Delaware Valley High School Club and Activity Offerings

Anime: TBD

Anime are Japanese animated productions usually featuring hand-drawn or computer animation. The students are self-organized with a plan to watch a movie, play games and/or draw the characters from the series. Presently there are 40 members.

Art Club: Irene Lantz – lantzi@dvsd.org

Art Club with Dr. Lantz is the place to participate in art making activities that students won't get to experience during the class day. Art club has created many of the murals that hang in our high school halls. In addition to murals, students have created silk paintings, beaded jewelry, Polaroid transfer prints, and Expressive Arts projects with the local nursing home. The largest project that the Art Club participates in is the Annual High School Art Show. Club members assist in our student notecard fundraiser and help to host the senior art reception. Art Club is the place where students can explore and embody their own creative nature.

Board Game Club/Chess and Puzzle Club: Lauren Flack – flackl@dvsd.org

Do you enjoy solving jigsaw puzzles with friends, playing board games for fun, or strategizing about how to get to checkmate? The DVHS Puzzle, Board Game, & Chess Club welcomes you to join! Come down to the Orchestra room (P6) after school to unwind, laugh, and start to put together the pieces! Everybody is welcome to join, if you are a chess grandmaster or call the knight a horsey, a board game champion or just like the pretty pieces, a 1,000 piece puzzle-extraordinaire or if you haven't put two pieces together in your life. We encourage you to bring along your favorite puzzle, board game, and/or friend!

Computer Programming Club: Joy Sohn – sohnj@dvsd.org

The Computer Programming Club allows students to refine the programming skills obtained in class in order to compete in different programming events. Each student can choose to work individually or as part of a team.

Creative Writing Club: Michael Sotak – sotakm@dvsd.org

This is a club for everyone: students who love writing, students who have a desire to improve their writing skills, and even students who just want a place where they can interact with their peers. This club is student led. Typically, students select the writing activities, complete them, and share their work with their peers. This club is not meant to be an extra class; however, this club is also a space where students can seek teacher feedback related to the writing process, if they choose.

Digital Art and Media Club: Krystine Thompson- thompson.krystine@dvsd.org

Students will have the opportunity to create digital artwork on a mac computer, experiment with illustrator, photoshop, and other Adobe programs, as well as work in Canva using graphics templates. Students will also be able to develop photography skills. Digital Art and Media Design Club will focus on creating a variety of digital content for our scoreboards and different media advertising for school programs.

Diversity: Lauren Flack – flackl@dvsd.org

The Diversity club (formerly the GSA) will have two main functions. The first and foremost is to provide a place for students of all backgrounds and situations to make connections and express themselves freely. The second goal is to spread information among the student body of many issues regarding the well-being, acceptance, and safety of our students. Some of those include mental health awareness, LGBTQ topics, and any other subjects regarding diversity in our school.

DV Drama Club: Sarah Fitzkee - fitzkees@dvsd.org

This after-school activity provides students with acting, dancing, singing, and musical theater experiences through workshops and classes during the school year. The club stages a cabaret and a spring musical. In addition, students in this club perform at numerous community events. Membership is open to any DVHS student.

Emergency Responders Club: Mark Moglia- mmoglia@dvsd.org

Pike County requested DVHS to start an emergency responders club due to the low number of volunteers that currently exists in Pike County as well as in the Commonwealth. The club will meet with the local emergency departments (Fire, Police, and Ambulance) monthly, and presentations will be planned accordingly.

Engineering Club: Robert Curtis – curtisr@dvsd.org

The DVHS Engineering Club is composed of a group of motivated students who are interested in engineering and technology, how it applies to the real world, and how to utilize math and science skills while solving problems. We start off by making and racing CO2 cars. Students then work on a project of their choosing – some ideas include pen making, robotics, Arduino and Raspberry Pi, laser engraving and cutting, and more. The Club is also a great place to work on projects from your Engineering classes and peer tutoring for Engineering class material. Students who like to be challenged and have a love for math and science are welcome to join us, whether you are taking Engineering classes or not. If you like making things and working with technology, this club is for you! We meet throughout the school year, and new members are welcome at any time.

