○ setting up tables outside the cafeteria promoting available clubs for students.

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2.	Update: Farmers Fridge	• Huge success- we are unable to keep it stocked. Restocking multiple times per week. Often sold out within hours. • Consider adding another machine in September. • Mr. Cracco reported the 3-day usage to be a total of 243 items- total of \$1,979. This greatly exceeds the minimum weekly quota of \$650.
3.	Update: Protein Selections	• Dan Erwin has purchased a blender. Currently providing mixed fruit smoothies for the high school. Students really seem to enjoy selling about 25 smoothies a day. • Also added an egg and cheese on a roll and ham and cheese on a bagel option at the high school. • At the middle and elementary level, they have added a pancake chicken sausage/cheese breakfast sandwich and a waffle chicken sausage sandwich. Good feedback on these items.
4.	Other	• Concerned was raised about choking incidents that have occurred at the elementary level. The last incident involved mozzarella sticks. • Review the food selection- maybe consider eliminating for the younger students (K/1). Students eat very fast and not taking the time to chew food. Also look at items like cherry tomatoes and grapes.