

Course Title:	Grade 6 School Counseling
Grade(s):	6

Course Description
The 6th grade counseling curriculum helps students build social-emotional and executive functioning skills needed for success in middle school. Through lessons focused on positive peer relationships, communication, empathy, organization, and time management, students learn how to interact respectfully with others while also developing habits that support academic responsibility. Students practice skills such as teamwork, respectful disagreement, problem-solving, organization, and planning ahead. By the end of 6th grade, students will have a stronger understanding of how both positive relationships and strong organizational skills contribute to personal growth, academic success, and a sense of belonging.
Approved Curricular Materials/Textbook(s)
CSCA Standards ASCA Standards

Unit Title	Unit Description (Include Unit Objectives)	Unit Pacing
Unit 1: Building Positive Peer Relationships	This counseling unit helps 6th grade students develop the skills needed to build healthy friendships and work effectively with others. Through discussion, role-play, reflection, and collaborative activities, students learn the importance of communication, empathy, inclusion, and respectful problem-solving. Students practice working through common social situations, including disagreements, group work challenges, and peer conflicts. The unit emphasizes active listening, teamwork, and understanding different perspectives while encouraging students to reflect on their own behaviors and relationship skills.	Fall

	By the end of the unit, students will have a stronger understanding of how positive communication, empathy, and respectful interactions contribute to successful friendships and a supportive school environment.	
Unit 2: Time Management & Organization Skills	This counseling unit helps 6th grade students build foundational executive functioning skills needed for academic success in middle school. Through discussion, problem-solving, and hands-on planning activities, students learn how organization, time management, and task initiation support responsibility and independent learning. Students explore common challenges such as forgetting assignments, managing schedules, and staying organized. They practice identifying problems, selecting strategies, and using tools like weekly planners to improve their daily routines. The unit emphasizes building structure, developing consistent habits, and taking ownership of academic responsibilities. By the end of the unit, students will have a stronger understanding of how planning ahead, staying organized, and managing time effectively contribute to success both in and out of the classroom.	Fall/Winter