Environmental Club: Bernadine Salak – salakb@dvsd.org

The Environmental Club is designed to get students outside to learn about the environment through a variety of club activities and programs. We participate in campus hikes, ecological studies, and exploration of biodiversity through citizen science projects. The Environmental Club also maintains the school's pollinator gardens, works towards improving campus sustainability, and is developing aquaponics at DVHS. You will learn about how the natural world works and what organisms live in our area, as well as help to beautify our campus. The information students will learn throughout the year will prepare our members for a team Envirothon competition in the spring, with the chance to compete at the state level. Students work together to compete against other schools on topics of forestry, wildlife, aquatics, soils, and current issues in environmental science. The club meets throughout the school year, and new members are welcome to join us at any time.

ESPORTS & Online Gaming: Alexandra Letki – letkia@dvsd.org

E-Sports Club is designed for both casual gamers, and students who want to take their skills to the next level and eventually compete against other schools in a professional competitive setting. The club promotes a comfortable environment that reinforces teamwork, respect, and communication between students. Aside from playing today's hottest video games, students who are interested in building their own gaming PCs will learn the ins and out of how every piece of hardware inside the computers work with each other to deliver a powerful gaming experience. That's not all! Students who are interested in streaming will get firsthand experience streaming our club games to their fellow students via DVSD's own Twitch channel! Our state of the art E-Sports room features 15 high end gaming computers, RGB desks, chairs that simulate racing seats, an 85" Samsung TV, Nintendo Switch OLED, and a large couch!

Family, Career and Community Leaders of America: Jill Farr – farrbodnarj@dvsd.org and Jillian Feese-feesej@dvsd.org

FCCLA is a club for students promoting personal growth and leadership development through Family & Consumer Sciences education, focusing on the multiple roles of family member, wage earner and community leader.

- This year the students will be presenting mini lessons on various topics to the group.
- Students participate in community service projects throughout the school year.

Film and Cinema Club: Michele Rojas – rojasm@dvsd.org

Do you enjoy watching films? Would you like to learn how great films are made? Then this is the club for you! We will screen movies to study the techniques used in filmmaking and survey major directors and genres. Club highlights include a question session via Skype with an industry professional, and based on club interest, you may even participate in the making of a short film or take a free online film course.

Fishing Club: Jessica Hill – hillj@dvsd.org

The DVHS Fishing Club engages the student body fishing enthusiasts. We fish the riverbank of the Delaware, catching various species of fish. The goal is to provide an opportunity for students to enjoy nature and build a community based on common fishing interest. All the while, developing angler skills, strategies, and best practices using the natural resources in the local community.

Floor Hockey Club: Emily Dowler – dowlere@dvsd.org

DVHS Floor Hockey Club gives students the opportunity to participate in a club sport throughout the winter. Practices and games will occur after school weekly from October to February. All equipment will be provided. This club is open to all students, including hockey, sports, and fun enthusiasts!

Foreign Cultures Club: TBD

Foreign Cultures Club is a great opportunity to be immersed in other cultures, meet new people, and learn interesting new facts from the world in which we live. We will explore languages from different parts of the world but also analyze foreign films, plays, books, and other literature. We will also dive into foreign vocabulary, history, food, and music. On special occasions, celebrations will be held.

Forensic Science Club: TBD

Our primary purpose is to provide our student members with the opportunity to participate in activities pertaining to science and law to help students prepare for a career in forensic science.

The Forensic Science Club provides events, field trips, information, and a forum for speakers to members of the community interested in forensic science. The Club will be active in numerous activities in the school community.

Group's principal activities, events, or programs include the following: Guest speakers in the field of forensics, mock crime science, Murder Mystery Dinners, information on student jobs and internships in the field, field trips and attend conferences and symposiums.

We provide a place for students to network and learn about the field of forensics and what students can do if they want to pursue a career in this field.

Future Business Leaders of America: Audrey Dennis- dennisa@dvsd.org and Jeff Luhrs – luhrsj@dvsd.org

Future Business Leaders of America is the largest business student organization in the world preparing students for careers in business and business-related areas. Over 250,000 students and advisers participate annually in over 14,000 chartered chapters in 50 states. Pennsylvania membership is over 13,000 with 295 active chapters in 28 regions. PA FBLA is the 5th largest chapter in the association. The Delaware Valley HS chapter is the largest Chapter in Region 22 with an average of 152 active members. If students are interested in developing leadership, communication, and team skills, or simply looking for an organization to meet and network with others at the local, state and national levels, then FBLA-PBL is the organization to join. To learn more about this organization, please see the DVHS advisors, Mrs. Audrey Dennis and Mr. Jeff Luhrs.

HOSA: Jodi Kresse - jkresse@dvsd.org and Rhea Doto - rdoto@dvsd.org

Health care workers enjoy the highest levels of demand, pay, and job satisfaction! Students who may be interested in a career as a doctor, nurse, medical technician, dentist, dietician, veterinarian, or emergency medical technician can join HOSA. Health Occupations Students of America is a student led national organization endorsed by the US Department of Education for future health professionals. Delaware Valley's HOSA Chapter participates in many activities: community education projects, blood drive initiatives, and State and National Leadership Conferences. Interested students should contact Mrs. Coyle, DVHS HOSA's Advisor and Health Occupations Instructor.

Indoor Track Club: Audrey Dennis – dennisa@dvsd.org and Nicholas Quaglia – quaglian@dvsd.org and Keith Fitzpatrick – fitzpatrickk@dvsd.org

Indoor Track Club is a group of runners of all abilities that meet every week during the winter season for various runs. We also have a racing team that travels and competes in District 2 Indoor track meets. There is always a fun, social atmosphere coupled with our hard-working ethic. It is a great place to meet new friends and get in shape!

Interact Club: TBA

Interact club is sponsored by Rotary International. Interact brings together young people to develop leadership skills while discovering the power of Service Above Self.

- Connect with leaders in your community and around the world to:
- Take action to make a difference in your school and community
- Discover new cultures and promote international understanding
- Become a leader in your school and community

- Have fun and make new friends from around the world

Find out how serious leadership can be seriously fun.

Jazz Lab Band: Rick Bullock – bullockr@dvsd.org

Jazz Lab Band is an extracurricular Jazz ensemble that focuses on various styles in the jazz, blues and funk genres. We will learn the basics of improvisation soloing and how to apply it to all styles of music. Every student musician is welcome, even students who just started playing recently. Students playing non-jazz instruments (Flutes, clarinets, strings, horns, double reeds) are also encouraged to join us as all instruments are welcome!

Junior Historians: Michael Guzenski – guzenskim@dvsd.org

This club is open to any student who has a passion for history (local, state, national, world), and enjoys community service opportunities. Participants volunteer time at the local Salvation Army, work at the DVHS Veteran's Day Dinner, and Senior Citizen Dinner. Students also participate in activities that enable them to discover and research history, both in the classroom and in the community.

Marching Band: Tina Reece – reecet@dvsd.org

Marching Band is a team that combines music, movement, and school spirit! Students perform at games, parades, and special events while learning teamwork, discipline, and leadership. Whether you play an instrument or join color guard, there's a place for you—no experience required!

Martial Arts: Robert Wyckoff - wyckoffr@dvsd.org and Brian Wyckoff - wyckoffb@dvsd.org

Open to any student who is looking to improve physical, mental, and character strength. It is a blend of Oriental Arts ranging from Tai-Chi to Jujitsu. Students are given self-defense strategies, tactics, and techniques. The emphasis is on developing calmness, clarity, and self-control. No previous experience necessary.

Math Peer Tutoring Program: Math Tutoring- Alyssa Nied – nieda@dvsd.org

The Math Peer Tutoring Program is a service organization designed to help students struggling in math. Tutoring is provided by students under the supervision of two math teachers every Wednesday afternoon from 2:50 p.m. to 4:20 p.m. in room S-8. The Peer Tutoring Program provides students an opportunity to review, reinforce, and often re-learn math concepts and processes, building skills and grade point averages. All students who would like to serve as tutors are advised to seek the recommendation of their current math teacher.

Mock Trial: Thomas Bailer- bailert@dvsd.org

Mock Trial gives students the opportunity to act as lawyers and witnesses in simulated civil trials before actual judges and panels of juries. Lawyers volunteer to assist students as team advisors, scorekeepers, and regional coordinators. Each year, the winning team goes on to represent Pennsylvania in the national competition. This process is student driven with the advisor serving as a facilitator.

Model UN: Scott Nielsen- nielsens@dvsd.org and Alexis Decker- deckera@dvsd.org

Model United Nations is an academic simulation of the United Nations that aims to educate participants about civics, effective communication, globalization, and multilateral diplomacy. Students take on roles as foreign diplomats and participate in a simulated session of a body of the United Nations (General Assembly, International Court of Justice, or Security Council) or some other intergovernmental organization (Arab League, European Union, NATO).

Participants research a country, take on roles as diplomats, investigate international issues, debate, deliberate, consult, and then develop solutions to world problems.

During MUN, participants utilize a variety of communication and critical thinking skills to represent the policies of their country.

Mountain Bike Club: Nicholas Irwin – irwinn@dvsd.org

Through the Mountain Bike Club, students will develop not only their passion for the sport, but also an understanding and respect for the environment, wildlife, and many other aspects of the outdoors. Club members will improve their physical condition through biking which is considered one of the best cardiovascular exercises. Mountain biking will not only work the heart and lungs but also will increase the riders' upper body strength and balance. Students will be taught riding techniques during pre-ride skills development clinics. The riders will learn how to troubleshoot mechanical

problems, and by increasing these skills, students can save money by performing repairs on their own bikes and not paying a bike technician. Also, learning how to fix technical problems will keep riders' bikes in proper running condition. A rider can run into many unusual problems on the trail. On the trail, a rider won't have access to the proper tools so members will learn trailside problem-solving tips.

Mountain biking is an activity that is evolving into one of today's most challenging outdoor sports. Students will develop their bodies and minds through mountain biking. When discussing the theory of relativity, Albert Einstein said, "I thought of that while riding my bike".

Mu Alpha Theta: Sara Walsh – walshs@dvsd.org

Mu Alpha Theta is the National High School Mathematics Honor Society with over 88,000 student members in more than 1,800 schools throughout the country. The organization is dedicated to inspiring keen interest in mathematics, developing strong scholarship in the subject, and promoting the enjoyment of mathematics in high school students. Members of Mu Alpha Theta are encouraged to participate in peer tutoring programs and to compete in mathematics competitions at the local, state, and national levels.

National Art Honor Society: Irene Lantz- lantzi@dvsd.org

National Art Honor Society (NAHS) is a nationwide not-for-profit organization sponsored by the National Art Education Association for high school students. The program is designed to inspire and recognize students who have shown an outstanding ability and interest in art. The NAHS strives to aid members in attaining the highest standards in art scholarship, character, and service, and to bring art education to the attention of the school and community.

National Honor Society: Alexis Decker – deckera@dvsd.org and Kelly Craver – craverk@dvsd.org

This club is open to juniors and seniors who have demonstrated scholastic success, good character, leadership skills and have had community service experience. They must have attained a cumulative GPA of 3.50 or better. The National Honor Society meets regularly to discuss the service activities that are designed to take place in the school or in the community.

Odyssey of the Mind: Lauren Lockwood – lockwoodl@dvsd.org

Odyssey of the Mind is a creative problem-solving program that encourages quick and "out of the box" thinking and teamwork. Thousands of teams from throughout the U.S. and from over 25 other countries participate in the program. Teams of up to seven members work together to solve a long-term problem in an 8-minute performance. All aspects of the solution (e.g. costumes, props, balsa wood structures. technical devices, vehicles) must be solved without outside assistance and within an established budget. Teams also participate in a spontaneous competition in which they are given a secret problem on the day of competition. The team must work creatively to devise a solution on the spot.

At DVHS, we currently offer four different types of OotM teams: Vehicle (coach: Karen Wagenhoffer); Technical (coach: Victoria LaTourette); Structure (coach: Terry Balton); and Performance (coach: Joe Ziolkowski). Tryouts typically occur in October to fill open spots on each team. Teams will then meet several times each week to solve their long-term problems and practice spontaneous problems in preparation for competition.

Peer Buddies: Jennifer Cosentino – jcosentino@dvsd.org and Courtney Kelly – kellyc@dvsd.org

Do you want to make a difference in someone's life? Peer Buddies has a vision to build a more caring school community for students with and without disabilities. Peer Buddies club focuses on acceptance of all students. The club meets twice per month after school for training and monthly activities. Peer Buddies are also encouraged to volunteer at lunch and in after school activities with students who need support forming positive friendships. Students who are members of Peer Buddies throughout the year help with school wide activities like promoting Autism Awareness, Spread the Word to End the Word and Special Olympics.

- Monthly activities include:
- Outdoor games and picnics
- Scavenger hunts
- Art activities
- Movie night
- Game night

Podcast Club: TBD

Learn all about podcasting including pre-production, planning, podcast formats, software, hardware, audio editing and podcast publishing. We have brand new state-of-the-art podcasting equipment just waiting to be used! Let your voice be heard!

Pennsylvania Youth Education Association: Gary Cotroneo – cotroneog@dvsd.org

- PYEA - is a club for students who are interested in becoming teachers and/or working in education.
- PYEA activities include:
- Learning how to prepare for a future career.
- Creating fun, educational activities for students to engage in
- Shadowing
- Lectures from people with an educational background or who are involved with education departments at local universities.
- Learning about service and leadership

Rachel's Challenge: Danielle Giordano – giordanod@dvsd.org

Each day, 160,000 students do not go to school because they are bullied, teased, and harassed. By turning the story of a tragic death at Columbine High School into a mission for change, Rachel's Challenge is creating safer learning environments and making a world-wide impact.

At DV, the Friends of Rachel (F.O.R.) Club allows students to discuss ways of creating a positive learning environment in schools, share stories of personal triumphs and tribulations, play games for the purpose of building friendships and crafting a culture of kindness and compassion amongst a cohort of diverse peers.

Reading Team: Erica Muttee – mutteee@dvsd.org and Marielle Cohen – cohenm@dvsd,org

In the words of Joseph Brodsky: "There are worse crimes than burning books. One of them is not reading them." The Delaware Valley Reading Team gives members the opportunity of encountering new books. Each team of approximately ten students is faced with the task of reading 25 books, ranging from The Great Gatsby to The Scorpio Races, and competing against other schools in a competition sponsored by the Colonial IU. Several teams from Delaware Valley High School participate in the Colonial IU Reading Olympics in the spring.

Rifle Club: Eric Thiele – thielee@dvsd.org and Dylan Saturno – dsaturno@dvsd.org

This club is for anyone who has an interest in learning the basics of how to use a rifle. A major emphasis will be placed on gun safety. We will be using .22 caliber bolt action rifles.

The club will focus on:

- The parts of the rifle
- How to load/unload the rifle
- Cleaning the rifle/storage
- Proper sight alignment/sight picture
- Sight Adjustment
- Hand Placement
- Shooting Positions
- Body Posture
- Controlled Breathing
- Trigger Pull (interrupted/non-interrupted)
- Natural Point of Aim
- Proper Attire

SAAC: Student Athlete Advisory Committee: Krystine Thompson – thompson.krystine@dvsd.org

The Student Athlete Advisory Committee is an athlete centered organization at the high school that offers opportunities to grow in leadership, school involvement, and community collaboration. Student athletes involved in the club help promote student participation at athletic events, as well as create school-wide engagement through various activities. Members come up with ways to promote overall school spirit and involvement in addition to helping promote events run

by other school organizations. SAAC members aim to make the student-athlete an integral part in the high school community.

SASA: Mikaela Smith – smithm@dvsd.org

SASA envisions a world in which young people make positive decisions that advance their health and safety. SASA members help to distribute promotional items for Red Ribbon Week, the last week of October. They also hang up posters in the High School during that week to spread the positive message of living a drug abuse free life. SASA members also promote safety during prom by participating in a White Out Day. At other times during the year, different messages are spread either through the announcements or through posters hung in the halls to discourage the inappropriate usage of drugs and alcohol.

Scholastic Bowl: Robert Curtis – curtisr@dvsd.org

The DV Scholastic Bowl team offers students the opportunity to play in a quiz-bowl competition on both intramural and interscholastic levels. During the fall, Delaware Valley hosts an intramural tournament open to anyone interested in joining a team. Players only need to come for their afterschool matches on days that their team is scheduled to compete. The intramural league is a great way for new players to try out Scholastic Bowl.

Science Olympiad: Victoria LaTourette- latourettev@dvsd.org

This club is for students who have a passion for science. Students work on individual projects or work to become experts in various realms of science. In the spring, they then compete in their subject areas against other schools at the Regional Science Olympiad competition to try and earn medals for their hard work.

Sewing Club: Michele Rojas – rojasm@dvsd.org

The Sewing Club is open to students of all sewing abilities, including those with no experience. Come learn the essentials, then build up your skills in a fun environment with others! Students select projects or learn techniques based on personal interests. Activities may include learning to mend your own clothes, sew sock monsters, create gifts, upcycle garments into unique clothing, or even design an accessory to wear. Your skills can also be put to use by helping those in need, as the club partners with various community organizations for projects.

Ski/Snowboard Club: Jenelle France- francej@dvsd.org

The DVHS Ski and Snowboard Club will allow interested high school students to experience the thrill of learning to ski or snowboard, advance their existing skills, or simply enjoy an evening at the slopes with friends. The club will take five trips to nearby Mountain Creek in Vernon, New Jersey on Friday nights in January and February. Students will be transported by bus to the mountain immediately following the school day and will return to the DV parking lot by 10 pm.

Skills USA: Keith Fitzpatrick – fitzpatrickk@dvsd.org

SkillsUSA formally VICA is a club open to all Career and Technical Education students. We provide opportunities for students to compete in a variety of leadership activities and competitions. They also are encouraged to compete in skills related competitions where they have the opportunity to test their knowledge and trade related skills. We have student competitors from the following Career Tech Programs: Automotive, Building Trades, Culinary Arts, and Electrical Construction. The students compete on three levels: District, State, and National. The average number of members of the SkillsUSA club is 25-35 students. This year we have 31 students registered with 22 students competing at the state level.

Social Studies National Honor Society: Michael Guzenski – guzenskim@dvsd.org

This club is open to rising juniors and seniors who have demonstrated scholastic success, good character, leadership skills and have had community service experience. The purpose of this organization is to; develop and further a passion for social studies as well as; social studies related topics and fields through service in the community, a promotion of leadership, and a development of character within its members at Delaware Valley High School. The minimum GPA for social studies classes is an unweighted 3.25. The overall cumulative GPA is a minimum of a weighted 3.25. They should have also scored at least a 3 on 1 AP social studies exam. Rho Kappa will meet regularly to discuss the service activities that are designed to take place in the school or in the community.

Sources of Strength: Molly Blaut - mblaut@dvsd.org

Sources of Strength is a positivity-spreading club that prioritizes a safe and loving school community by reminding members and non-members alike of the eight strengths. Family support, positive friends, mentors, healthy activities, generosity, spirituality, physical health, and mental health. Each one plays a vital role in increasing self-confidence, and aids in spreading good vibes, happy times, and kind eyes. Additionally, this is an amazing club to have in your resume and repertoire when applying to colleges because it highlights the student's ability to nurture and care for others-- a key trait most universities look for when choosing who to accept. So, join us as we share the love, laughter, and alacrity throughout our community!

Student Council: Crystal Wummer- wummerc@dvsd.org

Student Council is an organization at the high school that provides students opportunities to develop citizenship, leadership, human relations and cultural values in their own school and the community. Student Council creates an atmosphere that promotes unity, enthusiasm, and pride as a student at Delaware Valley. Student Council works to promote student involvement in various activities and service projects. During the school year, members create student-based activities that promote a safe, fun, and organized environment such as Spirit Week and Homecoming. In addition, Student Council also finds ways to aid the local and global communities such as raising funds and assisting with projects in the school district community.

Activities include:

- Holiday Food Drive
- Homecoming King of Legs Collection
- Leukemia & Lymphoma Society

Students are required to regularly participate on different Student Council Committees to maintain active membership. Students interested in being a part of the Delaware Valley High School Student Council, should contact Mrs. Wummer.

Tri-M Music Honor Society: Kelly Craver – craverk@dvsd.org

The Tri-M Music Honor Society, a program of the National Association for Music Education, aims to foster future leaders in music education and advocacy while recognizing students who excel academically and musically. Eligible candidates are students in grades 10-12 who are currently enrolled in a school-sponsored music ensemble, maintain a minimum overall GPA of 3.0 and an average of 90% in ensemble courses. Members must also complete musically-focused community service, participate in chapter events and performances, and demonstrate good moral character and leadership. Candidates must have the approval of their ensemble director in order to be considered for membership.

TATU: Mikaela Smith – smithm@dvsd.org

The emphasis of the “Teens Against Tobacco Use” program is teens teaching younger children to make healthy choices about tobacco use. Our students also gain the knowledge and skills needed to make important changes in our community by being an advocate for tobacco control.

W/E: Warrior Empowerment Freshmen Mentoring Program: TBD

Peer mentoring is about caring youth mentoring other youth. Peer mentors are those who have shown an interest in and capacity for helping others. The purpose of a Mentor program is to develop a structured and trusting relationship that brings people together with caring individuals who offer guidance, support and encouragement aimed at developing the competence and character of the mentee. Peer mentors will be responsible for working with small groups of mentees to teach curriculum-based lessons and building a relationship with their small cohorts of mentees. The curriculum addresses the major issues of transition and adjustment to the high school as well as a variety of other topics.

Warrior Fit: TBD

Do you like to work out, challenge yourself, and meet new people? If so, Warrior Fit Club is the place for you!!

Warrior Fit Club welcomes all levels of athletic ability and uses varied functional movements performed at every individual's own intensity level. All workouts are based on functional movements, and these movements reflect the best aspects of calisthenics, weightlifting, running, rowing and more. These are the core movements for a healthy body and mind. By employing a constantly varied approach to training, functional movements, and intensity lead to dramatic gains in fitness while having fun and meeting new people! Appropriate workout clothing and a good, friendly outlook are all that you will need to bring with you. See you there!

Yearbook: Trish Kaylor- kaylort@dvsd.org and Michele Zirpoli – mzirpoli@dvsd.org

Yearbook is an excellent opportunity for students to work together to capture the memories and events of the school year and provide their peers with a lasting memento that will bring cherished memories to life for years to come. This club is comprised of a group of very dedicated students who work diligently all year to complete the Delaware Valley High School yearbook on time for distribution in June. Often, we meet on weekends and work during the summer so that the deadlines are met.